

YOUR JOURNEY  
**STARTS NOW**



WELCOME TO  
**MINNETONKA**  
FOOTBALL



WE BUILD CHAMPIONS

# Tonight's Agenda



**Greeting / Kick Off**

**Head Coach Esch Update**

Minnetonka Football

Coaches / Captains

Equipment

Spring / Summer Options – Strength, Speed, Football



**Touchdown Club**

**Team Breakouts – Freshman, Sophomore, Varsity**

# Touchdown Club Registration Needed



**Please register for the  
Minnetonka Touchdown Club  
TODAY!**

**-Communication - Get on the  
mailing list!**

**-Support with your Time or  
Resources**

**Please scan the QR Code to  
register today.**

**Minnetonka Football Touchdown  
Club Registration 2026**



## Informational Meeting

Please email questions to: [mark.esch@minnetonkaschools.org](mailto:mark.esch@minnetonkaschools.org)



# Before We Get Started... Special Recognition



## Top Sellers: (over 100)

1. Jonah Schulman(11) 157 bags delivered
2. Calvin Trevena(9) 139
3. Cormac Pfeffer (12) 124
4. Caden Gutzmer (12) 116
5. Patrick Becker (9) 124

## Class Ranking:

- |                   |                     |
|-------------------|---------------------|
| 1st Class of 2028 | 1583 bags delivered |
| 2nd Class of 2030 | 1419                |
| 3rd Class of 2027 | 1227                |
| 4th Class of 2029 | 1130                |

**MINNETONKA FOOTBALL'S**  
**SALT SALE**  
**GOING ON NOW**

**\*MINIMUM ORDER OF 5 BAGS. DELIVERS OUTSIDE OF MINNETONKA SUBJECT TO RESTRICTIONS.**

- ORDER BY **FRIDAY, JANUARY 23RD** FOR DELIVERY SATURDAY, FEBRUARY 7TH
- EASY ONLINE ORDERING
- STOCK UP NOW AND LEAVE THE HEAVY WORK TO US!

PLACE YOUR ORDER BY SCANNING THE QR CODE OR VISIT: [minnetonkafootball.org](http://minnetonkafootball.org)

NEXT SALE: JULY '26

# Minnetonka Football Website



[www.minnetonkafootball.org](http://www.minnetonkafootball.org)

Sign up for our summer camps!

All things Minnetonka Football!

The screenshot shows the homepage of the Minnetonka Football website. At the top, there is a navigation menu with links for Home, Events, Default, and Dibs. Below the navigation, there is a breadcrumb trail: HOME > Game Day > Parents > Community Support > Be A Skipper. The main header features a large image of football players in blue and white uniforms, with the Minnetonka 'M' logo and the text 'MINNETONKA FOOTBALL' overlaid. Below the header, there is a countdown timer for the 2026 Skipper Football event, showing 177 days, 10 hours, and 5 minutes remaining. The page is divided into two columns. The left column is titled 'IMPORTANT INFORMATION AND LINKS' and contains four sections: 'BE A SKIPPER' (with a link to learn more about the team, coaches, and experience), 'PARENT INFORMATION' (with a link to the coach's calendar, registration links, coach contact information, and photo gallery), 'COMMUNITY SUPPORT' (with a link to sponsorships, fundraising, touchdown club, booster club, and directions), and 'GAME DAY INFORMATION' (with a link to game schedules, ticket sales, team rosters, and more). The right column is titled 'TONKA FOOTBALL UPDATES' and features a section for 'MINNETONKA FOOTBALL 2026 CAPTAINS' with a photo of four players in blue and white uniforms.

## Freshmen Team

- Head Coach – Jon Westmeyer (D Line), Alex Griffith (LB), Joel Newman (QB's), Jesse Nelson (WR's) Dave Bierly (Corners), Nick Doble (LB/Safeties), (O Line),

## Sophomore Team

- Head Coach – John Croyle (QB's) Jason Bell ("O" Line), Colin Beil(WR's), Brennan Dickinsen (Safeties), Joe Sherry (D Line), Cameron Hammonds (DB), Careino Gurley (ILB's),

## Varsity

- Head Coach – Mark Esch, Jason Opsal (QB's), Rodney Francois (RB's), Bryan Dammann(Y's), Ryan LaCasse(WR's), Dave Shoemaker (O line), Matt Lombardi (Safeties) Matt Mueller (D-Line), Matt Gorman (OLB), Ismail Karon (ILB's), David Boegel (DB's)
- Equipment- Dave Shoemaker
- Strength- Taylor Moon
- Tech- Steve Tuthill

# Captains



**Myles Augustyn**

**Caden Gutzmer**

**Noah Wallace**

**Colin Wickett**



**WHY?**



***WE BUILD CHAMPIONS***

- **Teach Life Skills**
- **Player Led Team**
- **Culture of Character**
- **Trust the Process**

**Our goal is to win a state championship because of what we will learn in the process.**

# Summer camps



- 10-12th grade (2 steps)
- Team Camp (\$210)
  - ◆ 2 night option
- Summer football fee (\$90)

- 9th Grade
- Summer football fee (\$195)

Registration Links:

<https://minnetonkafootball1.sportngin.com/register/form/964375797> (ALL)

<https://register.ryzer.com/camp.cfm?id=310132> (Soph to Seniors only)



Maverick Football Camps

# Important dates: Equipment Issue



**Saturday, June 6<sup>th</sup> (MHS Locker Room/Team Room) 8 am-11am**

**Equipment Issue: Lockers and locks will be issued.**

**Grade 12 – 8:00 AM**

**Grade 11 – 8:30 AM**

**Grade 10 – 9:15 AM**

**Grade 9 – 9:45 AM**

**Enter West Entrance, report to Team Room**

**Monday, June 15<sup>th</sup> (MHS Locker Room/Team Room)**

**– Make up handout ALL Grades: 6-7:30 am**

**Spirit Pack (Nike T-Shirt and Shorts) issued (\$50).**

**Write checks to Minnetonka Touchdown Club or pay in cash.**

# Helmets- Freshman Fee



**Riddell Speedflex/Vicis helmets  
\$75 fee when a player enters the program.**

**With Spirit Pack that's \$125 written out to  
Minnetonka football.**

**\*All 5-Star helmets**

**Make checks payable to:**

**Minnetonka Touchdown Club**



The SpeedFlex, features The Flex System, with flexibility engineered into the helmet's shell, face mask and face mask attachment system with hinge clips to help reduce impact force transfer to the athlete.

# Spring/Summer Strength & Speed Training



TONKA STRONG: SPRING OFF SEASON (\$55- No Annual Participation Fee Required) +

TONKA STRONG: SUMMER STRONG 2026 (\$140) +

TONKA STRONG: SUMMER STRONG 2026 Scholarship Request (\$0) +



# Summer Strength & Speed Training



MINNETONKA  
PUBLIC SCHOOLS

ACADEMICS

ACTIVITIES

DISTRICT

SCHOOLS



ENROLL



SHORTCUTS



MY SSO

LET

## DISTRICTWIDE

- Celebration of Excellence
- Celebration of Service
- Community Education
- La Copa Minnetonka
- Parenting with Purpose
- Tonka Green
- Tonka Serves
- Winter Concerts

## ELEMENTARY SCHOOL

- District Choir
- Tonka Tutoring
- Youth Enrichment
- Youth Recreation

## MIDDLE SCHOOL

- Activities - MME
- Activities - MMW

## HIGH SCHOOL ATHLETICS

- Calendars
- Contact
- Facilities
- Registration
- Sports
- Sports Update
- Tickets

## HIGH SCHOOL ACTIVITIES

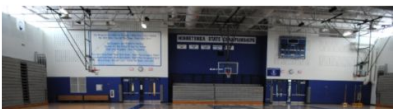
- Clubs & Enrichments
- Contact Us
- MHS Fall Activities Fair
- Minnetonka Choir
- Minnetonka Band
- Minnetonka Legacy Project
- Minnetonka Orchestra
- Minnetonka Theatre
- Rec Sports
- Registration
- Student Government



MINNETONKA SKIPPER  
ATHLETICS

Minnetonka Pu

## Facilities



# Summer Strength & Speed Training



## Minnetonka Athletics & Activities

[Home Page](#)

**[Catalog](#)**

[Contact Us](#)

[Forms](#)

[Sports Physicals](#)

[Scholarships](#)

[Sports Packets](#)

### SmartSchoolK12 Apps



### Websites



### Annual Participation Fees

Minnetonka Schools provide a vast array of sports, clubs and activities. Listed below you will find a catalog of all of our Activity offerings for high school and middle school students. Please keep in mind that some activities require that you pay the "Annual Participation Fee" before you pay the actual Activity fee. The "Annual Participation Fee" for High School is \$75 and for the Middle School it is \$50. You will find these fees listed below in the catalog.

# Summer Workouts and Calendar



## Summer strength/speed workouts:

Juniors and Seniors: 9-10:30 am (start on upper turf)

Sophomores: 7:30-9am (start on upper turf)

Freshmen: 7:30-9am (start in Pagel weight room)

**Use the summer calendar link from the website!**

<https://www.minnetonkafootball.org/>

The calendar was also sent via email.

# Registration for Summer Practices/Activities



**All summer activities are optional.**

**9<sup>th</sup> grade:** Summer 9th grade practice registration \$195

**10<sup>th</sup>-12<sup>th</sup> grade:**

Mankato football camp- **Two step process**

\$210 registration on Maverick site

\$90 registration at our website

*Scholarships are available!*

# Forms and Fees – July Email



Registration for the Fall Season:

**Begins mid July!**

Football Activity & Annual Participation

Fee: \$200 + \$75 transportation fee

Registration Process:

Online- Minnetonka Activities

Forms Required:

**Sports Physical**, Eligibility Form, Emergency Card

# 2026 Football Physical



- ✓ **Go to:** [minnetonkaschools.org](https://minnetonkaschools.org)
- ✓ Click on the SSO option (not sure if the parent has to have a separate login than their student to access this)
- ✓ Click on Student Skyward option
- ✓ Click on the Health Info option on the left side
- ✓ Choose Physical
- ✓ Once in the Physical page, all the dates will show with likely the latest physical date on top. To make sure they are cleared for sports participation, please click on the blue icon next to the date of the physical which will note whether they are cleared.

**VERY IMPORTANT TO NOTE ABOUT THE SPORTS CLEARANCE: If a player's physical will expire at any time during the football season (August 17 – November 30, 2026) then our registration system WILL NOT allow them to register for football until they supply the activities office with an updated sports physical clearance form.**

# Do you have a need?



- ✓ **We have people who are ready to help out.**
  - **Do you need cleats**
  - **Compression gear**
  - **Gloves**
  - **Etc.**
  - **Never let lack of finances keep you from joining us!**

# Freshmen - Friday Night Lights - Class of 2030



## FUTURE SKIPPERS CALLING ALL 8<sup>TH</sup> GRADERS

READY TO PLAY  
MINNETONKA  
HIGH SCHOOL FOOTBALL?  
JOIN US AND...

- MEET NEW FRIENDS AND TEAMMATES
- WORK WITH VARSITY COACHES & PLAYERS
- COMPETE FOR YOUR COMMUNITY



WE BUILD CHAMPIONS

## MINNETONKA FOOTBALL PRESENTS 8<sup>TH</sup> GRADE FRIDAY NIGHT LIGHTS FOOTBALL EVENT

AT THE STADIUM  
WEDNESDAY, MAY 13  
7-8PM

### PLUS...

- Meet high school coaches & players
- Make new friends before 9th grade
- Get a FREE Tonka Football t-shirt
- Play ball and chill with friends under the lights



FREE PIZZA & TONKA FOOTBALL T-SHIRT!



# Injuries



- Hopefully they don't occur.
- Toughness with common sense
- We contract through Allina health.
- Parents make decisions on where the athlete goes, but we recommend Allina.
- Our team doctor is Dr. Fader

Our Athletic Trainer:

Cassie Arrington

cassandra.arrington@allina.com

**RYAN R. FADER, M.D.**  
BOARD CERTIFIED ORTHOPEDIC SURGEON  
Specializing in Hip, Knee, Shoulder, Sports Medicine

Our Practice Practice Expertise Patient Resources Educational Resources Media Appo

Meet  
**Dr. Ryan Fader**

- Orthopedic Surgeon and Sports Medicine Specialist
- Fellowship trained at the prestigious Hospital for Special Surgery
- Specializing in Hip Arthroscopy and Hip and Knee Sports Injuries
- Extensive Experience as a Team Physician

[View Profile](#)

**2024**

**OUTSTANDING  
ATHLETIC  
TRAINER  
RECOGNITION  
AWARD**

Cassie Arrington, LAT, ATC  
Allina Health Orthopedics



[HEALTH](#) [PERFORMANCE](#) [PLANS](#) [ABOUT](#)

[SCHEDULE](#)

## WHAT WE DO

Inspired Athletx provides the personnel, services, and facilities to empower faster recovery and your best performance.

# Advice To Parents



- 1. Help your student/athlete be accountable academically and with behavior.**
- 2. Guide your athlete to our strength program.**
- 3. Be a multi-sport athlete as long as possible.**
- 4. Prepare *your child for the path, not the path for your child.***
- 5. Don't tie success on the football field to your love.**
- 6. Release your athlete to athletics.**

# Social Media Guidelines



- ★ Everything that is posted to social media or online is there forever.
- ★ You can serve a MSHSL penalty for bullying and fighting, online included.
- ★ Use the “newspaper” test before posting.
- ★ We will not give other teams stuff to hang in their locker room.
- ★ Kidding around with your friends has a fine line.
- ★ If you don’t help a situation... you hurt it.

**In short, make good choices, and stand up for good.**

**Be the sheepdog and not the wolf.**

# Final Checklist



- ✓ Summer football sign-up... 9th grade
- ✓ Mankato football camp and summer football registration (10-12 only) - register by May 15 if possible.
- ✓ Summer Weight Training (school registration site)
- ✓ Set a calendar reminder for equipment handout (June 7)
- ✓ Fall football sign up (reminder this opens in July)
- ✓ No workouts or team activities June 28-July 6th or Juneteenth (June 19th)
- ✓ Fees at equipment handout \$50 for 10-12 spirit pack. 9th grade= \$50 for spirit pack and \$75 helmet fee total \$120
- ✓ All checks go to Minnetonka Touchdown Club
- ✓ Plan to sell salt and help with delivery.

# Minnetonka Touchdown Club



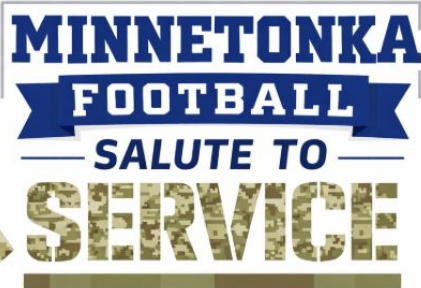
IT TAKES A TEAM OFF THE FIELD, TO SUPPORT ONE ON THE FIELD...

## Mission Statement:

As parents and community members with a common love of football, we provide and recruit support for Minnetonka football and foster community through football and related activities in order to enhance the experience of football and advance the program's exceptional culture and values.



# Minnetonka Touchdown Club



# Minnetonka Touchdown Club



## We provide resources to assist with:

1. Equipment
2. Uniforms
3. Incremental Coaching Staff
4. Training
5. Team Building
6. Team Meals
7. Facilities

**Enhance the Game Day Experience!**



## Get Involved.....Donate your time & resources

1. Salt Sales - 2x per year
2. Sponsorship
  - Scoreboard / Game Day Program
  - Team Meals
3. Apparel
4. Concessions
5. Gold Cards
6. Golf Tournament
7. Support Minnetonka TD Club



**MINNETONKA FOOTBALL'S**  
**SALT SALE**  
**GOING ON NOW**

\*MINIMUM ORDER OF 5 BAGS. DELIVERS OUTSIDE OF MINNETONKA SUBJECT TO RESTRICTIONS.

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PLACE YOUR ORDER BY SCANNING THE QR CODE OR VISIT: [minnetonkafootball.org](http://minnetonkafootball.org)

NEXT SALE: JULY '26

# Minnetonka Touchdown Club



**Freshman / Sophomore Parents you are the future...**

**Get Involved...Donate your time and work towards a leadership role:**

1. Assistant to the Treasurer
2. Apparel/Merchandise
3. Future President / Vice President
4. Golf Committee
5. Website/Communications
6. Tackle Cancer
7. Salute to Service
8. Grade Representatives (All Grades)

**Many Hands Makes For Light Work**



# Support the Minnetonka Touchdown Club Today!



## TOUCHDOWN CLUB MEMBERSHIPS

REGISTER VIA [SPORTSENGINE](https://www.sportsengine.com) @ [MINNETONKAFOOTBALL.ORG](https://www.minnetonkafootball.org)

MEMBERSHIP BENEFITS	SKIPPER \$50 - \$150	VARSITY \$250	LETTERMAN \$500	MVP \$1000	COACH'S CLUB \$5000
 <b>CAR DECAL &amp; HOME GAME PROGRAM RECOGNITION</b>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
 <b>\$15 COUPON FOR TONKA MERCH AT HOME GAMES</b>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
 <b>2 SEASON TICKETS FOR HOME GAMES</b>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
 <b>RESERVED PARKING PASSES FOR HOME GAMES</b>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
 <b>JOIN THE TEAM ON THE SIDELINE &amp; HALFTIME MEETING - 1 HOME GAME (MUST BE 18+)</b>					<input checked="" type="checkbox"/>

WE BUILD CHAMPIONS

All Donations Are Tax Deductible

# Touchdown Club Registration Needed



**Please register for the  
Minnetonka Touchdown Club  
TODAY!**

**-Communication  
-Support with your Time or  
Resources**

**Please scan the QR Code to  
register today.**

**Minnetonka Football Touchdown  
Club Registration 2026**



# Touchdown Club Golf Committee



## ***Why Golf?***

**Laid Back & Fun** - no stress, no pressure.

**Great way to get involved** - make an impact!

**No Egos, Just Teamwork** - we are all here to support our players & have some fun doing it!

**Ideas & Collaboration Welcome!** - Got a fresh idea? Awesome, we want it!

**Contact: Jake Vogel @ [jakemvogel@gmail.com](mailto:jakemvogel@gmail.com)**

# Breakout session- 10-12th grade



**9th grade is dismissed to the forum.**

**Varsity Head Coach:**

**Mark Esch-** [mark.esch@minnetonkaschools.org](mailto:mark.esch@minnetonkaschools.org)

**Sophomore Head Coach:**

**John Croyle-** [john.croyle@minnetonkaschools.org](mailto:john.croyle@minnetonkaschools.org)

# Stay Connected. Remind.

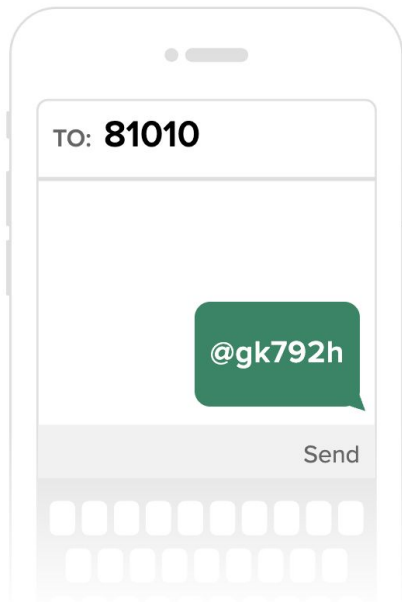


## Rising Seniors

Tell people to text @gk792h to the number 81010

They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @gk792h to (415) 799-2512.

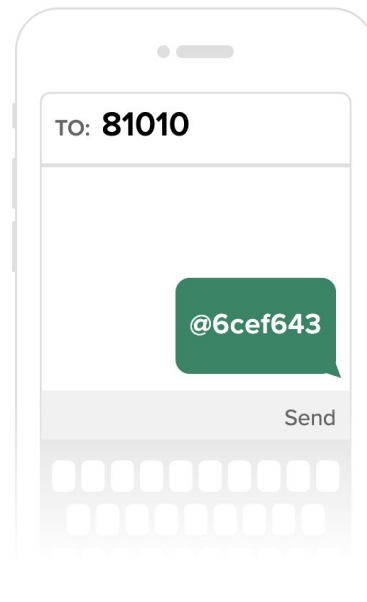


## Rising Juniors

Tell people to text @6cef643 to the number 81010

They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @6cef643 to (415) 799-2512.



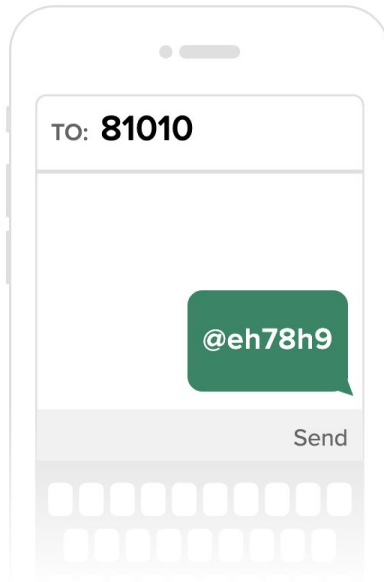
# Stay Connected. Remind. (Rising Sophomores)



Tell people to text @eh78h9 to the number 81010

They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @eh78h9 to (415) 799-2512.



# Summer camps



- 10-12th grade (2 steps)
- Team Camp (\$210)
- Summer football fee (\$90)



Maverick Football Camps

**Check the Sophomore/Varsity schedule for practice dates/times!**

**Varsity practices:**

**June 15-18th**

**Depart for camp Sunday June 21st and return Tuesday the 23rd**



## Maverick Football Camps

### Team Camps

As the 2026 football season rapidly approaches we would like to assist you in building champions on and off the field. The Maverick multi-state team camp is a great tool to assist in this process. In a 2-Day schedule we will provide 3 opportunities to practice/scrimmage on our NFL grade grass practice fields. Camp will also include individual sessions led by the Maverick coaching staff, competitive drills and situations. Individual team meeting space is available. Take your team to the next level with the Mavs!

June 21st - 23rd

Participant Cost: \$210 / Player  
Team Deposit: \$1,100 / Team  
(Non Refundable)  
2-Day Option Cost: \$185 / Player  
Deposit Due by April 1, 2026 to secure your spot

[REGISTER](#)

June 28th - 30th

Participant Cost: \$210 / Player  
Team Deposit: \$1,100 / Team  
(Non Refundable)  
2-Day Option Cost: \$185 / Player  
Deposit Due by April 1, 2026 to secure your spot

[REGISTER](#)

Location: Blakeslee Football Practice Fields

Residential Campers:

- Team are responsible for their own meals Sunday.
- Includes lodging, meals (breakfast, lunch, dinner), film, and a camp gift

Team Camp Participants Should Bring:

- Helmet
- Shoulder Pads
- Practice Jersey
- Practice Pants

## What should I bring to camp?

- ✓ Bed linens, sheets or sleeping bag, pillow
- ✓ Towel for showering
- ✓ Extra snacks
- ✓ Extra drinks
- ✓ A small amount of spending money
- ✓ Toothbrush, toothpaste, etc.

If you need a scholarship for team camp fill out the form ASAP!

# Summer Calendar



## June 2026

Minnetonka Varsity Football – We Build Champions.

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1</b>	<b>2</b> walk through 7 am-offense	<b>3</b> walk through 7 am-defense	<b>4</b> walk through 7 am-offense	<b>5</b> walk through 7 am -defense	<b>6</b> Equipment handout 8-11 am
<b>7</b> Potential 7v7 at MSU	<b>8</b> Workouts this week TBD	<b>9</b>	<b>10</b> Last Day of School!	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> Practice 7:30-9 lift 9:15 am meetings and film 10-noon Practice	<b>16</b> Practice 7:30-9 lift 9:15 am meetings and film 10-noon Practice  12:45-1:45 Walk thru	<b>17</b> Practice 7:00-7:45 am meetings and film 8:00-10:00 Practice	<b>18</b> Practice 7:30-9 lift 9:15 am meetings and film 10-noon Practice	<b>19</b> Juneteenth no contact day.	<b>20</b>
<b>21</b> Team Camp Depart from the High School 1 pm	<b>22</b> Team Camp	<b>23</b> Team Camp Return approx 5 pm.	<b>24</b>  Recovery at 9:45 Optional	<b>25</b>  Summer workouts Grades 9-12 (7:30-9 for grades 9-10) (9-10:30 AM for grades 11-12)	<b>26</b>  10:30 Weights only	<b>27</b>

# Summer Calendar



## July 2026

Minnetonka Varsity Football – We Build Champions.

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<b>June 28</b> MSHSL "No Contact" Period	<b>June 29</b> Summer workouts Grades 9-12 (7:30-10:30 AM)  7v7 10:30-11:30	<b>June 30</b>	<b>July 1</b> Summer workouts Grades 9-12 (7:30-10:30 AM)  7v7 10:30-11:30	<b>July 2</b> Summer workouts Grades 9-12 (7:30-10:30 AM)  7v7 10:30-11:30	<b>July 3</b>	<b>July 4</b> MSHSL "No Contact" Period
<b>5</b> MSHSL "No Contact" Period	<b>6</b> MSHSL "No Contact" Period	<b>7</b> MSHSL "No Contact" Period	<b>8</b> MSHSL "No Contact" Period	<b>9</b> MSHSL "No Contact" Period	<b>10</b> MSHSL "No Contact" Period	<b>11</b> MSHSL "No Contact" Period
<b>12</b>	<b>13</b> Summer workouts Grades 9-12 (7:30-10:30 AM)  7v7 10:30-11:30	<b>14</b>	<b>15</b> Summer workouts Grades 9-12 (7:30-10:30 AM)	<b>16</b> Summer workouts Grades 9-12 (7:30-10:30 AM)  Host 7 v 7 at Minnetonka	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> Summer workouts Grades 9-12 (7:30-10:30 AM)  TD Club Golf tournament	<b>21</b>	<b>22</b> Summer workouts Grades 9-12 (7:30-10:30 AM)	<b>23</b> Summer workouts Grades 9-12 (7:30-10:30 AM)	<b>24</b>	<b>25</b> Salt sale delivery

# Summer Calendar



## August 2026

Minnetonka Varsity Football – We Build Champions

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	<b>August 3</b> Workouts 9-10:30  Developmental and Youth camp 4-8 pm	<b>4</b>  Developmental and Youth camp 4-8 pm	<b>5</b> Workouts 9-10:30  Developmental and Youth camp 4-8 pm	<b>6</b> Workouts 9-10:30	<b>7</b>	<b>8</b>
9	<b>10</b> Workouts 9-10:30	<b>11</b>  PAC meeting- HS cafeteria 6:30-7:30 (tentative)	<b>12</b> Workouts 9-10:30	<b>13</b> Workouts 9-10:30	<b>14</b>	<b>15</b>
16	<b>17</b> Equipment handout 6:45 am (for those that have not received theirs) 8:00-8:20 Team Meeting 8:30-8:50 "O" & "D" Meetings 9:00-11:00 Practice #1 11:30-11:45 Punt meeting 5 pm team meeting 5:15 pm O and D meetings 6-8 pm Practice #2	<b>18</b> 8:00-8:10 Team meeting 8:15-8:45 Meetings 9-11:00 Practice #3 11:15-noon Lunch room-12:15 Kickoff Meeting 12:30-1:30 Walk thru 2:00-2:40 LIFT 2:30 Pro 3 solutions	<b>19</b> 8:00-8:20 Gold Card meeting 8:30-8:50 "O" & "D" Meetings 9:00-11:00 Practice #1 11:30-11:45 KOR  5:00 Team meeting 5:15 pm O and D meetings 6-7:30 pm Practice #2	<b>20</b> 7:00-7:40 LIFT  8:00-8:30 Meetings 8:45-10:45 Practice #6  11:00-11:45 Lunch 11:45-12:00 XP FG 12:15-1:00 Walk thru  <b>Pictures- 2:00 pm</b>  <b>5:15-9:00 TFA weigh-ins. Player volunteers needed. Pizza provided.</b>	<b>21</b> 8:00-8:30 Men of Character 8:30-50 Meetings  9-11 Practice #7 11:30- Punt return meeting  3:00 Damman 3:15 O and D meetings 4:00-6:00 Practice #8	<b>22</b>  Mom's and Coffee 9 am?
23	<b>24</b> 7 am walk thru of meeting  3pm team meeting 3:15 O/D Meetings 4-6pm practice	<b>25</b> Gold Card Blitz day  2:15-3:00 LIFT  3pm team meeting 3:15 O/D Meetings 4-6pm practice  Gold card turn in 6:30.	<b>26</b> 7 am walk thru or meeting    <b>Kickoff Night</b> TFA on the field 4 pm <b>Scrimmage – 7:00-8:30PM</b> <b>Social – 8:30-9:30 PM</b>	<b>27</b> 7:00-7:45am - LIFT *8:00-8:10 Team Meeting 3 minutes with Jocko 8:15-50 O and D Meetings 9:00-11:00 Practice #13 11:00-11:45 Lunch 11:45- Noon KOR  12:15-1:15 Walk thru  1:30 LB/WVR- Chick-a-fila- Meet at Chick-a-fila	<b>28</b> 8:00-8:15 Team Meeting 8:15-8:35 O and D Meetings 9:00-11:00 Practice #14  11:00-11:30 lunch 11:45-noon Punt Return meeting  12:30 Lift  DB-OL- Food	<b>29</b>  <b>8-12 Scrimmage at Maple Grove</b>
30	<b>31</b> 2 pm Strength Train 2:45 Team meeting 3:00 Position meetings 3:30-5:30 pm Practice Pre-game walk through if needed.	<b>Sept 1</b> <b>Teacher Workshop</b> 1:45-2:30 LIFT 2:45-3:05 "O" & "D" Meetings 3:20-5:20 Practice	<b>Sept 2</b> <b>Teacher Workshop</b> 2:45-3:25 lift 3:30 meetings 3:45-5:00 Practice Team meal to follow	<b>Sept 3</b> <b>Teacher Workshop</b> 8:30 am walk through  <b>7:00 PM</b> <b>Varsity at East Ridge</b>	<b>Sept 4</b> 10 am film  <b>4:30 pm JV Game</b>	<b>5</b>  No Practice- Off

# Contact Information

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