

Frozen 4 on 4 Tournament Rules & Details

Event Details:

- Each team will be scheduled to play a minimum of four cross-ice games on **March 7th-8th** at **Leisure Rinks**.
- Teams are registered in five divisions based on skill level: Rec Bronze, Rec, Intermediate, Women's Only, and Over 50.
- All players must sign the tournament waiver before playing.
- The division champions will receive a Champions Prize.
- Tournament Director: Matt Boehringer matt@holidayrinks.com (716)675-8992

Tournament Rules:

- **NEW THIS YEAR:** Teams will now use goalies as one of their players.
- Minimum number of players on a team is 6, with the maximum being 8 (includes Goalie). Teams must have 4 players at the start of each game.
- All players must wear a helmet. Full equipment is advised but not required.
- Players may only play on one team per division in the tournament.
- Teams will wear matching jerseys chosen by their captains at registration.
- Fighting is prohibited. Any player that fights will be ejected from the tournament with no replacement. No refunds will be given out.

Game Rules:

- Teams need to be ready to play at their designated start time; if a team does not have four (4) players ready to play, they will be penalized 1 goal for every 2 minutes the game starts late.
- There is no offside or icing.
- One referee will be present for each game and penalties will be enforced. Any minor penalty called will result in a goal for the non-offending team plus a change in puck possession.
- There will be no slap shots. If the stick comes above the knee in a slap shot motion, it will be deemed a slap shot and will result in a goal for the non-offending team and change in puck possession.



- Making contact with the puck using your stick above the waist will result in a change in possession.
- There will be a center ice face-off to start the game and the second half. Otherwise, teams will be required to wait on their side of the ice for goals and penalties. Defensive teams can engage the offensive team once the play starts moving up ice. The offensive team must move the puck up the ice at the referee's command (whistle).
- *Mercy Rule: If a team has a lead of 8 or more, the opposing team may elect to use five skaters. This additional skater can play until the score is within 4 goals.*

Tournament Format:

- This tournament is a 4 on 4 (three skaters, one goalie) four cross ice game round robin with finals.
- Divisions will be divided by skill level. Each division is based off a Holiday and Leisure Rinks clinic/league. Each team will play four round robin games within their group.
- Teams receive the following points per game result:
 - Regulation Win = 3 points
 - Overtime Win = 2 points
 - Overtime Loss = 1 point
 - Regulation Loss = 0 points
- Tie breakers: Points, Head to Head Record, Fewest Goals Against, Goal Differential.
- All games are approximately 22 minutes in length, consisting of two 11 minute run-time halves with a two minute warm-up before each game and a two minute half-time.
- Round robin games that end in a tie will result in a 3-minute run time overtime period. The team that scores the most goals during that period wins. If still tied, there will be an additional sudden death overtime where the first team to score wins.
- The tournament director reserves the right to make any changes regarding tournament rules, format, etc. for the overall good of the event.
- *If the tournament director determines that an illegal player has participated in the tournament, the player(s) will be immediately removed from the tournament. Any team using the ineligible player(s) will receive a 0-5 forfeit loss in each of the games played with the illegal player(s). Illegal players are any participants that have not been registered on the official team rosters, or have been approved to play.*

Tournament Rules Last Updated 12/9/2025

