

First Name	Last Name	MSWHL History	Total MSWHL Years	Total hockey years	Hockey Leadership experience	Leadership Exp non-hockey	Statement of Interest
Leeann	Antonchik	D4- Flames and Griffins	10	15	N/a	I am Co-president for my Employee Comitte for work, and also have experience in a leadership role with work.	<p>I am interested in serving on the MSWHL Board of Directors because I care deeply about the continued growth, integrity, and positive culture of our league. Being part of this community has shown me how important strong leadership, clear communication, and fair decision-making are to creating a competitive and supportive environment for all players.</p> <p>I would bring a collaborative mindset, a willingness to listen, and a commitment to representing the voices of league members. I value transparency, accountability, and consistency, and I am motivated to help ensure that league policies and decisions reflect the best interests of the entire organization.</p> <p>Serving on the board would give me the opportunity to contribute in a meaningful way, whether that's helping to improve operations, supporting player experience, or fostering a respectful and inclusive atmosphere. I am dedicated, dependable, and ready to invest the time and effort needed to help the league continue to thrive over the 2026-2027 and 2027-2028 seasons.</p>
Tammy	Callahan	Polar Bears, last 3 seasons (except 2024-2025, did not play that season).	33	33	I have served many years on the board throughout my years within the league. I have held different positions along the way, from President to Treasurer. I have been Captain as well as Asst. Captain. on past teams.	Work place manager, currently franchise Operations Manager at my work place.	<p>-Being on this board is a responsibility. It has a responsibility to the players first and foremost. It is nessasary that a board has fair, unbiased members that take facts into account for decision making and deterrmintations, whether we are deciding the divisions for the upcoming year, placement of players into the proper divisions or making difficult decisions throughout the season.</p> <p>-It is important that the guidelines be followed by the board, the guidelines that the board has put into place through the years, as well as updating & revising the guidelines as needed with growth of the league.</p> <p>-It is my belief that the league has a better advantage when there is a mix of experience, age and league involvement. New or veteran, it is important to have depth on any board.</p> <p>-I have previously served on the MSWHL board approx. 8 to 10 years on and off while playing in this league and would like to be involved again. During those years I believe I brought fair and open minded decision making to the board.</p> <p>-It's also very important that players and coaches have a fair, fun and competitive league.</p>
Melissa	Hedgcock	Polar Bears, D3 2025-2026, 2024-2025, and 2023-2024; Lady Wings D5 2009-2012	28	30	I have been an alternate Captain during my years on the Lady Wings 2009-2012.	<p>Administrative & Department Leadership: * Bradford Academy English Department Head 2009-2013 * Bradford Academy Faculty Mentor Chair 2010-2013 * Academy of Oak Park-Mendota Arts Department Head 2006-2008 * Academy of Oak Park-Mendota Team Leader (School Improvement Plan & Curriculum Committee) 2006-2008 * Pershing High School Team Leader (School Improvement Plan & Instructional Committee) 2013-2014</p> <p>Program & Club Leadership: * Waterford Mott High School Class Sponsor (Class of 2019 and Class of 2028) 2019-2025 * Waterford Mott High School GSA Club Sponsor 2019-2023 * Waterford Mott High School Game Club Sponsor 2023-2024 * Waterford Mott High School Homework Helpers Program Creator/Lead 2016-2019 * Bradford Academy Yearbook and Talent Show Advisor 2008-2013 * Academy of Oak Park-Mendota Yearbook and Newspaper Advisor 2007-2008</p> <p>Athletic Coaching: * Academy of Oak Park-Mendota JV School Basketball Coach 2006 * Cherry Hill School of Performing Arts Varsity Girls Basketball Coach 2000-2001</p> <p>Professional Development & Curriculum Leadership: * Waterford Mott High School Professional Development Facilitator (Lit Circles & Book Clubs) 2018 * Waterford Mott High School Poetry Out Loud National Recitation Program Organizer 2015-2018</p>	<p>Based on my extensive background in educational leadership and my commitment to the Michigan Senior Women's Hockey League, I am eager to serve on the MSWHL Board of Directors. My professional career has been defined by a dedication to advocacy, clear communication, and the structural improvement of the organizations I serve. I would like to bring the following strengths to the MSWHL Board:</p> <p>*Proven Leadership and Governance* With over 15 years of experience in administrative and department leadership, including serving as a Department Head and Faculty Mentor Chair, I am well-versed in overseeing complex organizational goals. I have led numerous committees, such as School Improvement and Curriculum teams, where I specialized in creating fair, actionable plans that serve a diverse group of stakeholders.</p> <p>*Commitment to Fair Advocacy* As a Special Education teacher and caseworker, my daily work involves navigating sensitive regulations and advocating for the best interests of individuals within a larger system. I understand the importance of transparency, due process, and maintaining the integrity of league rules while ensuring every player feels heard and respected.</p> <p>*Community and Program Building* From founding after-school programs to sponsoring student organizations for over a decade, I have a passion for fostering inclusive environments. I believe a sports league thrives when there is a strong sense of community and clear, consistent leadership. My goal is to use my experience in coordination and team collaboration to ensure the MSWHL remains a premier destination for competitive and recreational women's hockey.</p> <p>I am committed to the long-term success of this league and would be honored to represent our players on the Board of Directors.</p>

Jessica	Paladino	Downriver Wings: D3A (2025-2026), D2 (2024-2025)	2	25	I am the current president of Trenton hockey association and have been so for 2 years, prior to that I was registrar with THA for 1 year; I coached since 2018	I am the current vice president of the Monroe county bar association, and have held that title for 3 years; I am the former managing attorney with Monroe county and am the current Wayne county regional manager with MIDC	I would like to be Director to assist in growing the league and assisting in helping to manage the league. I know how to lead while making decisions for the entire league and without letting self serving principals take over.
Elizabeth	Westerman	Iron Maidens D4	28	28	I currently serve on the board of the MSWHL as a Division 2 Director for the 2024-2025/2025-2026 seasons. I also serve as a manager in the MACRHL league and have served in that position for approx. 8-10 years.	Leadership roles outside of hockey include organizing and teaching women of all ages how to become self reliant with regard to home repairs. Organizing classes, teaching skills needed to maintain the function of a home and its systems so that a lack of knowledge doesn't become detrimental. From 2018-2023 (you asked) I also organize and volunteer for several animal welfare groups. MARL in Pontiac GPAAS in Grosse Pointe Woods. 2023-2026 I enjoy working with people to help them achieve thier goals no matter how large or small.	I would like to continue to serve on the board of the MSWHL. I care deeply about our hockey community. I would like to help bring more recognition to our league, to help grow our community by encourageing women of all ages to join no matter what skill set they possess. I enjoy being part of the decision making process--helping guide policies and a long term direction. I care about creating an environment that is inclusive, respectful and empowering--for players, coaches and others that are involved in the MSWHL. I'm motivated by the chance to create an environment where athletes feel supported and represented. I enjoy working with teams, managers and skaters no matter how taxing or time consuming it becomes to try to work on constructive outcome for all parties involved. I am willing go above and beyond what is expected of me. We are here to work together to make the league stronger and to support one another. I'd like to help continue to move in a direction that is safe, inclusive and enjoyable for everyone involved in the MSWHL.