

Coastal Mountain Wrestling Association

Covers: Sonoma, Marin, Napa, and Mendocino counties.

Contact CMWA Director: Tim Bruce at 707-484-7727 Suprbruc@pacbell.net or CMWA Assist Dir Scott Weidemier at 707-501-8976 scott.weidemier@tweglobal.com All CMWA events registrations will be via trackwrestling by event title.



Coastal Mountain Wrestling Association

"Once you've
wrestled, everything

else is easy."
-Dan Gable,

Olympic Gold Medalist
and two-time NCAA Champion



Saturday February 24th, 2024

2024 North Coast Kids Tournament

Windsor High School

8695 Windsor Road, Windsor, CA 95492

Ages: U6-U12

Register: Welcome | North Coast Kids
Tournament | Windsor Wrestling Club
(sportngin.com)

Cost: \$20 folkstyle

Weight-ins: Weigh-ins will be held at
remote locations! Weigh-in times will vary
from site to site. Weigh Master at each site
must email all weigh-in info to Brian
Tiewater by 5:00 pm Saturday Feb. 24th.
Contact Brian if you need to find a remote
weigh-in location or wish to become one!
Brian Tiewater 707-477-8232
brian@waterworksindustries.com

Sunday March 3rd, 2024

2024 Gladiator Brawl

Lower Lake High School

9430 Lake Street Lower Lake, CA

Ages: K- 8th Grade

Weight-ins: 10U below 7:00am

15U below 10:00am

Styles: Folkstyle

Brackets: 8, 16, 32

Contact: Peter Stephen

Email: gladiatorwrestling22@gmail.com

Cell Phone: 707-701-1064

Saturday March 16th, 2024

Healdsburg High School

1024 Prince Street, Healdsburg, CA 95448

Ages: PW,K,C,J,O,W

Weigh-Ins: 7 – 8 a.m. (PeeWee-Schoolboy)

Weigh-Ins: 10 -11 a.m. (Cadets & Up)

Pooled Weights

Styles: Freestyle/Greco-Roman

Cost: \$20 or \$25 for both styles

Contact: Scott Weidemier

Email: scott.weidemier@tweglobal.com or

sweidemier@husd.com

Cell Phone: 707-501-8976

Saturday March 23rd, 2024

The Gatekeeper at Willits High School

299 N. Main St., Willits, CA 95490

Ages: PW,K,C,J,O,W

Weigh-Ins: 7 – 8 a.m. (PeeWee-Schoolboy)

Weigh-Ins: 10 – 11 a.m. (Cadets & Up)

Pooled Weights

Styles: Freestyle/Greco-Roman

Cost: \$20 or \$25 for both styles

Contact: Wayne Shull

Email: willitsgrapplingpack@gmail.com

Cell Phone: 707-489-8562

Saturday April 13th, 2023

Coastal Mountain Wrestling Association
Championship

Maria Carrillo High School

6975 Montecito Blvd, Santa Rosa, CA
95409

Ages: PW,K,C,J,O,W

Weigh-Ins: 7 – 8 a.m. (PeeWee-
Schoolboy) Weigh-Ins: 10 – 11 a.m.

(Cadets & Up)

Start Times:

10-11 am 6u-12u wrestling 12pm

1-2 pm 14u up wrestling 3 pm

Pooled Weights

Styles: Freestyle/Greco-Roman

Cost: \$20 or \$25 for both styles

Contact: Tim Bruce

suprbruc@pacbell.net



**BUILD A
BRIGHTER,
STRONGER
FUTURE FOR
YOUR CHILD**

