

IRONMAN 70.3 SA 2019 WOMEN FOR TRI SLOTS 2019

First Name	Last Name	Category/Division
Georgia	Grobler	F18 - 24
Robin	Bolten	F18 - 24
Catherine	Meier	F25 - 29
Rebecca	VAN HUYSTEEN	F25 - 29
Alexandra	Reid	F25 - 29
Laura	Troskie	F25 - 29
Emma	Kennedy	F30 - 34
Michel	Botha	F30 - 34
Angela	Knoetze	F30 - 34
Elzabe	Van den Heever	F35 - 39
Pia	Dewar	F35 - 39
Gerrida	Uys	F35 - 39
Izaane	Demetriou	F35 - 39
Lauren	Smith	F35 - 39
Tracy	Nyamuda	F40 - 44
Amanda	Pieterse	F40 - 44
Shannon	Nel	F40 - 44
Sara	Fusetti	F45 - 49
Pauline	Tunstead	F45 - 49
Genee	Mee	F45 - 49
Ester	Brink	F50 - 54
Agnes	Nieburg	F50 - 54
Salome	Loots	F55 - 59
Tina	Van Wyk	F55 - 59
Anella	Conradie	F45 - 49