



**Wisconsin Wrestling Coaches Association**  
184 South Pleasant Street  
Whitewater, Wisconsin 53190

PRSR-FIRST CLASS  
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PAID  
Delavan, WI  
Permit No. 307



# Fall 2018 Wrestling Clinic

at the  
**Hyatt Regency  
Green Bay &  
KI Convention Center**  
Green Bay, Wisconsin  
**Nov. 2 & 3, 2018**

To register, visit the WWCA website at [www.wwca.org](http://www.wwca.org) (preferred method) or complete the accompanying mail-in registration card. Visit the WWCA website for any changes and additional information.

For More Information Contact:  
**Wendall Bean** (920) 723-8061  
Email: [wendallbeanww@gmail.com](mailto:wendallbeanww@gmail.com)

**Clinic Cost \$115.00** in advance  
**\$135.00 after October 26 deadline**  
**Includes:** WWCA Membership • Coaching Awards  
• *George Martin Hall of Fame* Banquet and WWCA Awards Ceremony to honor HOF Inductees, State Championship Coaches, District Coaches, Conference Champions, Developmental Programs, Service Award recipients and other notable coaching accomplishments.  
• Noon Luncheon • Clinic Notes • A voice at the Annual Meeting  
• Door Prizes and Displays throughout the Clinic  
• Access to Clinic Sessions • Access to State Tournament Hospitality Room

**HOTEL INFORMATION**  
**Hyatt Regency Green Bay & KI Convention Center** has given us the following favorable rates for accommodations:  
Standard Double Queen Suites ..... \$129  
King Studios ..... \$129  
King Suites ..... \$129  
*All rooms single to quadruple occupancy (1 to 4 adults)  
Each additional adult \$20 per night. Children under 18 stay free when accompanied by an adult. No more than 6 persons allowed per room.*  
All room rates are subject to state and local tax without proof of tax exemption status.  
Room reservations may be made online (*preferred method*) at <https://aws.passkey.com/go/gwwca> or by calling 1-800-233-1234.  
• Check-in time: 3:00 p.m. • Check-out 11:00 a.m.  
• Direct phone numbers for Hyatt Regency Green Bay: (800) 236-3330 or (920) 432-1234.

**Hotel Reservation MUST be made by October 12, 2018 to guarantee room & clinic rate.**  
**George Martin  
Hall of Fame Inductees**  
Max Askren - Hartland, WI  
Kevin Black - River Falls, WI  
Bob Empey - Stoughton HS  
Cole Konrad - Freedom, WI  
Bud Olson - New Lisbon HS  
John Schefchik - Luxemburg, WI

## 2018 WWCA CLINIC/MEMBERSHIP/BANQUET TICKETS ORDER FORM

Please complete all information that applies & check appropriate fees!

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Home Mailing Address \_\_\_\_\_ Phone (H/C) \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ Phone (W) \_\_\_\_\_  
School Name \_\_\_\_\_ WIAA Dist. \_\_\_\_\_ Years Coached (including this year) \_\_\_\_\_  
E-mail Address \_\_\_\_\_ Current Position: Varsity \_\_\_\_\_ JV \_\_\_\_\_ Fr. \_\_\_\_\_ Club \_\_\_\_\_ Other \_\_\_\_\_

Clinic Registration (Membership, Banquet & Luncheon Included)	_____	\$115.00 ea.
Saturday ONLY Clinic Registration (Membership & Luncheon included)	_____	\$85.00 ea.
WWCA Membership ONLY	_____	\$25.00 ea.
Late Clinic Registration (After Oct. 27 deadline)	_____	\$20.00 ea.
Banquet Tickets	_____	x \$38.00 ea.
Luncheon Tickets	_____	x \$23.00 ea.
<b>TOTAL</b>	_____	<b>\$</b> _____

**NO PURCHASE ORDERS.**  
Wendall Bean  
193 South Pleasant St.  
Whitewater, WI 53190  
Make checks payable to **WWCA** and enclose with this form.

PLEASE USE SEPARATE FORM FOR EACH PERSON REGISTERING. COPY FORM AS NEEDED. See back of form for on-line credit card registrations.

# WWCA REGISTRATION/ORDER INFORMATION

**There are three ways to register for WWCA Membership, 2018 Fall Clinic or the purchase of George Martin Hall of Fame Banquet tickets.**

1. For credit card and ACH purchases, register online via WWCA website at [www.wwca.org](http://www.wwca.org) and follow the link for instructions.
2. For online registrations making payment by check, register online at [www.wwca.org](http://www.wwca.org) and follow the link for instructions (WWCA preferred method of registering for this event).
3. Mail-in registration form/card (on reverse side) with check or money order to: WWCA, 193 South Pleasant Street, Whitewater, WI 53190 (alternative to using website). **Please make sure to fill out Registration Card completely.**

**WWW.WWCA.ORG**

(A small transaction fee will be added to on-line transactions for credit card and ACH purchasers.)

## CANCELLATIONS:

Full refunds of Clinic Fees will be made on cancellations received by Wendall Bean no less than seven (7) days prior to event. Following that date, a 25% Administration Fee will be retained. There will be NO REFUNDS for no-shows or cancellations during the event. All membership fees will be retained by WWCA.

## Clinicians & Presenters

### Chris Bono, Head Coach

University of Wisconsin  
Former Head Coach, SD State & Chattanooga, TN  
43 NCAA Qualifiers  
3x All-American, Iowa State  
2x World Champion & 3x USA Team Member

### Dan Lefebvre, Head Coach

St. Michael-Albertville HS, MN  
8x AA/AA State Champions  
18x State AA/AAA Team Finalist  
28x Top Six State Place Finishes

### David Thorn, Director & Coach

Thorn Wrestling Academy &  
St. Michael-Albertville HS, MN  
4x State Champion  
2x All-American, Univ. of Minnesota

### Jamie Heidt, Head Coach

Kasson-Mantorville HS, MN  
4x AA State Team Champions  
10x AA Top Four Place Finish  
All-American, Univ. of Iowa

### Mike Krause, Director & Coach

NXT LVL Wrestling, Howell, MI  
Flo Wrestling Youth Coach of the Year  
National Youth Coach  
2x Youth and 4x HS State Team Champions

### Bryan Medlin, University of Illinois

Former Head Coach, Washington HS, IL  
2x Team Champions & IL Coach of the Year  
2x National Greco Coach of the Year  
10x Dual Championships

### Ben Askren, Coach & Director

Askren Wrestling Academy  
Olympian!  
2x NCAA Champion  
National and World Medalist  
Head Coach Badger Regional Training Center

**WWCA Social 6:15 p.m.**  
**Music by the Sages!**  
**George Martin HOF Banquet 7:15 p.m.**

## Clinic Program (Subject to Change)

### Friday, November 2, 2018

7:00 a.m. – 12:00 Noon	Vendor Setup
8:30 a.m. – 6:00 p.m.	Clinic Registration
11:00 a.m. – 12:00 Noon	Early Bird Clinic Session
12:30 p.m. – 1:20 p.m.	Clinic Sessions
1:30 p.m. – 2:20 p.m.	Clinic Sessions
2:20 p.m. – 2:40 p.m.	Break – Vendor Visitation
2:40 p.m. – 3:30 p.m.	Clinic Sessions
3:40 p.m. – 4:30 p.m.	Clinic Sessions
4:40 p.m. – 5:50 p.m.	Clinic Sessions / Breakout Sessions
6:15 p.m. – 7:15 p.m.	WWCA Social
7:15 p.m.	George Martin Hall of Fame Banquet and WWCA Awards Ceremony

### Saturday, November 3, 2018

6:00 a.m. – 8:00 a.m.	Breakfast
7:00 a.m. – 9:00 a.m.	Registration
8:00 a.m. – 9:00 a.m.	Clinic Sessions / Breakout Sessions
9:10 a.m. – 10:00 a.m.	Clinic Sessions / Breakout Sessions
10:00 a.m. – 2:30 p.m.	WIAA Official's Clinic
10:10 a.m. – 11:00 a.m.	Clinic Sessions / Breakout Sessions
11:10 a.m. – 12:00 p.m.	Clinic Sessions / Breakout Sessions
12:15 p.m. – 1:30 p.m.	WWCA Annual Meeting & Luncheon
1:30 p.m. – 3:30 p.m.	Special Youth Clinic

\*Coaches Clinic concludes at approximately 1:30 p.m. and Officials Clinic at approximately 2:00 p.m.

### Round Table/Mat Discussions

**“Rounding out the Alphabet of Skills & Drills”**  
Scott Arneson, Merrill & HOF Member

### “All About Wrestling”

Ben Askren, Director & Coach, AWA

### “WIAA State Team Championship Coaches”

D1 - Bob Empey & Dan Spilde, Stoughton  
D2 - Chas Trembl, Luxemburg-Casco  
D3 - Joe Schwabe, Stratford

### “State Individual Championship Coaches”

D1 - Bob Empey & Dan Spilde, Stoughton  
D2 - Jeremy Miller, Arrowhead  
D3 - Joe Schwabe, Stratford

### Early Bird Session

11:00am to 12:00 Noon

“Weight Training Specifics for Wrestling”  
Jacob Frias, Sports Core Boost Academy, Kohler, WI

### NWCA Leadership Conference

Bud Hennebaul, CEA Leadership Academy  
Special registration required  
Details to follow in separate notification

### Youth Clinic

November 3, 1:30-3:30 p.m.

Mike Krause, Howell, MI  
Details to follow in separate notification

## WIAA Wrestling Official's Clinic

Saturday, November 3, 2018

(Check-in: 8:30 a.m.-9:00 a.m.)

**9:00 a.m. to 1:00 p.m. followed by Q&A Session**

Contact (pre-register if possible):

**Mike Arendt** 920-676-1144 or [marendt@yahoo.com](mailto:marendt@yahoo.com)

**Pat DeBruin** 920-973-3417 or [pdebruin77@gmail.com](mailto:pdebruin77@gmail.com)

Sponsored by the WWCA at no cost to participants. WWCA clinic registration is not required for attendance at the officials clinic and participants do not need to be a current WIAA official.

### Breakout Sessions

#### “Trackwrestling Updates”

Shane Benitz, Director of Operation

#### “More Hot Topics in the Sport of Wrestling”

Tom McGarvie, Watertown & Dave McCarthy, Neenah

#### “Clarifying the Rules of Wrestling - Q & A Session”

WIAA officials Mike Arendt & Mike Blasczyk

#### “National Wrestling Hall of Fame Presentation”

Don Hale, HOF Member, Watertown

#### “Mindset Coaching: Winning in Wrestling and Life”

Josh Hintz, Wrestling Mindset

#### “Reflexive Performance Reset”

Jason Lulloff, Holmen, HS

#### “Improving Wisconsin Wrestling Division by Division”

Panel lead by Justin Lancaster, Freedom HS