

PRESS RELEASE

DATE: Tuesday, February 6, 2024

TO: Twin City media outlets

FROM: Phil Kuemmel, Activities Director, Park High School

RE.: National Letter of Intent Signing Day

February 7th is the first day of the regular signing period for students to sign a National Letter of Intent to participate in inter-collegiate athletics next year. Park High School will have four student-athletes signing on this day.

Riley Lindgren has committed to play soccer at Dakota Wesleyan University. Riley was a two-year letter winner in soccer. He missed his junior season due to an injury but started every game of his senior year. Lindgren help lead the Wolfpack to a fourth-place finish in the state tournament.





Baseball player **Sam Nienow** will commit to play at the University of South Carolina-Lancaster. Sam will be a two-year letter winner and starter in baseball. He hit .300 as a junior while playing great defense at the catcher position. The Wolfpack will rely on Nienow's leadership behind the plate this coming season.

Amber Norgaard will sign to swim at the University of Mary. Amber was a section swimmer for all six years on the Wolfpack team, finishing in eighth place in two events her senior season. She earned both All-Conference (three times) and Honorable Mention honors throughout her career. Norgaard was a captain her senior season and earned All-American Academic honors.



The mission of the Park High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their activities, school, and community.



Three-sport standout **Tori Stepka** has committed to run track at the University of Mary. Tori is a two-time letter winner in track and received All-Conference honors in the 800m aftering finishing in fifth place last year. She is number four on the Park all-time honor roll in that event with a time of 2:22 and is a captain for this upcoming season. Stepka also participated in soccer and hockey for the Wolfpack.

There will be a brief signing ceremony at Park on Wednesday, February 7, 2024. The ceremony will begin at 3:15 and will take place in the school's lecture hall. Each coach will speak about their student, the athletes will say a few words and then will sign their National Letter of Intent. The parents will host a small reception following the ceremony. The public is welcome to join us in honoring these student-athletes as they take the next step to continuing their athletic careers.

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