

2024 EVENT SCHEDULE

Event Schedule is tentative and subject to change. Last updated February 11, 2024.



FRIDAY, MAY 17, 2024

START	END	EVENT	LOCATION
2 PM	7 PM	Athlete Check-In <i>(There is NO Athlete Check-In on Race Day)</i>	Ross's Landing
2 PM	7 PM	IRONMAN Village <ul style="list-style-type: none"> Information Tent VIP Spectator Credential Pick-Up PLAYTRI Triathlon Store & Tech Service Center 	Ross's Landing
2 PM	7 PM	Official IRONMAN Store	Ross's Landing
3 PM		Athlete Briefing	Ross's Landing
5 PM		Athlete Briefing	Ross's Landing

SATURDAY, MAY 18, 2024

START	END	EVENT	LOCATION
9 AM	4 PM	Athlete Check-In <i>(There is NO Athlete Check-In on Race Day)</i>	Ross's Landing
9 AM	4 PM	IRONMAN Village <ul style="list-style-type: none"> Information Tent VIP Spectator Credential Pick-Up PLAYTRI Triathlon Store & Tech Service Center 	Ross's Landing
9 AM	4 PM	Official IRONMAN Store	Ross's Landing
9:30 AM	4:30 PM	Mandatory Bike Check-In & Timing Chip Pick-Up	Ross's Landing
11 AM		Athlete Briefing	Ross's Landing
1 PM		Athlete Briefing	Ross's Landing
3 PM		Athlete Briefing	Ross's Landing

SUNDAY, MAY 19, 2024 - RACE DAY!

START	END	EVENT	LOCATION
4:30 AM	6:15 AM	Transition Area Open	Ross's Landing
4:30 AM	6:45 AM	Athlete Shuttle Bus from Transition to Swim Start	Ross's Landing to Swim Start
5 AM	4 PM	Information Tent	Ross's Landing
6:50 AM		Pro Race Start	1.4 Miles Upriver from Ross's Landing
7 AM		Age Group Race Start	1.4 Miles Upriver from Ross's Landing
8 AM	4 PM	IRONMAN Village	Ross's Landing
8 AM	4 PM	Official IRONMAN Store & Medal Engraving	Ross's Landing
11 AM	5:30 PM	Athlete Food Tent	Ross's Landing
2 PM	5:30 PM	Mandatory Bike & Gear Check-Out	Ross's Landing
4 PM		Awards Ceremony & 2024 VinFast IRONMAN 70.3 World Championship Slot Allocation/Rolldown Ceremony <i>Slot Allocation/Rolldown begins immediately after Awards - Be Early!</i>	Awards Tent in IRONMAN Village