

## **WILSON CREW CODE OF CONDUCT 2019-2020**

Rowing for Wilson Crew is a privilege and a responsibility. Rowers are representatives of Wilson Crew, Wilson High School, DC Public Schools, and their community. When a student accepts the responsibility of competing for Wilson Crew, he/she must live up to a code of conduct beyond that of the average high school student.

As a prerequisite for participation with Wilson Crew, rowers and parents are expected to sign a statement that acknowledges the higher standard of behavior and commits the rower to follow this Wilson Crew Code of Conduct and established team rules and policies.

Wilson Crew athletes will represent Wilson Crew, Wilson High School, DC Public Schools, and their community at all times while participating on the team. Rowers are expected to follow the rules and policies outlined in the Wilson High School Athletic Handbook, the Wilson High School Student Handbook, and any other rules and policies established by the District of Columbia Public Schools (DCPS) system regardless of where the team function or activity is being held. Rowers acknowledge that they will be held to higher standards than that of the average high school student and may be expected to follow guidelines above those of other students.

### **TEAM RULES**

Rowers are required to comply with team policies, procedures, and instructions of the coaching staff.

Rowers are required to display good citizenship and sportsmanship in connection with their participation on the team. Coaches have the authority to discipline a rower for failure to comply with rules and procedures, for displaying poor citizenship or sportsmanship, or when the rower's safety or the safety of others requires such actions.

When significant disciplinary action is warranted (long-term suspension or removal) the Head Coach, in consultation with the Wilson High School Athletic Department and the Wilson High School Administration, determines the appropriate action. Permanent removal from the team may occur only after the Head Coach's consultation with the Wilson High School Athletic Department and the Wilson High School Administration.

During trips, rowers are required to understand that failure to comply with all instructions and rules of behavior imposed by coaches and other adult leaders on the trip may result in immediate dismissal from the trip as well as additional punishment. Any return travel expenses and other costs incurred as a result of dismissal will be paid directly by the rower.

In connection with participation with Wilson Crew, rowers agree to comply with all laws, rules and regulations that are applicable to them. Rowers must understand that they, and their parents/guardians, are responsible for all consequences of any negative behaviors.

Rowers agree to comply with the rules and instructions of any transportation carriers on which they travel and of any hotels or other lodging facilities at which lodging may be provided in connection with Wilson Crew trips.

The use and/or possession of alcohol, drugs, tobacco, nicotine products, and/or dangerous weapons are prohibited during any Wilson Crew function or activity, regardless where such function or activity is held. In addition, the use of performance enhancing drugs is prohibited as defined by US Rowing.

## **MANDATORY PRACTICE and REGATTA PARTICIPATION**

All rowers are required to attend all practices and regattas, unless notified otherwise by their coach. Rowers should plan their schedule around crew practice times. Rowers should contact their coach as soon as they know they will miss a practice. Rowers must follow all attendance policies as outlined by their coaches. If you will be unavailable to participate in a regatta for any reason yo coach immediately. Excessive missed practices or missed regattas can negatively impact the team’s ability to participate in a race and may lead to a rower’s suspension or removal from the team. Rowers may get sick and/or injured during the year and are expected to communicate directly with their coaches on their ability to participate in a practice or race. If parents have concerns about the severity of an illness or injury, they may of course confer with coaches.

## **PROCEDURES**

If a rower violates this Wilson Crew Code of Conduct the following procedures will be implemented:

1. The rower’s parents/guardians will be notified.
2. A meeting may occur with the rower, rower’s parents/guardian, member(s) of the coaching staff, and the Head Coach to discuss the violation. A member of the Wilson High School Athletic Department or the Wilson High School Administration may attend the meeting if necessary.
3. If a rower is found to have violated any part of this Code of Conduct, the Head Coach, in consultation with the Wilson High School Athletic Department or the Wilson High School Administration, reserves the right to determine and enforce the appropriate disciplinary action (including, but not limited to: loss of racing privileges, suspension from the team, expulsion from the team, or other consequences identified as necessary).

## RESPONSIBILITY

### **STUDENT ATHLETE:**

I WILL CONDUCT MYSELF IN A MANNER RESPECTING THE FACILITIES, OTHER ROWERS, AND THE COACHING AND ADMINISTRATIVE STAFF OF WILSON CREW.

I HAVE READ, UNDERSTAND AND AGREE TO ABIDE BY THE ABOVE GUIDELINES AND RULES. I ALSO AGREE TO ACCEPT ANY CONSEQUENCES FOR FAILURE TO ABIDE BY THESE GUIDELINES AND RULES.

I UNDERSTAND, AND AGREE, THAT ROWING FOR WILSON CREW REQUIRES ME TO LIVE UP TO A CODE OF CONDUCT BEYOND THAT OF THE AVERAGE HIGH SCHOOL STUDENT.

**SIGNATURE (STUDENT):** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**PRINT NAME:** \_\_\_\_\_

### **PARENT(S)/GUARDIAN(S):**

IN CONSIDERATION OF WILSON CREW PROVIDING A SCHOLASTIC ROWING PROGRAM AND ALLOWING THE STUDENT TO PARTICIPATE THEREIN, THE UNDERSIGNED PARENT(S) OR GUARDIAN(S) HEREBY CONFIRM THEIR ACCEPTANCE OF THIS CODE OF CONDUCT AND AGREE THAT EACH PROVISION HEREOF SHALL APPLY TO THEM BOTH IN THEIR INDIVIDUAL CAPACITY AND IN THEIR CAPACITY AS PARENT OR GUARDIAN OF THE STUDENT.

THE UNDERSIGNED AGREE THAT THEY SHALL BE FULLY LIABLE AND RESPONSIBLE FOR ANY LIABILITY OF THE STUDENT HEREUNDER.

**SIGNATURE (PARENT(S)/GUARDIAN(S):** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**PRINT NAME:** \_\_\_\_\_