

Girls LNHS Mega Meet

Records

100m Dash Laura Roesler Fargo South 12.07 2010 **200m Dash** Laura Roesler Fargo South 24.84 2010 **400m Dash** Laura Roesler Fargo South 54.75 2010 **800m Run** Laura Roesler Fargo South 2:11.62 2006 **1600m Run** Claire Flanagan Blake 5:02.90 2012 **3200m Run** Emma Benner Forest Lake 10:54.70 2015 **100m HH** Michaela Preachuk Lakeville North 15.25 2015 **300m LH** McKenzie Mehlich Fargo South 45.51 2005

4X100m Relay Kayla Steeves, Leah Hansen, Molly Hottman, Bergen Butala Mounds View 49.39 2007

4x200m Relay Alex Citrowske, Haley Kemper, Sami Kemper, Paige Kuplic Prior Lake 1:46.03 2012

4X400m Relay Kelsey Bethke, Emily Toninato, Missy Shelendich, Leah Hansen Mounds View 4:01.86 2009

4X800m Relay Sydney Paulson, Maria Kalkman, Isabelle Brezinka, Taylor Krone Anoka 9:29.01 2016

Long Jump McKenzie Mehlich Fargo South 18-1.25 2005 **Triple Jump** Abby Jungwirth Forest Lake 37-00.25 2016 **Shot Put** Amanda Mohs Fargo South 42-5.5 2007 **Discus** Jessica Cagle Grand Rapids 153-2 2009 **High Jump** Niamya Holloway Eden Prairie 5-8 2022 **Pole Vault** Katie Murgic Rosemount 11-0 2010 Mikayla Johnson North Branch 11-0 2016

Boys LNHS Mega Meet Records

100m Dash Devin Crawford-Tufts Edina 10.77 2010 **200m Dash** Jonathan Webb Minnehaha Academy 21.95 2015 **400m Dash** Jerrell Hancock Anoka 49.39 2007 **800m Run** Justin Hyytinen Farmington 1:55.99 2015 **1600m Run** Justin Hyytinen Farmington 4:18.08 2015 **3200m Run** Ben Blankenship Stillwater 9:15.46 2007 **110m HH** Zach Vraa Rosemount 14.65 2010 **300m IH** Sam Lundquist Minnehaha Academy 39.18 2015

4X100m Relay Andrew Anderson, Austin Eliason, Alon Dungy, Christian Willman Rosemount 43.23 2009

4x200m Relay Anoka 1:30.32 2009

4X400m Relay Maple Grove 3:25.04 2012

4X800m Relay Christian Leonard, Tyler Hudson, Jacob Heyne, Lucas Trapp Elk River 8:07.16 2016

Long Jump Tommy McNamara Mounds View 23-4 2007 **Triple Jump** Christopher Udalla Elk River 45-07 2016 **Shot Put** Logan Hussung Farmington 55-10.5 2010 **Discus** Tyler Kubler Eden Prairie 161-10 2010 **High Jump** Derek Jerde Chaska 6-5 2009 **Pole Vault** Jacob Wolter Lakeville North 14-6 2008 Kyle Meyer Lakeville North 14-6 2016 Alex Torp New Prague 14-6 2016

*Niamya Holloway set the high jump record last year in 2022!