

BEACH FAQ

Q: What is the difference between the beach performance program and the beach team?

A: **Performance Training**- You do NOT need a partner to join this program. Focuses on the game of beach doubles and training is more large group with high repetitions. Players will intermix with each other during any game play or competition drills. Cost includes training and beach tank, no tournament entry fees or coaching at tournaments. This program is for players of all levels.

Beach Team- This program DOES require you to have a partner. This program is geared toward training the beach doubles game and will eventually focus more on specific and individual team strategy. Costs includes uniform four tournament entry fees including the two Epic Hosted events, plus two additional events at North Beach. Coaching at those selected events is included in the fee. Players in this program are also allowed to attend practices with the performance program sessions if they want more touches. They do not have to attend that practice as a team. This program is intended for national level indoor player or players with previous beach experience.

Q: What if I miss a practice for the beach team and can I make them up?

- A: We understand that it's summer and families have many things going on. If you miss a practice, that is totally fine, there are no consequences besides just missing the reps for that day. We have the days scheduled throughout the summer, and it is up to you and your partner to decide what it is you can commit to making.
- A: If you or your partner cannot make a beach team practice, you are welcome to join as a team or an individual to a Performance Practice.

Q: Can I attend a beach team practice if I cannot make a High Performance practice if I signed up for the High Performance Program?

A: No- this program is specific to beach team players only and want to keep the practice group size down.

Q: What if I can't make all the tournaments that are included in the beach team schedule?

A: Not a problem. Again, teams are not required to attend any tournaments they cannot make, they are just simply included in your team fee.

Q: Can we get a prorated amount or partial refund if I can't make all the practices and tournaments?

A: No, we feel the programs are appropriately priced, even if you can only make a portion of the practices. It's up to you to manage your summer schedule to be at as many as you can.

Q: Where do you practice?

A: All practices will be held at North Beach in Racine.

Q: If I don't have a partner, can I still sign up for the beach team?

A: We prefer you have a partner to sign up for this program since the majority of the training will be more "team" specific. We will keep all partners together when doing drills. You can always sign up for the performance training program which doesn't require a partner.

Q: Will you guys find me a partner if I don't have one for a tournament?

A: We can suggest players we think may be a good fit, but ultimately it is up to you to meet new people and find someone who will agree to play with you.

Q: What times and days do you practice?

A: Practice times are posted on our website. Click <u>HERE</u> to see the schedule by scrolling all the way to the bottom.

Q: I'm on the beach team and my partner can't play in one of the included tournaments. Can I get a replacement?

A: Yes you may find another partner to replace the one who cannot be there as long as you both have an Epic Beach uniform.

Q: What if the weather is bad, will we still have practice?

A: We will do our best to monitor the weather before practice and get out an announcement if it is going to be canceled at least an hour ahead. If there is some rain but no lightning, plan on practice NOT being cancel. Our main goal is to keep everyone safe.

Q: How do I know which program is best for me?

A: If you are looking to train with one partner all summer and compete in tournaments, the beach team may be the best option for you. Players who are thinking about pursuing beach in their future or really want to improve for their indoor seasons will benefit from this program.

A: If you want to learn the game of beach doubles and don't have a specific partner you are playing with, you may want to consider the performance training program. We will still train high level beach doubles, but it will be geared on the skills and strategy of the game instead of team specific strategy. If you are not planning on playing in many beach doubles tournaments but still want to train a couple times a week, this program will suit you best.

Q: How do I register for one of the programs?

A: You can register for either program by clicking HERE