

Addison Adult Hockey League

Rules, Regulations and Registration Handbook

(The League reserves the right to make any determination with regard to any rule or situation or to change/and or amend the Rules and Regulations, at its sole discretion without prior notice)

The Addison Ice Adult Hockey League is a **NON-Checking, NON-fighting** hockey league, designed to be a fun, safe and competitive program for players and hockey officials in a recreational environment. All games are played under USA Hockey rules and AHAI amendments, which can be found at www.usahockey.com.

It is expected that all participants in the Addison Adult Hockey League program exhibit good sportsmanship, which includes, but is not limited to respect for the officials, teammates, opponents, scorekeepers, the facility and the game! Addison Ice practices and adheres to all USA Hockey "Zero Tolerance" rules for abuse and misconduct.

LEAGUE:

1. ALL players must sign a waiver form. A copy of each player's waiver needs to be turned into the men's league coordinator at Addison Ice before the first game. Without this, a player cannot be rostered.
2. Each team is allotted up to 25 players on their roster, which includes goalies.
3. ALL players must be 18 years of age.
4. Each Captain must submit a roster for their team before the first game. If any updates or changes are made, a new roster must be submitted right away. All rosters will be frozen and final by **June 1st, 2024**.
5. The Team Captains are solely responsible to make sure all of his/her players are on the official roster and have the required USA Hockey member registration. Any violations will result in an automatic suspension, and possibly a permanent one. The Team Captain is the only one allowed to speak with referees. Any inappropriate behavior will result in a penalty.
6. USA Hockey "Zero Tolerance" Rules must be abided by, followed and respected by all players, officials and spectators.
7. Teams that have less than 5 rostered skaters at the beginning of a game will receive a forfeit.
8. All players must sign in at the front desk on the score sheet before each game.
9. Addison Ice League coordinator will establish the schedule for the season. Teams must play at the time, place and date specified.
10. The Summer Session will start April 1st, 2024 and conclude around August 15th, 2024
11. Each team will play 15 regular season games plus at least 1 playoff game.
12. The team that wins the championship in their division will receive \$100.00 off for the 2024/25 fall-winter session. Teams that win the summer session will not be eligible for the \$100.00 early bird discount for the 2024/25 fall-winter session.

TEAM FEES:

1. The team fee for the summer 2024 Season is **\$2,950.00** per team, with the first payment of \$1,000.00 due by **March 25th, 2024**. To qualify for the ***Early Bird Special* and a \$100 discount**, team fee packets are due and the season fee must be **PAID IN FULL (\$2,950.00) no later than March 18th, 2024**.
2. Any team not able to pay their fees in full must follow the team payment structure of:
 - **Payment 1 of \$1,000.00 due by March 25th, 2024**
 - **Payment 2 of \$1,000.00 due by May 1st, 2024**
 - **Payment 3 of \$950.00 due June 1st, 2024**
3. **TEAM FEE TERMS:** When a team selects the team fee option of 3 payments, each payment amount noted, must be paid on or before that date. The team captain determines who is on the team and how much each player pays. Team fees are offered, assuming that the team has made the full 1st payment of \$1,000.00 by the due date of March 25th, 2024. **The team captain** is responsible for collecting all payments from its players and turning in the **ONE payment** for each Payment on or before the above scheduled dates. **NO individual player payment plans or partial payments are allowed with in a team fee payment structure.** If payments are not received in total by the payment structure dates above, the delinquent team will not be allowed to play and will have their scheduled games considered a forfeit until all monies due are met by the plan above with no makeup opportunities. No Refunds.

RULES & REGULATIONS:

Addison Ice League coordinator will establish the schedule for the season. Teams must play at the time, place and date specified.

1. **Periods:**

Games will consist of Three 15-Minute stop time periods. If a team is winning by 5 or more goals in the third period, the contest will then go to running time. The clock will only be stopped at that time due to an injury. The teams will receive a one (1) minute break in between periods before the next period starts. The ref may request a longer break between periods to a maximum of three (3) minutes.
2. **Off-Sides and Icing:**

We will use the far blue line for icing and there will be no off-sides for two line passes. We will use delayed off-sides; if the puck is dumped in and off-side, as long as the respective teams players come out of the zone without touching the puck, they may re-enter the offensive zone “on-side” only after their last player comes out.
3. **Penalties:**

Minor Penalties are 2:00 minutes and major penalties are 5:00. All game misconducts will result in a one (1) game suspension, the second misconduct will result in a three (3) game suspension, and the third misconduct will result in a minimum five (5) game suspension. The league director has the right to suspend any player or team at any time during the season. A game in progress will be immediately forfeited if a team reaches team

total of 15 penalties. If a player receives a total of 5 penalties in a single game, he will be ejected from the game.

4. **Fighting and Abuse of Officials:**

Fighting is not permitted in any form in adult leagues at Addison Ice Arena. The rules regarding fighting are outlined below.

- 1) 1st offense: Game misconduct plus a minimum three game suspension.
- 2) 2nd offense: Game misconduct plus a minimum four game suspension.
- 3) Third Man in: Game misconduct plus an automatic two game suspension.
- 4) Instigator: If a player is determined to be an instigator additional games may be added on top of the suspension guidelines listed above.

If you are ejected from a game, you must get dressed and leave the rink immediately. You will no longer be able to stay and watch the remaining time left in the game, nor will you be allowed to hang out in the locker room during or after the game.

5. **Number of Players:**

Rosters may have a maximum of 25 total players. All subs must be on the roster. Teams must have five (5) skaters and one (1) goalie to play. We will allow a 5 minute delay of the game start to wait for any late arriving players. If after warm ups and the five minute waiting period a team is still short, they will forfeit the game and the score will be recorded as a 1-0 victory for the opposing team.

6. **Goaltenders:**

In the event that a team does not have a goaltender present at the start of the game, an emergency goalie may be used. A team may play without a goalie as long as they have at least 6 skaters.

7. **Equipment:**

Full equipment is required. Helmets without face masks are allowed but we urge all players to wear a face mask.

8. **Uniforms:**

All teams must have their own team jerseys. All players must carry an opposite color jersey (light or dark). Each member of the team should have their own number to wear for the entire season. Players without a number will not be able to participate in the contest.

9. **Zamboni:**

All players must remain off the ice until the Zamboni is off the ice and the Zamboni doors are closed. Any violation of this rule will be an automatic two minute delay of game penalty and your team will start down a man on the opening face-off.

10. **Score sheets:**

All players must check in at the front desk before the game and sign the score sheet. If a team is caught forging a signature of another player that team will automatically be marked as a forfeit.

11. **Tied Game:**

If a game is tied at the end of regulation during a regular season game, there will be one, five (5) minute, 4v4 overtime. If, after the five minute over time the game still remains tied, the game will proceed with a 3 person per team shoot out. If the game still remains tied at that point each team must pick a new player to shoot and will continue into sudden death.

Tied Game Playoffs:

If a game is tied at the end of a during a playoff game, there will be a five (5) minute overtime. If, after the five minute over time the game still remains tied, the game will proceed with a 3 person per team shoot out. If the game still remains tied at that point each team must pick a new player to shoot and will continue into sudden death.

12. Tie Breakers:

In the event of a tie heading into the playoffs, we will have five (5) different types of tie breakers to decide who will enter the playoffs.

- 1) Most overall wins. (includes shootout and overtime wins)
- 2) Head to head, wins vs. losses.
- 3) Head to head, goal Differential.
- 4) Overall goal differential.
- 5) Coin Flip

13. Points Structure:

A team will receive two (2) points for a regulation win and zero (0) for a regulation loss. If the game is tied after regulation both teams will earn one (1) point. The team that wins in overtime or the shootout will get the extra point and earn a total of two (2) points for the victory.

Division Structure:

1. D1

Addison Ice adult D1 league is comparable to a high end B League. A lot of our competitors have played college, Jr., and high end youth AAA/AA hockey. It is our most competitive league and has a typically high pace at all times.

2. D2

Addison Ice D2 league is comparable to a B2 league. You will still get a lot of high end college, Jr., AAA/AA players but the pace is just a little bit below our D1 league.

3. D3

Addison Ice D3 league is comparable to a C league. Good fast pace with a lot of players coming from a hockey background of ACHA DII, High School, and AA.

4. D4

Addison Ice D4 league is comparable to a C2 league. This is our good paced recreational league with players that have some hockey experience at many different levels. It's a great league to get started in if you don't have an idea of where you should fit in with the other three divisions we have here.

Addison Ice Arena Adult Hockey League Terms and Agreement Form

Summer 2024 Addison Ice Adult Hockey League

- ☐ **As a team captain,** I attest that I have read all the rules, regulations, and fee terms that have been laid out in this Addison Ice Adult Hockey League Handbook, and that all the players rostered on my team have received a copy and read it in its entirety.
- ☐ **As an individual house team player,** I attest that I have read all the rules, regulations, and fee terms that have been laid out in this Addison Ice Adult Hockey League Handbook in its entirety.

Name (Printed)

Team Name (Printed)

Signature

Date