



Issaquah Lacrosse – Parent/Guardian Code of Conduct

Youth and high school sports should be fun. Parents, guardians, fans, and coaches play an important role in creating a positive experience. Negative actions, whether verbal or nonverbal, can have a lasting emotional impact and drive children away from sports. The Issaquah Lacrosse Club (ILC) believes that character and ethics in sports are rooted in sportsmanship the following core values: **Trustworthiness, Respect, Responsibility, Fairness, and Citizenship**. As a parent or guardian of an ILC player, your behavior reflects on you, your child, the team, and the club.

By having an athlete participate in Issaquah Lacrosse, I agree with the following:

Respect and Support

- I will support coaches by allowing them to coach during games and practices. I will not instruct players from the sidelines or confront coaches publicly. Any concerns will be discussed calmly and privately at an agreed-upon time.
- I will promote my child's emotional and physical well-being over any desire to win.
- I (and my guests) will model sportsmanship by showing respect and courtesy to all players, coaches, officials, and spectators.
- I will encourage my child to play by the rules and resolve conflicts respectfully.
- I will praise effort, improvement, and fair play — not just outcomes.

Conduct and Self-Control

- I (and my guests) will not engage in unsportsmanlike conduct such as booing, taunting, or using profanity or gestures.
- I will maintain self-control and demonstrate positive behavior at all ILC games, practices, and events.
- I will never use foul or harassing language or behavior toward anyone. Any such actions may result in immediate removal from an event.

Substance Use and Safety

- I will never possess or use drugs or weapons at ILC activities, and I will refrain from the excessive use of alcohol or tobacco.
- I will inform coaches of any illness, injury, or physical limitation that may affect my child's safety or that of others.

Social Media

- I will not post negative, demeaning, or harassing comments on social media about anyone associated with ILC.
- If I see concerning content involving an Issaquah player, coach, or club member, I will notify my child's coach or the ILC Board immediately.
- I understand I am accountable for my child's online behavior and will ensure they use social media responsibly.

Violations of the Code of Conduct may subject the Parent/Guardian to disciplinary actions that could include one or more of the following:

- Verbal warning by Head Coach and/or Issaquah Lacrosse Board
- Written Warning
- Parental Game suspension with written documentation of incident kept on file by Issaquah Lacrosse Board.
- Parental Season suspension
- Parental Suspension from all future Issaquah Lacrosse Games (Home or Away), Practices and Events

All Parents/Guardians are required to abide by and are subject to this Code of Conduct. I understand that by electronically registering my athlete for Issaquah Lacrosse Club, I am acknowledging that I have read, understand, and agree to abide by this Code of Conduct.