

WHS Royals Girls Lacrosse:

Coaching Expectations and Responsibilities:

The coaching staff is an important part of the lacrosse program. Members of the coaching staff will contribute their knowledge and skills, helping with the development of our players, as well as aiding the head coach in building a competitive program with a positive and inclusive culture. It is important that the coaching staff have a passion for the game; if a coach isn't passionate about their role they will not reach their full coaching potential. Coaches must be open-minded, professional, enthusiastic, be open to constructive criticism, as well as have integrity. The coaches must not only display these qualities but be committed to the programs' philosophy as well.

Program Philosophy: I adopt a double-goal coaching philosophy, comprised of winning and growing the student athlete as a whole; giving them the knowledge and tools they can utilize on and off the field for life.

Goal for the season: To have fun, work hard, and grow a positive, consistent and competitive program that will leave a lasting impact! In addition, build off the success and momentum from previous season.

Coach Expectations:

- Be an effective teacher, leader, and motivator
- Help promote and maintain a positive and inclusive program culture at all levels
 - Keep side conversations between coaches to a minimum and out of earshot of players
 - Keep comments constructive and positive
 - Be aware of tone and body language
- Bring diverse knowledge and experiences to the team
- Bring a positive attitude to practices and games
- Be present at games and practice (present physically and mentally - keep the phone use to a minimum)
- Maintain a professional approach with parents, fans, officials and visiting teams
- Treat staff, players and parents with respect and dignity
- Hold yourself accountable on and off the field
- Plan practices effectively; drills are reflecting individual and program skill growth and strategy development
- Assist with field set-up/take down for practice and games
- Ride to and from away games with the team
- Start goalie or player warm-ups on game days and goalie's at practices
- If there are issues the coaches need to discuss, we will do so in private, and away from players and parents
 - It is expected that when a player brings a concern to any coach we work together to resolve the issue. Confidentiality should only be maintained if the issue or information brought up does not show signs for immediate

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concern that needs to be reported to the Activities Director or local law enforcement.

- When there are issues or concerns within the coaching staff, we discuss them to make sure we are all on the same page and move in the right direction of working together, supporting one another, being positive while making our team the best they can be as lacrosse players and people.