

MAPLE GROVE SENIOR HIGH WRESTLING

HARD WORK Isn't For Everybody, Neither is SUCCESS



FREESTYLE WRESTLING CLINIC

featuring **Drew Roberts** and **Jake Allar**

Iron sharpens Iron...

Drew Roberts is a sophomore wrestler at the University of Minnesota. He is a 2024 NCAA qualifier and a 3-time state champion in three different states (Idaho, Washington, and Oregon).

Jake Allar is head coach at Grynd Wrestling. He was an NCAA qualifier for the University of Minnesota, a 2-time Minnesota state champion, a USAW Fargo freestyle and Greco national champion, and a UWW Greco world team member.

The camp will expose participants to freestyle wrestling techniques and skills that continue to build upon the fundamentals established during the folkstyle season, stressing the importance of positioning and pressure. The program is designed for experienced wrestlers that are looking for offseason opportunities to broaden their repertoire!

WORK BECOMES RESULTS

Program Information

Where	Maple Grove Senior High Wrestling Room
Who	Experienced Wrestlers (1st - 12th Grade)
When	Tuesday, April 2nd + Thursday, April 4th Tuesday, April 9th + Thursday, April 11th Tuesday, April 16th + Wednesday, April 17th Tuesday, April 23rd + Thursday, April 25th Tuesday, April 30th + Thursday, May 2nd <i>No problem if you have some conflicts.</i>
Time	7pm - 8:30pm
Fee	\$75
Registration	www.MGWrestlingClub.com
Questions	Contact Troy Seubert Email: mgwrestling99@gmail.com Cell: 763-913-0601

This program is promoted in coordination with the Maple Grove Wrestling Club. If you are interested in learning more, visit:

MGWrestlingClub@gmail.com

or follow us at

www.MGWrestlingClub.com



Maple Grove Wrestling Club



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* Note: If there are not enough participants, the clinic may be canceled