



Sports Medicine Partnership



Missy Hansen, MS, LAT



Children's
Wisconsin

Partnership: SDW & Children's Wisconsin

Official Medical Provider: Athletic training services for Waukesha West HS

On Call Support: Direct access to Children's Wisconsin sports medicine physicians

Wolverines Athletic Trainer: Missy Hansen, MS, LAT

Athletic Trainer Availability:

- Weekdays: 2:30-5:30
- Events: coverage for most home events



Missy Hansen, MS, LAT



Sports Medicine Team



Kevin Walter, MD



John Erickson, DO



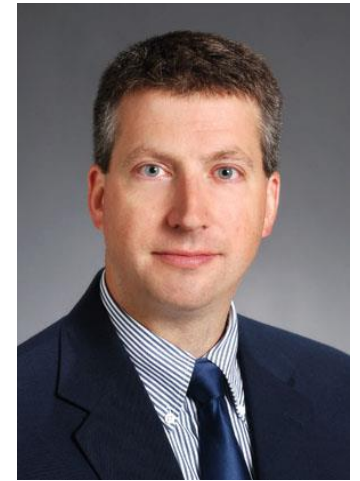
Shane Fehr, MD



Kimberly Hornbeck, MD



Patrick Lehman, MD



Scott Van Valin, MD



Cynthia Dusel, APNP
© Children's Wisconsin



Lisa Gamalski, PAC



Anne Lange, PAC



Charlie Shanaver, PhD

Convenient Locations

Delafield Clinic



3365 S 103rd St. Greenfield, WI

Key Services: Sports Medicine & Primary Care

Greenfield Clinic



3195 Hillside Dr. Delafield, WI

Key Services: Sports Medicine, Primary Care, & Urgent Care

Mequon Clinic



1655 W Mequon Rd, Mequon, WI

Key Services: Sports Medicine, Primary Care, & Urgent Care

Make an Appointment: 414-607-5280



Convenient Locations

New Berlin Clinic



4855 S. Moorland Blvd, New Berlin, WI

Key Services: Urgent Care

Milwaukee Campus



8915 W Connell Ct, Milwaukee, WI

Key Services: Emergency & Trauma,
Mental Health Walk-In, & Sports
Medicine



Comprehensive Sports Medicine Team

Specialized Care

- **Clinical Experts**
 - Primary Care Sports Medicine
 - Concussion Specialists
- **Orthopedic Surgery**
 - Sports Medicine
 - Sub-Specialties: Hand, Upper Limb, Spine & Trauma

Comprehensive Support

- **Performance & Wellness**
 - Sports Dietitians
 - Sports Psychologists
 - REDs Clinic
- **Rehabilitation**
 - Physical Therapists
 - Licensed Athletic Trainers

Quick Access

Call the Sports Line: 414-604-7512, option 3
Monday-Friday / 8-4PM



Sports Concussion Program



Comprehensive Concussion Management

- **Nationally Recognized:** Multi-disciplinary team for acute & complex cases.
- **Baseline Testing:** Computerized evaluations for athletes
- **Expert Diagnosis:** Rapid access to neuropsychological evaluations
- **Speak with an Expert:**
 - Concussion line: (414) 337-8000
 - Monday-Friday / 8-4PM



REDs Clinic

- **Define REDs:** Relative Energy Deficiency in Sport
- **Balance Energy:** Optimize nutrition intake against exercise output to improve recovery & reduce injury in athletes.
- **Multi-Disciplinary Care:** Expert support from sports medicine physicians, nurse practitioners, dietitians, and licensed athletic trainers.



Kimberly Hornbeck, MD



Cynthia Dusel, APNP

Sports Psychologist

Dr. Shanaver - clinical psychologist specializing in sport and performance psychology.

Works with young athletes to:

- Return to sport after injury or surgery
- Overcome mental blocks
- Manage performance anxiety
- Navigate transitions out of sport
- Support concussion & injury recovery
- Life events that affect their performance.
- Provide insight into the mental demands of pressures of sport



Charlie Shanaver, PhD



Dance Medicine

- **Specialized Care:** addresses the unique physical demands placed on dancer's bodies.
- **Multi-Disciplinary Team:**
 - Sports Medicine Physicians
 - Licensed Athletic Trainers
 - Sports Physical Therapists
 - Sports Psychologists
 - Sports Nutritionists



Sports Nutrition

Our Sports Nutrition Specialists Provide:

- **Nutrition Counseling:** reviews proper nutrition to support athletic performance & reduce injury risk.
- **Key Components:**
 - Focus on fueling, hydration, & recovery strategies.
 - Guidance on fatigue prevention & supplement education.



Sports Physical Therapy

Our Sports Physical Therapists:

- **Restore Performance:** Improve agility, balance, endurance, & power.
- **Safe Return to Play:** Prioritize long-term health & fast recovery.
- **Schedule an Appointment:** Call (414) 607-5280



Sports Medicine Contacts:

Sports Line: (414) 604-7512

Concussion Line: (414) 337-8000

Go Wolverines!!





Kids deserve the best.