

# HOMEWOOD AT HOME ACTIVITY



**Week Four**  
**Obstacle Course**

## STEP 1

The start of this activity doesn't involve a ball but you'll need to grab a piece of paper, a pencil, and your imagination...Begin by making a "dot" anywhere on the paper and label it "START."

## STEP 2

Next, you'll need to draw 6-12 shapes or random objects anywhere on the page. You can draw them in a pattern or make them random. You get to decide where everything goes. After that, make another dot anywhere on the page and label it "FINISH."

## STEP 3

Now gather the same number of objects in real life that you've drawn on your paper and place them in your yard or driveway in the same way you drew them. Be sure to make your START and FINISH as well!

## STEP 4

You've now made an obstacle course! You get to decide how and in what order you'd like to dribble around the course you've made. See how fast and how many different ways you can complete it!

**SHOW US YOUR SKILLS BY POSTING ON SOCIAL MEDIA WITH THE #HWDPRIDE OR SEND IN YOUR VIDEOS TO MASON COOK AT MASONCOOK@HOMEWOODSOCCER.COM**