



# November 2022 Newsletter

## ARAA News

### Sponsorship Dinner

Every year ARAA recognizes 1 person from each category: Coach, Community member and Volunteer who have made a big impact in our program and the lives of our athletes. Please take some time to send in your nominations for them to be recognized for their efforts. Nominations are due November 15! Link below.

<https://docs.google.com/forms/d/e/1FAIpQLSfQK7SSxm1WDsT3zL7mrhu0yKpHRMhkGoDom-0dPNZvcgnD8g/viewform>

Registration is currently open for the dinner on December 10 at Greenhaven. Tickets are \$50 or you can sponsor a table of 8 for \$400. Tables will sell out quickly, so get your registration in today!

<https://arsports.sportngin.com/survey/show/685948>

## Charitable Gambling

Anoka Ramsey Athletic Association partners with 8 businesses to offer charitable gambling to our community. What is Charitable gambling? Charitable gambling is an opportunity for community members to support the youth of Anoka and Ramsey with organized sports and activities to participate in. Our gambling partners provide incentivized giving to our organization. For our 4400 athletes over 10 activities, the charitable gambling contributions provide upgraded playing facilities, equipment and experiences. Please consider visiting one of our partners.

[Willy McCoy's](#)

Daily pull tabs

Etabs and E Bingo available

Bingo Saturdays at 1:00

Meat Raffle Fridays at 5:00

### [McDuffs](#)

Daily pull tabs

Etabs available

Bingo Monday at 7:00pm

Meat Raffle Saturday at 4:00pm

### [Northwoods](#)

Daily pull tabs

E tabs available

Bingo Wednesday at 7:00pm, Sunday at 4:00pm

Meat Raffle Saturday and Sunday at 2:00

### [The Ponds](#)

Pull tabs during open hours

E tabs during open hours

Bingo Friday at 6:30, Meat raffle 5:30

Saturday Bingo 2:00, Meat Raffle 1:00

### [Greenhaven](#)

Pull tabs/etabs daily

Bingo starting November 11 Thursday's at 7:00pm

Food specials during bingo

### [Northfork](#)

Pull tabs during open hours

Occasion bingo December/January/February

### [Kitchen Table](#)

etabs/pull tabs daily

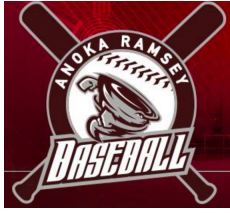
### [Acapulco](#)

etabs/pull tabs daily

### [Aurerlio's](#)

etabs/pull tabs daily

Meat raffle Sundays at 4:00



## Baseball

Contact: [baseball@arsports.org](mailto:baseball@arsports.org)

Traveling tryouts are complete for the 2023 baseball season.

Congratulations to all of the players and the selected coaches!

- Reminder - Traveling baseball registration is now open. Visit: <https://www.arsports.org/2023traveling> to register. House baseball registration will open later this fall. Please watch for separate communication regarding registration for House baseball.

- Uniform Try-on is coming soon for traveling baseball teams! This event will allow players a chance to try on uniforms before the order is placed to help better ensure correct sizing for the 2023 baseball season. House try-on will be at evaluations in late winter. Please watch for separate communication regarding Uniform Try-on events for both traveling and house programs.

- We have a new webpage dedicated to Off-Season training! Visit: <https://www.arsports.org/offseasondevelopment> to learn more about various local training opportunities. This website is updated as new trainings arise, so be sure to check back regularly

November Training Highlight:

# ALL SKILLS CAMPS FOR BASEBALL & SOFTBALL

These camps will include overall skills and in depth strength and arm care using our new C2 Performance cords. These bands attach to the players wrist and hips and allow us to throw, pitch, and hit baseballs and softballs. The bands are super light weight and do not affect mechanics of throwing or hitting. Acceleration trainers will also work on speed and agility during the 90 minutes.

# \$325

**PER ATHLETE**

MUST BE 8 YEARS OF AGE OR OLDER.

**ALL SKILLS Camp 1:  
Extended Season  
July 20th - August 24th**

Wednesdays  
9:00am-10:30am OR 10:30am -12:00pm

**ALL SKILLS Camp 2:  
September 26th - November 4th**

Monday OR Friday 6:00-7:30pm

**ALL SKILLS Camp 3:  
November 7th - December 16th**

Monday OR Friday 6:00-7:30pm

**ALL SKILLS Camp 4:  
January 2nd - February 10th**

Monday OR Friday 6:00-7:30pm

**ALL SKILLS Camp 5:  
February 13th - March 24th**

Monday OR Friday 6:00-7:30pm

**ALL SKILLS Camp 6:  
March 27th - May 5th**

Monday OR Friday 6:00-7:30pm



 **Acceleration North**  
3808 Dunlap Street  
Arden Hills, MN 55112  
[accelerationnorth.com](http://accelerationnorth.com)



- We are excited to announce that the pitching mounds at Alpine Fields and Bonnell Fields have been rebuilt from the support of your fundraising dollars! The mounds on these fields in particular have seen a lot of wear and tear over the past several years. Your fundraising dollars allowed us to rebuild these mounds and purchase necessary equipment to maintain them for years to come. Thank you for your continued support of the ARAA Baseball program and players!





## Volleyball

Contact: [Volleyball@arsports.org](mailto:Volleyball@arsports.org)

### HOUSE VOLLEYBALL

That's a wrap on the 2022 House season! With 138 players, 15 teams, across 10 grades, in just eight weeks, we focused on skill development, team building, commitment and staying active two times a week!

We participated in an end of season Jamboree with Elk River and Rogers Associations. A great opportunity for players to showcase their development. This is a good transition to Junior Olympic Volleyball where play is more competitive.

Thank you to our volunteer coaches, players and families for your continued support in ARAA Volleyball. Year after year we continue to grow, 2022 marks the highest number of players and volunteers to date! High five to another fantastic season, see you next year!

### JUNIOR OLYMPIC VOLLEYBALL

Tryouts for 10u-18u will take place on November 13th! There is a lot of preparation that goes into our JO season and ARAA Volleyball is ready and excited to share it with our players and families starting in December!

### ARAA VOLLEYBALL NEEDS YOU...YES YOU!

The ARAA Volleyball Board is looking for;

- House Director** to begin March 2023
- **Treasurer** to begin March 2024
- **Junior Olympic Director** to begin March 2024

Please contact [volleyball@arsports.org](mailto:volleyball@arsports.org) if you are interested in learning about any of the positions that will be available. Now is a great time to learn from and/or shadow our board members to see if the position is right for you. Not only can you become a voice, make a difference and help us continue to provide a fun and growing sport but you also receive great discounts on your child's volleyball registration fees!

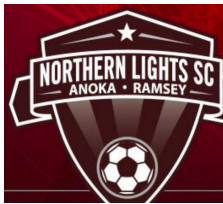


## Basketball

Contact: [basketball@arsports.org](mailto:basketball@arsports.org)

We are very excited about the upcoming season! Our traveling season for boys and girls is underway, as well as girls' house. Boys house registrations are open now and look for Senior House in the next week.

Our ARAA girl's tournament is November 19-20 and it is a great time to get your dibs hours in! Sign up today.



## Soccer

Contact: [president@northernlightsoccer.org](mailto:president@northernlightsoccer.org)

Join us at Adrenaline Sports Center in Ramsey for our Indoor Rec Soccer Session  
<https://www.arsports.org/page/show/721630-winter-rec-program>

**Winter Rec Soccer Registration Ends  
December 11**

**REC SOCCER**

**DON'T MISS IT!**

SEASON RUNS JAN. 14 - APRIL 1  
10 WEEK PROGRAM  
ADRENALINE SPORTS CENTER - RAMSEY  
PRE K - 12U





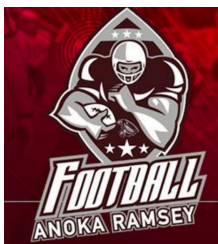
## Lacrosse

Contact: [lacrosse@arsports.org](mailto:lacrosse@arsports.org)

### Lacrosse

Winter training is right around the corner – watch our website and your email for more information on joining.

Begins January 7 for Boys14U, 12U 10U and all ages Girls



## Football

Contact: [Football@arsports.org](mailto:Football@arsports.org)

Thanks families for a great season. Equipment turn-in is November 10 and 15 from 5-8 at Central Park. The 4-6th grade should return black practice pants, helmets, and shoulder pads. The 7-8th grade should return black practice pants, maroon game pants, knee pads, helmet, and shoulder pads. Off-season opportunities will be happening in the new year. Stay tuned!



## Softball

Contact: [softball@arsports.org](mailto:softball@arsports.org)

Softball has the following roles open and needs to fill them ASAP! All roles are voting positions and would satisfy your DIBS requirements. You would also receive free registration for the summer season for one player. Board members help make informed and important decisions for teams, the upcoming seasons and the program overall. Without board members, we cannot offer a hometown tournament, offseason clinics or explore new and exciting opportunities. It is crucial to the growth and success of our softball program having volunteers filling these open positions. If interested, please email [softball@arsports.org](mailto:softball@arsports.org).

### **Secretary**

- Organize board meetings
- Capture meeting minutes
- Update softball website

### **Treasurer**

- Manage softball funds
  - All incoming registrations fund
  - All expenses incurred by softball
  - Provide payments for tournament registrations

\*No experience necessary, training will be provided

### **Softball Operations Director**

- Work closely with coaches to help prepare for upcoming season
- Assist with coach selection and team formation
- Collect end of season player and coach evaluations
- Ensure all background checks are completed for coaches

### **Equipment, Umpire, and Fields Director**

- Works with umpire association to submit home game's schedule for umpire assignment
- Assign home field to teams for the season
- Equipment ordering, handout, and collection at end of year
- Connect with city representative(s) on needs as they arise