

SQUIRT/10U, PEEWEE/12U, BANTAM

2018 TROJAN PRESEASON HOCKEY CAMP

New this Year! Optional dryland training available before/after ice on Saturdays

ICE TIMES		1st Year Squirts	2nd Year Squirts/10U	PeeWee/12U	Bantam		
9-8-18	Saturday	11:20-12:35	12:45-2:00	2:10-3:25	3:35-4:50		
9-9-18	Sunday	11:00-12:15	12:25-1:40	1:50-3:05	3:15-4:30		
9-13-18	Thursday	5:40-6:30	6:40-7:30	7:40-8:30	8:40-9:30		
9-15-18	Saturday	11:20-12:35	12:45-2:00	2:10-3:25	3:35-4:50		
9-16-18	Sunday	11:00-12:15	12:25-1:40	1:50-3:05	3:15-4:30		
9-18-18	Tuesday	6:10-6:50	7:00-7:40	7:50-8:30	8:40-9:20		
9-20-18	Thursday	5:40-6:30	6:40-7:30	7:40-8:30	8:40-9:30		
9-23-18	Sunday	11:00-12:15	12:25-1:40	1:50-3:05	3:15-4:30		
9-24-18	Monday	5:40-6:30	6:40-7:30	7:40-8:30	8:40-9:30		
9-27-18	Thursday	5:40-6:30	6:40-7:30	7:40-8:30	8:40-9:30		
9-29-18	Saturday	1:40-2:55	3:05-4:20	4:30-5:45	5:55-7:10		
9-30-18	Sunday	1:20-2:35	2:45-4:00	4:10-5:25	5:35-6:50		
10-3-18	Wednesday	6:00-6:50	7:00-7:50	8:00-8:50	9:00-9:50		

OPTIONAL DRYLAND TIMES

9-8-18	Saturday	12:45-2:00	11:20-12:35	3:35-4:50	2:10-3:25
9-15-18	Saturday	12:45-2:00	11:20-12:35	3:35-4:50	2:10-3:25
9-29-18	Saturday	3:05-4:20	1:40-2:55	5:55-7:10	4:30-5:45

CAMP LEADERS

These former hockey players and coaches will get your player up to speed before tryouts!

Seth Ambroz

New Prague native, four year starter at the University of Minnesota, drafted in the fifth round (#128 overall) of the 2011 NHL draft by the Columbus Blue Jackets.

Tamarah Cassidy

A former professional skater, created "Condition Skate", and has trained youth, collegiate, and professional hockey players.

John Harrington

Four year starter at the University of Minnesota—Duluth, member of the 1980 Gold Medal Olympic Team, credited with an assist on the game -winning goal against the USSR in the "Miracle on Ice", current Minnesota State head women's hockey coach.

Chris Harrington

Four year starter at the University of Minnesota, one of five players to appear in all 45 games for Minnesota's 2002-03 National Championship team, currently ranks #9 in career points scored as a defenseman at the U of M.

Jimmy Kilpatrick

New Prague native, four year starter at Colorado College, played professionally in the USHL, ECHL, AHL, and Europe.

Josh Winter

Former Minnetonka HS and Gustavus Adolphus College hockey player, current lead instructor for Impact Hockey specializing in Power Skating.

<u>Professional Staff from xHockey Products Training Facility</u>

Two professional instructors from xHockey will be leading the instruction every Saturday.

Current New Prague High School Boys and Girls Coaches

2018-19 Tryout Dates October 4, 6, 7, 8

Questions?

Contact: Brad Breeggemann
Phone: 612-600-3658
E-mail: brad.breeggemann@gmail.com

Get a head start on the competition by getting a sneak peek at the tryout drills.

Wednesday October 3 — "Tryout Preview"

CAMP DETAILS

NPHA preseason camp is set up to get your son/ daughter on the ice with fellow NPHA players and prepare for the upcoming season.

Ice Time

Each session will include a session focus, including skating, stickhandling/shooting and small area games.

<u>Skating</u>

No matter how good your youth player is they need to continue working on skating and stride development. Fall is a great time to review and work on fundamental skating skills.

Stickhandling/Shooting

Develop stick handling, passing, and shooting skills that will give your player the confidence needed to start the season off on the right foot!

Small Area Games

Small area games focus on 1 v 1 battle skills, playing in a small area with quick puck transitions and fast decision making skills needed by today's players.

You Must Register and Pay Online!

www.NewPragueHockey.com

Registration Fee:

- \$220 if registered by 9/1
- \$250 after 9/1
- \$30 discount per family for multiple players
- Goalies...come and play for <u>FREE</u> (must still register online)

Optional Dryland Training:

- Additional Cost: \$30
- Limited to the first 20 players at each level to register