

## **2023 FALL HEADSTART**

## BASEBALL & SOFTBALL CLINICS

Ages 7 - 12



PROGRAM CONTENT...2-Hour Clinic Covering:

• Hitting Mechanics • Catching / Receiving

• Infield & Outfield Play • Base Running and Sliding

SESSION 1	September 9, 16, 23, 30, October 7	9:00am-11:00am
SESSION 2	October 14, 21, 28, November 4, 11	9:00am-11:00am
SESSION 3	November 18, 25, December 2, 9, 16	3:00pm-5:00pm

Program Director - Mike Lamitola



Program Day: Saturday
Cost: \$325.00