

HYA Soccer 2020

HYA Covid-19 Protocols and Expectations

Updated 10/24/20

Do not participate if you say “yes” to any of the following screening questions:

- **Have you had close contact with someone who is suspected or confirmed to have COVID-19 in the prior 14 days?**
- **Has anyone in your household had close contact with someone who is suspected or confirmed to have COVID-19 in the prior 14 days?**

New Hampshire’s quarantine requirements after close contact to COVID-19 and the Safer at Home guidance for amateur & youth sports. A negative test result does **NOT** allow for removal from quarantine in NH. A test only reflects the day it was taken. Someone who has been exposed to COVID-19 can develop illness and test positive anytime during the 14-day quarantine period, so individuals on quarantine must complete the full 14-day quarantine even if they have a negative test in the meantime.

To clarify, HYA Soccer has added that: NO HOUSEHOLD MEMBER OF SOMEONE WHO HAS BEEN EXPOSED TO COVID-19 can participate in HYA Soccer until the 14 day quarantine is complete. For example: One child in the home is exposed to someone at school or a parent is exposed to a work colleague...NOONE from this household can participate in HYA Soccer.

(Note: healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer “no” because they are not considered to have a COVID19 exposure)

- **Do you have any symptoms of COVID-19 or fever of 100.4 degrees Fahrenheit or higher?**

Symptoms of COVID-19 can include:

- Fever, or feeling feverish;
- Respiratory symptoms such as runny nose, nasal congestion, sore throat, cough, or shortness of breath;
- General body symptoms such as muscle aches, chills, and severe fatigue;
- Gastrointestinal symptoms such as nausea, vomiting, or diarrhea, and
- Changes in a person’s sense of taste or smell.

- **Have you traveled in the prior 14 days outside of New Hampshire, Vermont, Maine, Massachusetts, Connecticut, or Rhode Island for non-essential purposes?**