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**PAL Jr. Islanders-NCDC Team**

**Fact Sheet-NCDC Team:**

* The United States Premier Hockey League (USPHL) is proud to announce the launch of the National Collegiate Development Conference, (NCDC) which is a unique, tuition-free Junior hockey division geared toward Division I collegiate development/placement and beyond
* Fully supported by NHL Organization, the New York Islanders
* Member of the USPHL consisting of the top Junior Programs in the Northeast
* We are committed to the overall development of the student athlete, a cornerstone of our philosophy and continued success
* We pursue the dedicated player who aspires to advance their hockey development through hard work, competitiveness, and fair play
* Our high tempo, skills based practices, game situation preparation, video analysis and our in house strength, conditioning and nutrition program tailored for the needs of each player, makes our program second to none
* Our athletes are challenged to pursue excellence in the classroom and are encouraged to develop into socially responsible and respected citizens who will seek a quality education as a result of a balanced training program

**NCDC Coaching and Support Staff:**

* Director of Midgets/ Juniors- Ron Kinnear
* Manager of Midgets/ Juniors- Anthony Bernardo
* GM of Midgets – Bob Thornton
* Head Coach- Eric Conway
* Assistant Coach- Chris Stemke
* Player Development Coach – Rob Scuderi

**What is Included: NCDC Team:**

* 5 – Full Ice Practices per week, one & half hour each. The team will be based out of the Rinx
* 5 – Off Ice Training sessions per week, under the direction of Jon DiFlorio/Institute 3E
* Approximately 50 NCDC games, plus attending 6 USPHL Showcases
* 28 weeks of in season
* NHL Team Locker Room
* Approximately 160 hours on ice practice time & 80 hours off ice training
* Full equipment package for players & sticks
* Team meals while on the road
* Bus Transportation for all away trips over two hours
* All league, game, showcases & referee fees
* Free Tuition

**Open Tryouts Dates: Interested in playing on our NCDC teams? These sessions will serve as tryouts for both teams.**

* All tryouts being held at the Northwell Heath Ice Center, East Meadow, NY
* Please register prior to tryouts, Walk-in cost for the tryout is $225
* Cost $200.00, please make checks payable to: Pride in Athletics for Life, mail to: PAL Jr. Islanders, c/o Simone Delorenzo, 660 Terry Road, Hauppauge, NY 11788
* Payment can be submitted by credit card online. (Link will be provided at the end of the registration.)
* Tryout dates: April 28 & 29, 2018, please visit [www.paljrislanders.com](http://www.paljrislanders.com); to register for the tryouts, final details for the Tryouts will be posted in early April. Please arrive by 9:00am on April 28th for sign in and Pre-Tryout talk by the Coaching Staff.

**Contracts for 2018-19 season may be offered at any time during the tryouts**

**Spring/Summer Programs:**

* The PAL Jr. Islanders will be attending 2 Showcases: USPHL Spring Showcase/May 11-13 at the NESC, Marlboro, MA and the USPHL Summer Showcase/July 13-15 at the NESC, Marlboro, MA
* Players will be selected to attend these showcases. Players are to find their own transportation and make their own hotel reservations. Teams will be coached by the NCDC Coaching staff.

For more information, please feel free to go to www.paljrislanders.com; or feel free to reach out to Ron Kinnear at [ronkinn@icloud.com](mailto:ronkinn@icloud.com); Anthony Bernardo at [abernardo7@icloud.com](mailto:abernardo7@icloud.com); or Eric Conway at [eric.conway@newyorkislanders.com](mailto:eric.conway@newyorkislanders.com).