



Gurnee Youth Baseball Practice Guidelines for Phase 3 of the Restore Illinois Plan

Field Set Up:

- Coaches will arrive at least 15 minutes prior to the start of practice for field set up.
- To ensure proper social distancing and limit the number of participants, coaches will plan to divide the team in half, into two (2) groups. Practice plans will be completed prior to arrival so players can be grouped as they arrive.
- All drills must allow for a minimum of six (6) feet of social distancing between participants, including coaches.
- There will be two (2) designated areas or two (2) entire fields for each team to use for their groups. Anytime multiple areas of one field is utilized (e.g. infielders catching ground balls on the infield while outfielders catch fly balls in the outfield), the groups must maintain a distance of at least 30 feet between them.
- Player bat bag locations will be clearly marked by ribbons tied to the fence (see attached field maps).
- Each player will be one fence post apart to comply with social distancing guidelines.
- Equipment and players WILL NOT be allowed to be in dugouts unless there is batting practice on the field. If batting practice is taking place, only the on-deck player is allowed to be in the dugout.
- If coaches or players are closer than six feet, they MUST be wearing masks.

Sanitation Rules:

- Hand sanitizing stations will be set up at specific locations throughout the fields.
- All players and coaches must maintain social distancing of at least six (6) feet at all times.
- Players must follow all instructions and clean hands frequently.
- Players are required to use their own gloves, bats, helmets and training equipment at all times.
- Catcher's gear is not to be shared. Teams will be provided additional equipment as needed.
- No handshakes, high-fives, and other unnecessary contact.
- No seeds or food allowed at the fields.
- For safety and sanitation reasons, **there will be no portable bathrooms on site.**

Coaches:

- Upon arriving all coaches will be checked-in by a GYB Board Member and have their temperature taken.
- Coaches will be required to have a mask and wear masks when arriving to and leaving practice.
- A short set of wellness questions will be asked. If anyone in the household is feeling ill or has been in contact with a COVID-19 positive person, that coach may NOT participate in practice.

Players and Parents:

- We ask all players to arrive 10 minutes prior to their team's practice time to allow time for check-in. Players must remain in the car until your turn at the drop off spot.
- Players will enter through specified locations and will be checked-in by a GYB Board Member or coach (see attached field maps).
- Upon arriving all players will be checked-in by a GYB Board Member and have their temperature taken.
- Parents will be asked a short set of wellness questions. If anyone in the household is feeling ill or has been in contact with a COVID-19 positive person, that player may NOT participate in practice.
- **Players will be required to wear masks when arriving to and leaving practice.** Please have your player bring a clean zip-lock bag to store their mask inside bat bags during practice.
- Players must bring their own water bottles and cannot share them. We ask that the player's name be written clearly on their water bottle, to ensure there is no confusion during practice.
- After checking in, all players will be assigned to a group, given the practice station they will be starting in and told where to place their bat bags. Players will stand at their bag until given further instruction from coaches.
- So not to violate gathering size restrictions, parents will not be allowed to watch practice from the field. **Parents may choose to drop-off players and leave or stay in their car for the duration of practice.**

Practice Safety Guidelines:

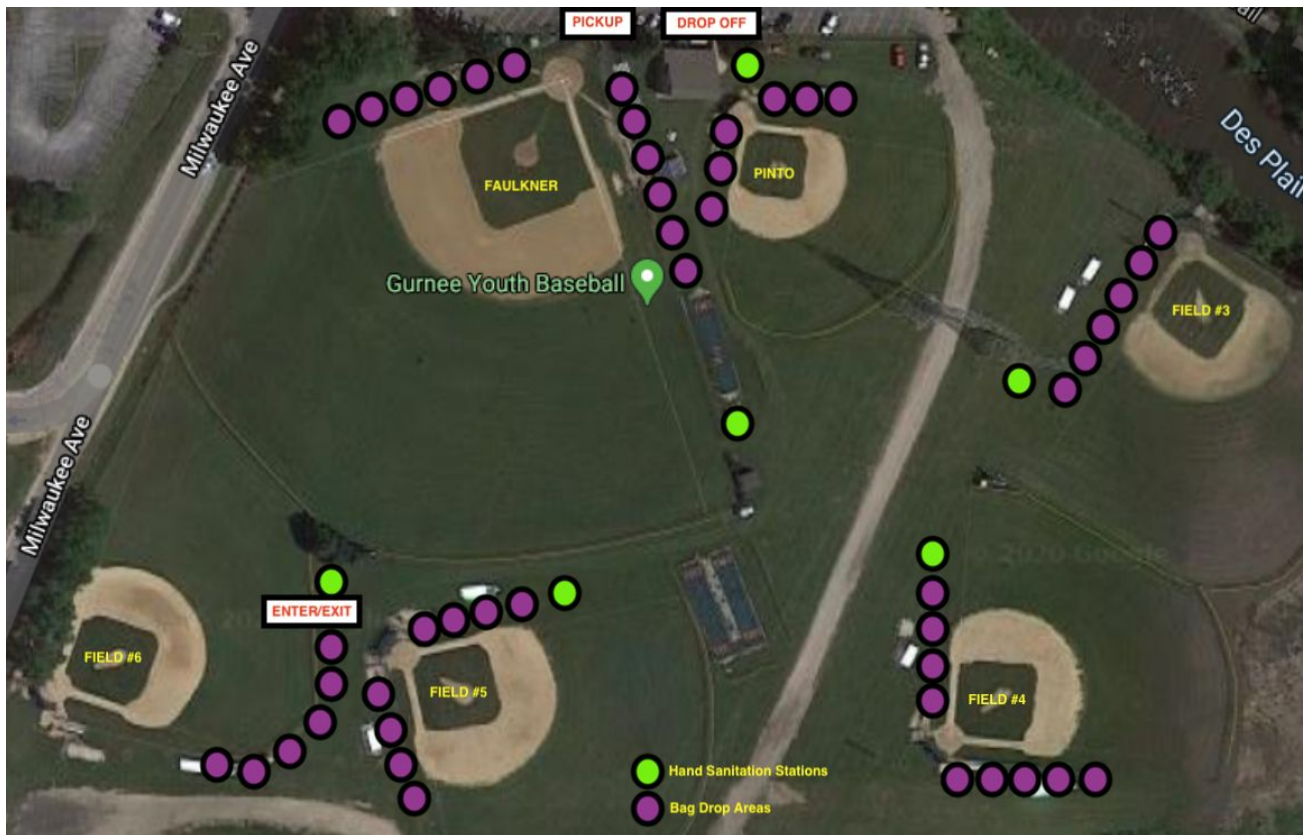
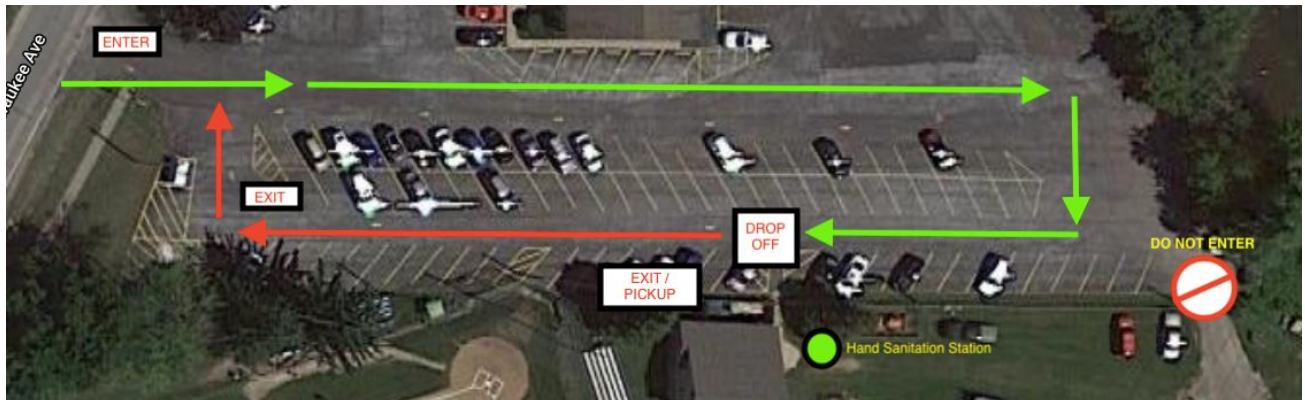
- Only practices scheduled and published by GYB will be allowed during Phase 3 of the Restore Illinois Plan.
- Once everyone has arrived, are grouped and have placed their bat bag in their assigned location, all players and coaches will sanitize hands.
- Players must maintain at least six (6) feet of social distancing at all times.
- Only equipment necessary for the assigned station will be removed from player bags.
- Once groups are established for practice, players cannot rotate between groups. The established groups will move from one drill to another, as a full group.
- Players on the field will be required to sanitize their hands when leaving the field, before going to their bag for a water break, and at the end of fielding practice.
- Players cannot share equipment with one another, including bats, helmets, gloves, etc. All personal equipment must remain in the player's bag when not in use.
- No games or situations simulating competitive play will be allowed (including scrimmages, competitive games, pick offs with runners on). Practice is for drills only and must maintain social distance.
- GYB, as well as Gurnee Park District, reserve the right to revoke player and/or team privileges if not strictly abiding by the guidelines.

End of Practice Clean Up:

- Once all players have put away their personal equipment, they are required to put on their face masks.
- Hands will be sanitized and players will be dismissed to parents.
- Coaches will disinfect team gear and baseballs.

American Legion Fields

749 Milwaukee Ave, Gurnee, IL 60031



Viking Park

4374 Old Grand Ave, Gurnee, IL 60031

