

CLUB LOGO

RETURN TO PLAY PROTOCOL

This guidance is applicable to programs authorized by Executive Order 20-63, Please understand that if community transmission of COVID-19 increases to the point that training and programming may be disrupted then strategies may need to change.

As each phase progresses, our protocols will adjust in adherence with the State of Minnesota Department of Health and our volleyball governing bodies. In order for a player to participate in ANY training, both player and parent/guardian must read and follow the protocols below. There will be no exceptions. Any player and/or parent/guardian not following these protocols will be removed from training immediately.

PHASE 2 (Current Phase).

- Ⓢ Training will be held in small groups (pods) with no more than 9 players per coach or trainer. No more than 10 individuals per training pod.
- Ⓢ Training will have proper physical distancing at all times, including entering and exiting the facility.
- Ⓢ No physical contact (ie. huddles, high fives, hugs, handshakes, etc.)
- Ⓢ No spitting.
- Ⓢ Training pods area = 1 pod per court
- Ⓢ Training groups will consist of registered/rostered players only. No guest players.
- Ⓢ Players must have their own equipment, such as water bottles and hand sanitizer, and cannot share. Volleyballs will be supplied, but each player is responsible to use only the volleyball(s) assigned to him/her at the beginning of the training session.
- Ⓢ Players may not enter their training court until their coach calls them onto the court.
- Ⓢ Players should not enter the facility earlier than 10 minutes prior to the start of their session.
- Ⓢ Players should put on all training gear except for tennis shoes prior to entering the facility.

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PARENT SPECIFICS

- Ⓢ Parents are to ensure that their player is not ill or displaying symptoms prior to each practice (fever, cough, sore throat, fatigue, loss of taste or smell, red or swollen toes are current symptoms of COVID-19). If a player or person within the player's home have been diagnosed with COVID-19, that player must not attend training for at least 14 days.
- Ⓢ Parents are to drop off and pick up in the designated areas at the facility.
- Ⓢ Parents should refrain from carpools if at all possible. If you must carpool, please keep it within your child's training pod.
- Ⓢ Parents are asked remain in their vehicle during training. If parents are outside of their car for any reason, they need to adhere to the 6 foot physical distancing guideline.
- Ⓢ Parents who leave during training, must return early for pickup.
- Ⓢ Parents should report confirmed cases of COVID-19 to the [CLUB NAME] Executive Director. The name of the player and family will be held confidential. Any confirmed information will be used for contact tracing and to notify the families in the training pod.

COACH SPECIFICS

- Ⓢ Coaches must wear a mask at all times, including to and from their vehicle.
- Ⓢ Coaches must remain 6 feet apart from players at all times with the exception of serious injury to a player. In the event of serious injury, good discretion is advised and hand sanitizer and/or handwashing must be used before and after addressing the injured player.
- Ⓢ Coaches must sanitize all equipment before and after each session.
- Ⓢ Coaches must not attend training if ill or displaying symptoms prior to each training session (fever, cough, sore throat, fatigue, loss of taste or smell, red or swollen toes are current symptoms of COVID-19). If the coach or an individual within their home have been diagnosed with COVID-19, that coach must not attend training for at least 14 days.

☐ We acknowledge that we have received the Return to Play safety protocols and agree to follow them.

Player(s) Name/DOB

Parent/Guardian Signature

Date

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