

**Walker Youth Hockey  
(WYH)Association**

**COVID-19 Prevention, Preparedness, and Response Plan**

The purpose of this plan is to outline the steps WYH is planning to take to reduce the risk of exposure to COVID-19. This plan describes what protective measures and cleaning and disinfecting procedures will take place. This plan also describes the steps that will be taken if someone contracts COVID-19.

We have developed this plan to be implemented at our facility and throughout our practices, games, and tournaments, taking into consideration CDC, Minnesota Department of Health, and Minnesota Hockey Return to Plan guidelines at any given time.

If at any time any participant, parent, or coach experiences signs or symptoms of COVID-19 (that cannot be explained by another existing medical condition), as described below, you report this immediately to \_\_\_\_\_ . Call your healthcare provider right away and do NOT come to the rink.

- **Coughing**
- **Shortness of breath or difficulty breathing**
- **Fever**
- **Chills**
- **Fatigue**
- **Congestion or runny nose**
- **Muscle pain or body aches**
- **Sore throat**
- **Headache**
- **Nausea or vomiting**
- **Diarrhea**
- **New loss of taste or sense of smell**
- **Any new symptoms as listed by the CDC website**

**Basic Rules/Regulations**

Participation is at your own risk.

**EVERYONE entering the WACC is required to wear a mask the whole time you are in the facility, except for players when they have their helmet on.**

Players, coaches, volunteers, and spectators are expected to understand and follow the rules set forth in this document.

Team attendance log will be used for contact tracing and is the responsibility of each Head Coach.

Do not arrive any earlier than 15 minutes before the start of your scheduled ice time and leave the rink/grounds immediately (no more than 5 minutes) following the completion of your ice time.

Volunteers and spectators are expected to maintain social distancing – stay 6 feet apart – before, after, and during practices and games.

Only two people will be allowed in the scorer/announcer's box. The two people in the box will be responsible for the clock, scorebook and penalty boxes. Masks must be worn.

Resurfacing of the ice will only take place at the conclusion of the game; no resurfacing between periods.

Players/parents are required to inform the WYH COVID-19 Coordinator, and their team manager if a player has tested positive or been directly exposed to someone that has tested positive so appropriate actions can be taken.

## **WACC**

The WACC doors will be clearly marked as ENTRY & EXIT.

One-way traffic will be used throughout the rink wherever possible.

Water fountains will not be allowed to be used for drinking.

Bathrooms in the Lobby will be available; please maintain social distancing as best as possible.

## **Check-In & Spectator Guidelines**

**Spectators for practice:** One parent/spectator is allowed per player at practice. Spectators for practice do not need to check-in/screen prior to practice or games.

**Spectators for games:** Only two spectators/parents per player will be allowed for each game. Siblings will be allowed but encouraged to stay home

## **Locker Rooms**

Locker rooms will be available at the WACC.

For practices/games, the following standard policies apply:

- A coach/monitor **MUST** be present in the locker rooms to ensure the players are wearing masks & socially distant.
- Teams must keep a record of where each player sat while utilizing the locker rooms
- If Walker hosts another team, we are responsible as the home team to ensure the visiting team locker rooms have been sanitized following use.
- The WYH has measured and marked each locker room, spacing players 6 feet apart.
- Teams will be assigned locker rooms based on their roster.
- Teams will be able to access their locker rooms no more than 15 minutes before their scheduled ice time. Teams will be required to depart the locker rooms no more than 15 minutes upon completing their game/practice.

Please note: The locker room policy is **subject to change at any time.**

## **Concessions**

At this time, there will be no concessions available.

## **Positive COVID-19/Symptoms**

If a player, coach, volunteer, or spectator has been recently tested for COVID-19 due to symptoms or exposure and is pending COVID-19 results, they must notify the COVID-19 Coordinator and their coaches or team manager/age rep and refrain from attending or participating in any ice sessions, dry land sessions or team activities.

If at any time a player, coach, volunteer, or spectator shows signs or symptoms of COVID-19 while attending or participating in a practice, game, etc., they must notify coaches or team manager/age rep immediately and go to the isolation room. The parents/guardians will be contacted immediately and must pick up their child within 30 minutes. They should then call the Sanford Health COVID-19 hotline at 218-333-5000 for a nurse screening. Upon screening, if a COVID-19 test is suggested, the player, coach, volunteer, or spectator should refrain from attending or participating in practices, games, etc., until they have received their test results.

If any family member is ill with COVID-19, the coach/volunteer/player/spectator of that household must also refrain from attending or participating in practices, games, etc., or from visiting the rink.

If a participant has recently tested positive for COVID-19, they must consult with the WYH COVID-19 Coordinator. They may consider returning to practices, games, etc., under the following CDC Guidelines and upon contact with the COVID-19 coordinator. They must know all cases are different and decisions will be case by case:

- At least 10 days have passed since symptoms first appeared **AND**
- At least 24 hours have passed since last fever without the use of fever-reducing medications **AND**
- Symptoms (e.g., cough, shortness of breath) have improved

If WYH learns of any positive COVID-19 case in a player, coach or volunteer, WYH will consider the risk of person-to-person transmission, environment, and other factors, and will alert appropriate persons as needed.

Confidentiality will be maintained to the extent practical

### **Rule of Three**

WYH will work with a “Rule of 3” approach when positive COVID-19 tests are reported:

- Individual Team
  - 1<sup>st</sup> player/coach with a positive test must quarantine for 14 days
  - 2<sup>nd</sup> player/coach with a positive test must quarantine for 14 days
  - 3<sup>rd</sup> player/coach with a positive test results in a 14-day **team** quarantine (no team functions allowed during this time)
- All Association
  - 1<sup>st</sup> team with 3 positive COVID-19 tests must quarantine for 14 days
  - 2<sup>nd</sup> team with 3 positive COVID-19 tests must quarantine for 14 days
  - After a 3<sup>rd</sup> team has 3 positive COVID-19 tests, the Board of Directors will determine the best action based on guidelines established by Minnesota Hockey, USA Hockey, District 16, CDC, and MDH, including the possibility of canceling all team functions for 14 days.

**Fee/Refund Policy** If the hockey season is canceled, WYH members are still responsible for all non-recoverable expenses that accrued up to the date of cancellation. Depending on date of cancellation, members will receive a prorated refund based on the amount of ice and operational costs incurred.

Thank you to all of our coaches, volunteers, parents, spectators, and players for understanding and helping to make the Walker Youth Hockey rink the safest it can be during these difficult times.