



# ALL STATE DANCE INFORMATION

## DIVISIONS

### All-State Solos:

Soloists will be divided into their respective Pom Divisions (**D1, D2, D3, D4, D5, D6**) by region, based on their schools' open division for the **first round of competition**.

Northern and Southern qualifiers will then compete against each other in the live competition at State in La Crosse to form the All-State Team in their respective divisions.

### Varsity Duets & Trios:

Duets and Trios will compete together unless **30 or more submissions** are received.

If there are **30 or more submissions**, they will be divided into **D1, D2, and D3** based on their schools' open division.

### Varsity Ensembles:

Ensembles will compete together unless **30 or more submissions** are received.

If there are **30 or more submissions**, they will be divided into **D1, D2, and D3** based on their schools' open division.

## DEADLINES

The preliminary round for All-State Dance is by video submission only. The final round will be performed live at WACPC State Dance Championships at the LaCrosse Center on Jan 31- Feb 1st.

Registration closes December 20, 2024 • Video submission deadline January 3, 2025

**Videos should be submitted using this [Google Form](#).**

Late submissions will not be accepted

## ROUTINE REQUIREMENTS

The following should be demonstrated within a routine to music, in any style of choice:

- Routines are limited to a maximum length of 1:30 and must follow NFHS and WACPC rules
- Choreography should highlight elite skills and intricate movements specific to the style chosen.
- The choreography should include unique and original movements, showcasing the dancer's personality and the music's style.
- The routine should be continuous and highlight technical skills, transitions, and creative choreography.



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## SUBMISSION INSTRUCTIONS

**Step 1:** Coach needs to login into or create their own YouTube account.

**Step 2:** Upload individual routines to YouTube account. Label each routine with the athlete (s) first & last name(s) & division. Once the video is uploaded, go back and watch the video to verify that it plays correctly with music. All videos must be set as public or unlisted. Please do not upload the video as private. EX: Sammy Smith, All State Tumbling OR Sarah Jones, All State Dance

**Step 3:** Access the Google form for the appropriate division

**Step 4:** Fill out the Google form for each registered entry. Paste the link for the YouTube routine in the appropriate box.

**Step 5:** Submit a separate Google form for each registered entry. If forms are submitted with more than one video link they will not be accepted.

**Step 6:** Check for confirmation email & copy of the form response

Review the form and click on the link in the submission to verify that the appropriate routine is submitted with the correct athlete(s). If confirmation email is not received, form submission was not successful. Please check the junk/spam mailbox to be certain a response was not received. If a confirmation email was not received please contact [danceinfo@wacpc.com](mailto:danceinfo@wacpc.com)

### Recording Tips & Tricks:

Record videos in mp4 or mov format.

Videos should be taken in a quiet area with an appropriate background. (ex. a solid color wall).

[How to upload a YouTube video](#)

## JUDGING

- Routines will be judged alphabetically by first name
- Results of all virtual events will be announced at their respective Regional events.
- Scoresheets will be given to coaches in their team folder after awards
- If the coach and dancer(s) cannot be in attendance for the awards ceremony please email [danceallstate@wacpc.com](mailto:danceallstate@wacpc.com) to request a virtual copy & to coordinate pick up of awards if applicable.