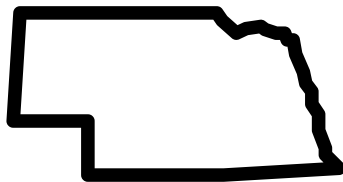


**T E A M**

**GP**



**G R E A T P L A I N S R E G I O N**

**2 0 2 5**

**H A N D B O O K**

# What is the All Stars Program?

At the National level, the All-Star program is the “pipeline” of USA Volleyball for athletes who aspire to reach the elite level of the sport. It is intended to grow the pool of talented young players who want to compete for a spot on the USA National and Olympic teams. Each Region selects the elite players in their area via regional tryouts to represent their Region and compete against top talent in the International tournament: USA All-Star Championships.

The All Star Championships were formerly known as the USAV High Performance Championships. When USA Volleyball founded the NTDP (National Team Development Program) in 2021, it took High Performance’s place and the Championships were discontinued. The 40 Regions of USA Volleyball decided to run their own Championships that brought each Region’s top talent together: the All Star Championships.

Now, each year a USAV Region serves as the “host” Region and manages the event for that year. This year, the All Star Championships will be held in Madison, Wisconsin, home of Badger Region Volleyball.

What makes this tournament unique from other youth volleyball tournaments is that it operates under FIVB, or International, rules.

## Difference in Rules

The All Star Championships abide by a mixture of USAV and FIVB rules, making for a unique structure. Here are some notable differences to be aware of:

- There will be NO officiating duties for teams at the All Star Championships.
- All games will be best of 5 sets.
- Liberos CANNOT serve.
- All divisions will play at the standard women’s height net (7’4”) and play with a Molten Flistatec ball (International ball).
- U15-U19 Divisions are only permitted 6 substitutions per set.
- U13 Divisions are permitted 12 substitutions per set.

# Team GP Agreement

Our overall philosophy on playing time is we want all our athletes to play! This tournament is a fantastic experience for athletes to learn a new style of play and our goal with the All Star Program is to not only compete highly against other USAV Regions, but grow the game in our own Region by developing players and coaches. Due to the limited substitution rule at this tournament, we choose to keep our rosters small.

The main concept we need every family to understand is that not everyone will play 6 rotations or receive equal playing time! It is a very common role in volleyball to play 3 rotations.

There are many factors that weigh into playing time decisions for our coaches:

- U15-U19 teams are only allowed 6 substitutions per set (U13 is 12).
- Players are limited to only subbing in/out in one playing position. You cannot sub at any time for any one like in some other sports – coaches have USAV subbing rules they must follow.
- Equal playing time for all athletes on the team is not always the best thing for all athletes on the team. Sometimes keeping a couple stronger players on the floor helps raise the level for the whole team.

If athletes are unhappy with their role on their team, we encourage them to speak with their coaches about it. Our coaches are here to help all our athletes. The Team GP All Star Program will not entertain any complaints from parents about playing time.

# USAV Code of Conduct

## **Purpose:**

USA Volleyball ("USAV") and its Regional Volleyball Associations ("Regions") encourage participation and the pursuit of excellence in all facets of volleyball. USAV and the Regions grant the privilege of membership to individuals committed to this same pursuit. The privilege of membership may, therefore, be withdrawn or denied by USAV and/or the Regions at any time where USAV and/or the Regions determine that an individual of the USAV Organization or prospective individual conduct is contrary to the best interests of the sport and those who participate in it.

In order to assist all within the USAV Organization in serving the best interests of volleyball, and to create an environment that is supportive, inclusive, positive and appropriate, USAV and its Regions have adopted this Code of Conduct. As a condition of membership, each prospective individual of the USAV Organization is required to acknowledge and adhere to this Code of Conduct.

## **The following shall be considered violations of the USAV Code of Conduct:**

1. Violation of any anti-doping policies, protocols or procedures as defined by the International Olympic Committee (IOC; [www.olympic.org](http://www.olympic.org)), World Anti-Doping Agency (WADA; [www.wada-ama.org](http://www.wada-ama.org)), Federation Internationale de Volleyball (FIVB; [www.fivb.org](http://www.fivb.org)), US Anti-Doping Agency (USADA; [www.usada.org](http://www.usada.org)) or the United States Olympic and Paralympic Committee (USOPC; [www.teamusa.org](http://www.teamusa.org)). Violations of this provision will be adjudicated only by USADA or the proper anti-doping authority, not USAV.
2. Violation of SafeSport rules, policies and procedures promulgated by the U.S. Center for SafeSport ([www.safesport.org](http://www.safesport.org)), including the SafeSport Code and/or Minor Athlete Abuse Prevention Policies ("MAAPP"), as they may be amended from time to time.
3. Failing to comply with the USOPC Sports Betting Policy, the Olympic Movement Code on the Prevention of the Manipulation of Competitions and/or the IPC Code of Ethics, as applicable, and failing to commit to promote sport free from manipulation, corrupt conduct, or using or disclosing inside information for any purpose.

4. Failing to comply with laws of the state and/or country in which I am training, traveling, or competing, including, but not limited to, laws governing the possession and use of drugs and alcohol, and providing of drugs to any person and of alcohol to minors.
5. Discrimination in violation of the Amateur Sports Act which requires that USAV must provide an equal opportunity to athletes, coaches, trainers, managers, administrators, and officials to participate in the sport of volleyball. Members must be allowed to participate and compete to the fullest extent allowed by USAV and Region rules. Discrimination against any member on the basis of age, gender, race, ethnicity, culture, religion, sexual orientation, gender expression, gender identity, genetics, mental or physical disability, or any other status protected by federal, state or local law, where applicable, is prohibited.
6. Possession, consumption, sale or distribution of alcohol, tobacco, vaping devices or ecigarettes, marijuana, illegal drugs, or controlled substances, if such possession, consumption, or distribution is illegal or in violation of USAV or Region policy.
7. USAV policy prohibits the possession, consumption, sale or distribution of alcohol, tobacco, vaping devices, or e-cigarettes by anyone registered as a junior volleyball player at the event venue of any USAV/Region sanctioned junior event.
8. Use of a recognized identification card by anyone other than the individual described on the card.
9. Physical damage to a facility or theft of items from a room, dormitory, residence, or other person. (Restitution will be part of any penalty imposed.)
10. Possession of fireworks, ammunition, firearms, or other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons at USAV/RVA sanctioned events.
11. Any action considered to be an offense under Federal, State, or local law ordinances.
12. Violation of the specific policies, regulations, and/or procedures of the USAV, Region, United States Olympic and Paralympic Committee ("USOPC") or

the facility used in conjunction with a sanctioned event. It is the responsibility of the individual to be familiar with applicable specific policies, regulations, and procedures.

13. Violation of the Olympic Movement Code on the Prevention of the Manipulation of Competitions and/or the International Paralympic Committee ("IPC") Code of Ethics.

14. Conduct which is inappropriate as determined by comparison to normally accepted behavior.

15. Taking any action that assists an individual or former individual of the USAV Organization with obtaining a new job (except for the routine transmission of administrative and personnel files) if it is known that the individual or former individual of the USAV Organization violated the policies or procedures of the U.S. Center for SafeSport ("Center") or if the individual or former individual of the USAV Organization was convicted of a crime involving sexual misconduct with a minor in violation of applicable law or the policies or procedures of the Center.

16. Physical or verbal intimidation of any individual.

17. Any act of fraud, deception, or dishonesty in connection with any USAV related activity.

18. Actions that will be detrimental to USAV or the Region.

19. Any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any personnel associated with a USAV or Region sanctioned event including but not limited to event staff, match officials, arbitrators, ticketing personnel, etc.

20. To act in such a manner, either through behavior or policies, as to threaten an athlete's amateur status or Region, USAV, school and/or collegiate eligibility.

21. Failure to abide by applicable USAV and/or region transfer policies.

22. Failure to abide by USAV Championship Manual policies.