

# TEAM RECORDS - GIRLS

\* Before 1993, girls raced 3200 meters

\* 1993-2013, girls raced a 4k

\* 2014-Current, girls race a 5K

**4K Top Team Time:** 1:26:04 (6:53) 2009 Kenosha County Invite  
at UW-Parkside

Katie Dubiak (11)	15:24
Mary Erdal (12)	16:55
Dawn Grashen (12)	17:33
Chris Sosinski (12)	17:59
Rebekah Hahlbeck (12)	18:13

**5K Top Team Time:** 1:49:17 (7:00) 2017 Kenosha County Meet at  
UW-Parkside

Kyrie Patterson (09)	20:30
Lydia Zarling (09)	21:45
Chelby Koker (11)	21:57
Miriam Zarling (12)	22:24
Ashlynne Edwards (12)	22:41

# TEAM RECORDS - BOYS

**5K Top Team Time:** 1:32:12 (5:54) 2017 Metro Classic Conference at  
UW-Parkside

Richard Schaefer (10)	17:33
Caleb Lash (11)	18:09
Andrew Koestler (11)	18:29
Isaac Schulz (12)	18:31
Johnny Innamorato (10)	19:29

# Team Results at Sect/Conf/County

Prior to 2000 we competed in the WISAA and there was no Sectional race

\* Team Qualified for State

\*\* Due to COVID County and Sectionals had limited amount of teams

	<u>Sectionals</u>		<u>Conference</u>		<u>Kenosha County</u>	
	Boys	Girls	Boys	Girls	Boys	Girls
<b>2022:</b>	<b>8-14</b>	<b>3-10</b>	<b>2-5</b>	<b>1-4 MC</b>	<b>5-8</b>	<b>2-6</b>
2021:	8-9 (D2)	6-9	4-5	2-6 MC	8-8	5-6
2020:	DNR** (D2)	4-4** (D2)	5-7	2-6 MC	3-3**	2-4**
2019:	9-14 (D2)	7-12 (D2)	3-7	3-6 MC	8-8	6-8
2018:	7-13 (D2)	5-11 (D2)	2-8	2-8 MC	7-8	3-8
2017:	7-17	5-12	3-8	2-8 MC	5-8	3-8
2016:	10-15	8-14	5-7	6-6 MC	8-8	8-8
2015:	11-15	6-12	7-7	3-7 MC	8-8	7-8
2014:	8-16	4-10	7-7	4-6 MC	8-8	6-8
2013:	13-14	7-11	7-7	3-4 MC	8-8	8-8
2012:	13-14	9-11	7-7	5-5 MC	8-8	8-8
2011:	11-13	10-10	7-11	8-8 MCC	6-6	6-6
2010:	10-12	7-10	INC	6-9 MCC	6-6	6-6
2009:	7-12	3-7	9-15	3-9 MCC	5-6	5-6
2008:	9-14	5-10	8-15	3-9 MCC	5-6	6-6
2007:	10-13	<b>2-9*</b>	5-11	2-8 MCC	5-6	5-6
2006:	4-12	6-9	3-9	3-6 MCC	5-6	5-5
2005:	5-12	10-10	4-10	7-7 MCC	4-5	5-5
2004:	5-15	INC	3-5	3-4 MCC	6-6	5-5
2003:	6-17	11-11	2-7	3-4 MCC	6-6	5-5
2002:	10-12	10-10	4-8	2-4 MCC	6-6	5-5
2001:	11-16	13-14	6-8	4-4 MCC	5-6	5-5
2000:	7-12	8-10	4-7	3-4 MCC	5-6	5-6
1999:	WISAA		INC	INC	INC	INC
1998:	WISAA		INC	INC	INC	5-5
1997:	WISAA		INC	4-5	6-6	5-5
1996:	WISAA		10-11	5-6	5-6	5-5
1995:	WISAA		INC	3-5	INC	5-5
1994:	WISAA		INC	<b>1-6</b>	INC	4-6
1993:	WISAA		INC	2-6	INC	5-6
1992:	WISAA		INC	INC	INC	INC
1991:	WISAA		INC	2-3	INC	4-6
1990:	WISAA		INC	2-5	INC	2-6
1989:	WISAA		INC	INC	INC	INC
1988:	WISAA		7-9	INC	5-6	INC

## INDIVIDUAL RECORDS - GIRLS

### **3200 (1988-1992) School Record:**

Liz Sesser (Sr)	12:51	1992	Kenosha County Invite at UW-Parkside
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### **4K (1993-2013) School Record:**

Katie Dubiak (Jr)	15:23	2009	Kenosha County Invite at UW-Parkside
Hope Christie (So)	15:44	2004	BCC Invite at St. Francis Retreat Center, Burlington
Lisa Nowak (Fr)	15:51	1993	MCC Conference Meet

### **5K (2014-Current) School Record:**

Kyrie Patterson (Fr)	20:30	2017	Kenosha County Invite at UW-Parkside (JR)
Abby Lash (Sr)	21:10	2014	Westosha Central Falcon Invite at Fox River Park

### **3200/4K/5K Freshman Record:**

Liz Sesser	12:58	1988	Kenosha County Invite at UW-Parkside
Lisa Nowak	15:51	1993	MCC Conference Meet UW-Parkside
Kyrie Patterson	20:30	2017	Kenosha County Invite at UW-Parkside (JR)

### **3200/4K/5K Sophomore Record:**

Tina Gross	14:01	1989	WISAA State Meet at UW-Parkside
Hope Christie	15:44	2004	BCC Invite at St. Francis Retreat Center, Burlington
Camren Cheney	20:52	2018	Kenosha County Invite at UW-Parkside (JR)

### **3200/4K/5K Junior Record:**

Liz Sesser	12:58	1991	Kenosha County Invite at Fox River Park
Katie Dubiak	15:23	2009	Kenosha County Invite at UW-Parkside
Aliana Herrera	21:16	2021	WIAA Sect at UW Parkside

### **3200/4K/5K Senior Record:**

Liz Sesser	12:51	1992	Kenosha County Invite at UW-Parkside
Katie Dubiak	15:26	2010	BCC Invite at St. Francis Retreat Center, Burlington
Abby Lash	21:10	2014	Westosha Central Falcon Invite at Fox River Park

**4K UW-Parkside Record:**

Katie Dubiak	15:23.6	2009	Kenosha County Invite
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**5K UW-Parkside Top Times:**

Kyrie Patterson	20:30	2017	Kenosha County Invite (JR)
Camren Cheney	20:52	2018	Kenosha County Invite (JR)
<b>Tempi Zondag</b>	<b>21:11</b>	<b>2022</b>	<b>MC Conference Meet (JR)</b>
Alianna Herrera	21:16	2021	WIAA Sect. (JR)
Lydia Zarling	21:20	2018	Kenosha County Invite (JR)
Abby Lash	21:29	2014	Kenosha County Invite

**Top performances at State Meet (since joining WIAA in 2000):**

Katie Dubiak (jr)	2009	15:47	9 <sup>th</sup> (individual qualifier)
Elsa Ihlen (so)	2004	16:22	20 <sup>th</sup> (individual qualifier)
Katie Dubiak (sr)	2010	16:02	21 <sup>st</sup> (individual qualifier)
Kyrie Patterson (fr)	2017	21:01*	37 <sup>th</sup> (individual qualifier)
Katie Dubiak (so)	2008	16:29	39 <sup>th</sup> (individual qualifier)
Hope Christie (fr)	2003	16:38	48 <sup>th</sup> (individual qualifier)
Mary Erdal (so)	2007	17:05	76 <sup>th</sup> (team qualifier)
Abby Lash (sr)	2014	21:49*	79 <sup>th</sup> (individual qualifier)
Alianna Herrera (jr)	2021	21:48*	93 <sup>rd</sup> D2(70 <sup>th</sup> ) (indiv. qualifier)

\* In 2014, girls race was changed to 5K

# INDIVIDUAL RECORDS – BOYS

## **School Record:**

Mike Prue	16:49	2010	BCC Invite at St. Francis Retreat Center, Burlington
David Erdal	17:02	2004	BCC Invite at St. Francis Retreat Center, Burlington
David Moldenhauer	17:43	2003	MCC Conf. Meet at St. Francis Retreat Center, Burlington
Nate Strutz	17:53	1988	WISAA State Meet at UW-Parkside

## **Freshman Record:**

David Moldenhauer	17:43	2003	MCC Conf. Meet at St. Francis Retreat Center, Burlington
Richard Schaefer	18:35	2016	Falcon Invite at Fox River Park
Richard Schaefer	18:49	2016	MCC Conf. at UW-P

## **Sophomore Record:**

Roger Schulz	17:11	2004	BCC Invite at St. Francis Retreat Center, Burlington
Richard Schaefer	17:24	2017	Kenosha County UW-P
Roger Schulz	17:43	2004	State Meet WI Rapids

## **Junior Record:**

Mike Prue	16:49	2010	BCC Invite at St. Francis Retreat Center, Burlington
Roger Schulz	17:09	2005	Sectional Meet at Arrowhead High School
Richard Schaefer	17:11	2018	Kenosha County UW-P

## **Senior Record:**

David Erdal	17:02	2004	BCC Invite at St. Francis Retreat Center, Burlington
Richard Schaefer	17:19	2019	WIAA D2 State Meet
Mike Prue	17:26	2011	Kenosha County at UW-P

**UW-Parkside Top Times:**

Richard Schaefer	17:11	2018	Kenosha County Invite(JR)
Richard Schaefer	17:24	2017	Kenosha County Invite (JR)
Mike Prue	17:26	2011	Kenosha County Invite
Richard Schaefer	17:26	2019	Metro Classic Conf. (JR)
Isaac Hill	17:35	2009	Kenosha County Invite

**Top performances at state (since joining WIAA in 2000):**

Richard Schaefer (sr)	2019	17:19	54th D2 <sub>(32nd)</sub> (individual qualifier)
Isaac Hill (sr)	2009	17:32	36 <sup>th</sup> (individual qualifier)
Richard Schaefer (jr)	2018	17:35	75th D2 <sub>(49th)</sub> (individual qualifier)
Roger Schulz (jr)	2005	17:41	34 <sup>th</sup> (individual qualifier)
Roger Schulz (so)	2004	17:43	25 <sup>th</sup> (individual qualifier)
Richard Schaefer (so)	2017	18:02	73rd (individual qualifier)
Mike Prue (jr)	2010	18:06	75 <sup>th</sup> (individual qualifier)
David Erdal (sr)	2004	18:08	52 <sup>nd</sup> (individual qualifier)

# All-County Finishes

## 1st Team

## 2nd Team

<b>2022:</b>	<b>Tempi Zondag 21:14 3rd</b>	<b>Madelyn Sadowski 22:06 10th</b>
	<b>Alianna Herrera 21:27 6th</b>	
2021:		Tempe Zondag 22:14 14th
2020:	<b>Due to COVID there were no All-County Teams</b>	
2019:(4k)	Richard Schaefer 13:42 4th	Lydia Zarling 17:38 13th
	Kyrie Patterson 17:12 7th	
2018:	Richard Schaefer 17:11 4th	Kyrie Patterson 21:20 8th
	Camren Cheney 20:52 5th	Lydia Zarling 21:22 9th
2017:	Kyrie Patterson 20:30 6th	Richard Schaefer 17:24 12th
		Lydia Zarling 21:45 15th
2016:		Miriam Zarling 21:49 15th
2014:		Abby Lash 21:29 14th
2011:		Mike Prue 17:26 12th
2010:	Katie Dubiak 15:52 2nd	
2009:	Isaac Hill 17:35 6th	Mary Erdal 16:55 15th
	Katie Dubiak 15:23 3rd	
2008:		Isaac Hill 17:57 13th
2007:		Jordan Nelson 17:58 15th
2006:		Roger Schulz 17:36 11th
		Elsa Ihlen 16:47 11th
2004:	Hope Christie 16:15 5th	Elsa Ihlen 16:42 10th
2003:	Hope Christie 16:20 5th	
2000:		Phil Moldenhauer 18:43 12th
1997:	Marie Christie 17:17 6th	
1996:	Lisa Nowak 15:58 6th	
1995:	Nicole Nowak 15:58 2nd	
1994:	Lisa Nowak 16:24 2nd	Chantell Sievert 17:30 16th
1993:	Lisa Nowak 16:13 3rd	
1992:	Tina Gross 13:34 6th	Chantell Sievert 14:07 15th
1991:	<b>Liz Sesser 12:51 1st</b>	Chantell Sievert 14:30 15th
	Tina Gross 13:36 6th	
1990:	<b>Liz Sesser 12:58 1st</b>	Tina Gross 14:07 10th
1988:	Liz Sesser 12:58 3rd	

# All-Conference Finishes

## Boys

**2022:** Nathaniel Groth (jr) 18:44 6th  
 Josiah Hutchinson (so) 19:05 7th  
 Angel Ayala (sr) 19:27 10th  
  
 2021:  
 2020:  
 2019: **Richard Schaefer (sr) 17:26 1st**  
 John Innamorato (sr) 18:43 10th  
 2018: Richard Schaefer (jr) 17:49 2nd  
 Caleb Lash (sr) 18:16 6th  
  
 2017: Richard Schaefer (so) 17:32 3rd  
  
 2016:  
 2015:  
 2014:  
 2013:  
 2011: Mike Prue (sr) 17:36 8th  
 2009:  
 2008:  
 2006: Roger Schulz (sr) 17:40 5th  
 2005: Roger Schulz (jr) 17:45 5th  
 2004: Dave Erdal (sr) 17:43 3rd  
 Roger Schulz (so) 17:47 4th  
 2003: David Moldenhauer (fr) 17:43 5th  
 Roger Schulz (fr) 18:03 8th  
 2002:  
 2000: Phil Moldenhauer (sr) 19:16 8th  
  
 1999: Phil Moldenhauer (jr) 18:51 10th  
 1998:  
 1997:  
 1996:  
 1995:  
  
 1994:

## Girls

**Tempi Zondag (so) 21:11 3rd**  
**Alianna Herrera (sr) 21:44 5th**  
**Madelynn Sadowski (fr) 22:30 7th**  
**Ellyn Jenks (fr) 22:34 8th**  
**Belle Zarling (jr) 23:22 10th**  
 Tempe Zondag (fr) 21:45 5th  
 Alianna Herrera (jr) 21:49 7th  
 Belle Zarling (fr) 22:10 8th  
 Lydia Zarling (sr) 22:17 10th  
 Kyrie Patterson (jr) 21:57 4th  
 Lydia Zarling (jr) 23:03 10th  
 Camren Cheney (so) 21:29 3rd  
 Kyrie Patterson (so) 22:04 6th  
 Lydia Zarling (so) 22:07 7th  
 Kyrie Patterson (fr) 20:40 3rd  
 Lydia Zarling (fr) 21:32 9th  
 Miriam Zarling (jr) 22:28 10th  
 Chelby Koker (fr) 22:04 9th  
 Abby Lash (sr) 21:38 6th  
 Emily Ausloos (sr) 17:16 8th  
  
**Katie Dubiak (jr) 15:52 1st**  
 Katie Dubiak (so) 16:56 5th  
 Elsa Ihlen (sr) 17:08 8th  
 Elsa Ihlen (jr) 17:20 5th  
**Elsa Ihlen (so) 16:41 1st**  
  
 Hope Christie (fr) 16:13 2nd  
  
 Emma Bailey (so) 17:26 7th  
 Gayle Hintz (sr) 19:07 7th  
 Jenny Rowntree (jr) 19:15 8th  
  
 Gayle Hintz (jr) 18:06 8th  
  
 Marie Christie (fr) 17:46 7th  
 Gayle Hintz (fr) 17:47 8th  
**Lisa Nowak (sr) 16:30 1st**  
**Nicole Nowak (fr) 16:25 1st**  
 Lisa Nowak (jr) 17:17 6th  
 Jennifer Message(fr) 17:21 7th  
**Lisa Nowak (so) 17:34 1st**



	Chantell Sievert (sr)	17:39	3rd
	Sarah Schellpfeffer(so)	17:47	5th
1993:	<b>Lisa Nowak (fr)</b>	<b>15:51</b>	<b>1st</b>
	Chantell Sievert (jr)	17:26	5th
1992:	Tina Gross (	13:33	2nd
	Chantell Sievert (so)	14:11	9th
1991:	<b>Liz Sesser (sr)</b>	<b>14:13</b>	<b>1st</b>
	Tina Gross (jr)	14:25	3rd
	Chantell Sievert (fr)	15:12	7th
1990:	<b>Liz Sesser (jr)</b>	<b>13:23</b>	<b>1st</b>
	Amy Pingel	14:00	7th
	Tina Gross (so)	14:01	8th
1989:	Tina Gross (fr)	15:25	9th
1988:	Liz Sesser (fr)	13:29	3rd

WISAA Highlights (not completed)

Liz Sesser: 6th at WISAA State 1991 @ UWP 14:03

Lisa Nowak: 3rd at WISAA State 1993 @UWP 16:19

1994 Girls 4th at WISAA State led by Chantell Sievert's 16:14 6th place