

2023	SIC Varsity & JV Meet Schedule			Updated 7-13-23
	<b>Dual/Tri meet format with heats of JV after Varsity</b>			
Meet	Location	Meet #1 ICAC	Meet #2 ICAC	Meet #3 ICAC
August 22nd	West Y	RM v. Eagle v. Cent.		
August 25th	NRC	NU v. CU		
August 26th	ICAC	Boise v. BK v. Timb	Cap v. Borah v. Mer	Owy v. MTV v. Kuna
August 29th	West Y	Eagle v. CU v. Cap		
September 2nd	ICAC	Off		
September 5th	West Y	Cent v. Owy v. NU		
September 9th	ICAC	MTV v. RM v. Timb	Mer v. Eagle v. Boise	BK v. Borah v. Kuna
September 12th	West Y	Kuna v. Cent v. CU		
September 16th	ICAC	RM v. Cap v. NU	Timb v. Owy v. Borah	CU v. MTV v. Boise
September 19th	West Y	Mer v. Cent v. BK		
September 22nd	NRC	Owy v. Eagle		
September 23rd	ICAC	NU v. Boise v. Kuna	Cap v. Timb v. Mer	Borah v. BK v. RM
September 26th	West Y	Cent v. MTV		
September 29-30th	ICAC	Brave-Knights Invite	29th Prelims 3pm	30th Finals 10am
October 3rd	West Y	CU v. RM v. Mer		
October 6th	NRC	Kuna v Cap		
October 7th	ICAC	MTV v. BK v. CU	Eagle v. Timb v. NU	Borah v. Boise
October 10th	West Y	Owy v. Cap v. Cent		
October 14th	ICAC	BK v. NU v. RM	Mer v. Borah v. MTV	
October 17th	West Y	Timb v. Eagle v. Kuna		
October 26th	ICAC	JV Districts	AM	
October 26th	ICAC	Varsity Districts	PM	
November 3rd	West Y	State Prelims		
November 4th	West Y	State Finals		
<b>*Teams in red are the host schools*</b>				
West Y	WARM UPS 4:30PM		Meet 5:15pm	
NRC	WARM UPS 4:30PM		Meet 5:15pm	
ICAC	Saturday meets			
	Warm ups 7:30am, 12pm & 4:30pm		Meets 8:30am, 1pm and 5:30pm	
Sept 16th	Warm ups 11:30am, 3pm & 6pm		Meets 12:30pm, 4pm and 7pm	