



Vail Mountaineer Hockey Club

2022-2023

Program Overview

- Vail Mountaineer **Coed Teams** compete in the Western Colorado Hockey League (WCHL,) which consists of clubs mainly from the mountain communities- Aspen, Glenwood, Summit, Steamboat, West Elk, Telluride and Grand Junction.
- Vail Mountaineer **Girls' Teams** compete in the Colorado Girls Hockey League (CGHL) which consist of clubs throughout Colorado (mountain communities and the Front Range).
- **Evaluations/Tryouts** for all teams are scheduled for the week of **September 19th**.
- Regular season team **practices** will begin the week of **September 26, 2022**.
- **League play** typically begins in late October/early November, with the season ending in late February/early March.
- All players receive a practice jersey and game socks to keep. Registration includes \$50 to lease the game jerseys and breezer covers.

More information by division (subject to change):

- **Girls 19U (2003-2006 birth years):**
 - 3 shared practices per week (Approximately 50 total practice hours)
 - Up to 3 tournament weekends: Adele Dombrowski (Steamboat), VMHC sponsored MLK (Eagle/Vail) & TBD
 - Approximately 16 league games and CGHL playoffs (4 games)
 - At least 12 tournament games
 - Additional friendly/non-league games- 6-10 games
- **Girls 15U (2006-2009 birth years)**
 - 3 shared practices per week (Approximately 50 total practice hours)
 - Up to 3 tournament weekends: Adele Dombrowski (Steamboat), VMHC sponsored MLK (Eagle/Vail) & TBD
 - Approximately 16 league games and CGHL playoffs (4 games)
 - At least 12 tournament games
 - Additional friendly/non-league games- 6-10 games

- **Girls 12U (2010-2011 birth years):**
 - 2 shared practices per week / with 1 additional practice every other week (Approximately 40 total practice hours)
 - Up to 3 tournament weekends: Adele Dombrowski (Steamboat), VMHC sponsored MLK (Eagle/Vail) & TBD
 - Approximately 16 league games and CGHL playoffs (4 games)
 - At least 12 tournament games
 - Additional friendly/non-league games- 6-10 games

- **Girls 10U (2012-2013 birth years):**
 - 2 shared practices per week (Approximately 40 total practice hours)
 - 2 tournament weekends: Adele Dombrowski (Steamboat) and VMHC sponsored MLK (Eagle/Vail)
 - Approximately 16 league games and CGHL playoffs (4 games)
 - Up to 8 tournament games
 - Additional friendly/non-league games: TBD

- **U14/Bantams (2008-2009 birth years):**
 - 3 shared practices per week (approximately 60 total practice hours)
 - Up to 4 tournament weekends: Vail Sportsmanship Tournament (Eagle/Vail), President's Day Tournament, MLK Tournament, CAHA end of season tournament
 - Approximately 16-18 league games and WCHL playoffs (2-5 games)
 - At least 16 tournament games

- **U12/PeeWees (2010-2011 birth years):**
 - 3 shared practices per week (approximately 60 total practice hours)
 - Up to 4 tournament weekends: Vail Sportsmanship Tournament (Eagle/Vail), President's Day Tournament, MLK Tournament, CAHA end of season tournament
 - Approximately 16-18 league games and WCHL playoffs (2-5 games)
 - At least 16 tournament games

- **U10/Squirts (2012-2013 birth years):**
 - 2 shared practices per week / with 1 additional practice every other week (Approximately 45 total practice hours)
 - Up to 4 tournament weekends: Vail Sportsmanship Tournament (Eagle/Vail), President's Day Tournament, MLK Tournament, CAHA end of season tournament
 - Approximately 14-16 league games and WCHL playoffs (2-5 games)
 - At least 16 tournament games