

# 9TH ANNUAL

**CAMPS  
DO SELL OUT!  
THIS CAMP IS  
OPEN TO ALL  
AGES!**



## CAMP GRADE DIVISIONS

K-6 Youth School based co-ed  
K-6 Youth Elite Club based co-ed  
6-8 Middle School co-ed  
9-12 High School co-ed

\*We will use grades from the  
2018-19 wrestling season for camp.  
**OPEN TO ANY AND ALL ENTRANTS!**

## TEAM WRESTLING CAMPS



**REGISTER ONLINE FOR ONE OR ALL 4 CAMPS AT: [ISITEAMCAMPS.COM](http://ISITEAMCAMPS.COM)**

### IOWA

**June 10-13th**

**LORAS COLLEGE CAMP 1**  
1450 Alta Vista Street  
Dubuque, IA 52001

### INDIANA

**June 26-29**

**EARLHAM COLLEGE Camp 2**  
801 National Rd W  
Richmond, IN 47374

### ILLINOIS

**July 9-12th**

**ILLINOIS WESLEYAN UNIVERSITY  
CAMP 3**  
11312 Park St. Bloomington, IL 61701

### IOWA

**July 17-20th**

**GRINNELL COLLEGE CAMP 4**  
1115 8th Ave.  
Grinnell, IA 501121

## THE CAMP

This is an affordable, 4 day camp with premium coaching and training. The camp is designed to offer superb technique sessions from Olympic Medalists, Hodge Trophy Winners, National Champions, and All-Americans. There will be intense practices, tough competition, and great team bonding opportunities.

**\$120 per wrestler with a team of 6 or more. \$150 per wrestler without a team**  
(If a wrestler does not have a team we will place them on a team the first day of camp)

**WE WILL HAVE LODGING AND MEALS AT ALL CAMPS AT THE HOST COLLEGES!**  
Camp Meals and Dorm prices will be announced soon on the camp website!

### ISI BY THE NUMBERS...

4 camps 2,877 wrestlers from 27 different states and 3 countries.  
1,902 state qualifiers that have garnered 1,007 state place winners.  
726 state championships, 29 regional dual qualifying teams.  
24 state dual qualifying teams, 9 nationally ranked team.

### CAMPS AWARDS

T-shirts for dual champions for all divisions. T-shirts team Olympics for all divisions. Rookie round robin medal for champ for youth and middle division. Takedown tournament champion singlet for all divisions.  
ISI All-American Certificate for 7 or more individual wins in duals at Camp for youth and middle school divisions.

**WHAT TO BRING:** At least 4 sets of work out clothes and street clothes, wrestling shoes, running shoes, extra team school clean shirt to exchange with other camp participants, head gear, swim suit, towel, pillow, sleeping bag, linens, toiletries, and spending money to purchase gear and snacks.

**COACHES STAY AND EAT FREE** if they have 10 paid wrestlers in the respective categories. *Must submit forms all together as a team to get this deal.*

**EARLY BIRD PRICING CAMP DEADLINES**  
Camp 1-May 26 | Camp 2-June 9 | Camp 3-June 24 | Camp 4-July 1  
After deadlines every fee goes up \$20! We will take walk-ins!

**VISIT US ON FACEBOOK, TWITTER, AND YOUTUBE**  
Like Us on Facebook, search: Iron Sharpens Iron Team Wrestling Camp  
Follow Us on Twitter, search: @ISITeamCamp  
View Us on Youtube, search: Iron Sharpens Iron Wrestling Camp

**Special thanks to our 2019 Camp Sponsors:**  
Defense Soap, Barbarian Apparel, Hook Sweep,  
Hunt Graphic Innovations

For more information email: [isiteamcamps@gmail.com](mailto:isiteamcamps@gmail.com) or Steve Farrell at 319-404-0722



# 2019 ISI CAMPS COUNSELORS

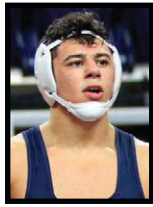


We will have many College coaches, High School Coaches and Current college wrestlers as camp counselors and camp directors at each camp that are not listed at this time.

## IOWA ~ June 10-13th

### LORAS COLLEGE CAMP 1

1450 Alta Vista Street, Dubuque, IA 52001



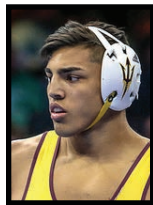
**VINCENZO JOSEPH**  
counselor

2x National Champion, 2x PA State Champion Ranked #8 in USA Freestyle 74kg, PSU



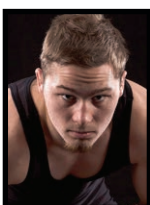
**GABLE STEVESON**  
counselor

College: #1 at HWT, 4x MN State Champion, Jr. World Champion, Ranked #6 in USA FS at 125kg, MN



**ZAHID VALENCIA**  
counselor

NCAA Champion at Arizona State and Ranked #5 in USA Freestyle 79 kg and 3x CA State Champion



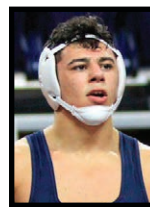
**SPENCER LEE**  
counselor

2x NCAA Champion at Iowa 2x Jr World Champion and 3x State Champion

## INDIANA ~ June 26-29

### EARLHAM COLLEGE Camp 2

801 National Rd W, Richmond, IN 47374



**VINCENZO JOSEPH**  
counselor

2x National Champion, 2x PA State Champion Ranked #8 in USA Freestyle 74kg, PSU



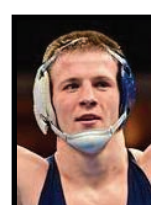
**MATT MCDONOUGH**  
counselor

2x National Champion, 3x Finalist, 3x IA State Champion and Asst. Coach at Wisconsin



**BRANDON WRIGHT**  
counselor

2x National Champion, Ranked #3 in USA Freestyle at 61kg and Asst. Coach at Indiana



**JASON NOLF**  
counselor

3x National Champion and 4x All-American at PSU

## ILLINOIS ~ July 9-12th

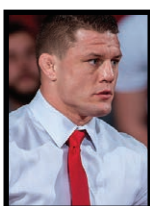
### ILLINOIS WESLEYAN UNIVERSITY CAMP 3

1312 Park St, Bloomington, IL 61701



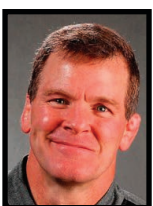
**ANTHONY CASSAR**  
counselor

National Champion at PSU and State Champion



**JON READER**  
counselor

National Champion at Iowa State 3x All-American and Asst. coach at Wisconsin, Ranked #3 in USA Freestyle at 79kg



**TERRY BRANDS**  
counselor

Associate Head Coach at Iowa, 2x NCAA Champion and World Champion and Olympic Bronze Medalist



**MARK IRONSIDE**  
counselor

2x National Champion, 4x All-American, 4x Big Ten Champion and Hodge Trophy winner at Iowa

## IOWA ~ July 17-20th

### GRINNELL COLLEGE CAMP 4

Address: 1115 8th Ave, Grinnell, IA 50112



**J'DEN COX**  
counselor

3x National Champion, Olympic Bronze Medalist, World Champion



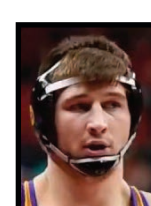
**JOEY MCKENNA**  
counselor

2x Big Ten Champion at OSU 3x All-American Jr. World Bronze Medalist



**LARRY OWINGS**  
counselor

National Champion beat Dan Gable in the 1970 NCAA Finals



**DREW FOSTER**  
counselor

National Champion and 2x All-American at UNI

### AT ALL 4 CAMPS



**Female Camp Counselor/Director Lauren Louive**  
US Open Runner-up,  
4x College All-American, Ranked #3 in the USA Women's Freestyle at 59 kg.



**Individual Camp Counselor/Director Johnni Dijulius**  
3x Ohio State Champion,  
4x National Qualifier and Ranked #10 in the USA Men's Freestyle at 61kg.

### THE CAMP STORE IS AVAILABLE DURING ALL SESSIONS.

The store has t-shirts, dri-fit shirts/shorts, fighter shorts, sweats, defense soap items and other wrestling items that are only available in this store. Other items in the store include: bottled Gatorade, bottle water, candy, chips, and other snacks as well as other camp necessities.



**SATURDAY, JULY 13TH**  
for more information go to:  
[midwestnationalswrestling.com](http://midwestnationalswrestling.com)