

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

Event 1 Girls 200 Yard Medley Relay Varsity

Team	Relay	Finals Time	
1 MPGR	A	1:51.48	56
1) Thompson, Morgan 9	2) Bakker, Elizabeth 11		
3) Hetland, Madeline 10	4) Flaherty, Kaya 11		
28.71 30.99	27.25 24.53		
2 WAYZ-MN	A	1:52.08	54
1) Alberts, Emily J 10	2) Stark, Eleanor M 10		
3) Holmes, Evelyn G 10	4) Fackler, Geneva L 12		
28.48 32.40	26.72 24.48		
3 WAYZ-MN	B	1:54.80	52
1) Dai, Liya L 11	2) Weimert, Adeline L 12		
3) Kallebo, Linnea A 12	4) Huldeen, Brooke E 9		
28.86 32.45	27.81 25.68		
4 CHMP	A	1:59.27	50
1) Norsted, Sophia L 10	2) Knox, Olivia A 10		
3) Alger, Sadie M 12	4) Lachinski, Mari K 11		
28.48 33.89	30.63 26.27		
5 WAYZ-MN	C	2:00.34	48
1) Murphy, Shay A 9	2) Peng, Paris 9		
3) Fesenmaier, Effie R 10	4) Rangel, Madeleine M 9		
30.29 33.26	29.04 27.75		
6 WAYZ-MN	D	2:01.63	46
1) Thompson, Elise R 11	2) Wermerskirchen, Halle A 12		
3) Krigelski, Amelia M 12	4) Ney, June M 12		
31.00 34.58	29.30 26.75		
7 CHMP	B	2:02.21	44
1) Mayor, Elizabeth M 11	2) Mayor, Hannah G 09		
3) Whitehouse, Emily S 12	4) Deschene, Lara M 08		
29.72 34.15	31.03 27.31		
8 IRON	A	2:03.10	42
1) Otten, Abegail 11	2) Lane, Callie 11		
3) Wang, Sarah 12	4) Granlund, Addison 10		
31.21 35.03	29.89 26.97		
9 OSEO	A	2:03.61	40
1) Johnson, Lexi N 10	2) Krings, Paige A 9		
3) Letze, Natalie G 10	4) Dammann, Olivia F 8		
29.38 35.78	30.33 28.12		
10 MPGR	C	2:06.36	38
1) Buchanan, Heidi 12	2) Niedzielski, Chloe 10		
3) Peterson, Lillian 8	4) Harens, Lauren 10		
33.97 34.33	30.10 27.96		
11 MPGR	D	2:06.50	36
1) Plude, Olivia 12	2) Freese, Brigit Ann 10		
3) Hughes, Clara 9	4) Freeman, Jordin 8		
32.42 35.98	30.15 27.95		
12 CHMP	C	2:07.11	34
1) Nguyen, Sienna L 12	2) Gupta, Mira R 12		
3) Kakish, Yasmeeen 08	4) Khan, Aleah E 10		
31.70 35.94	32.06 27.41		
13 SLPK	A	2:09.29	32
1) Roseborough, Cora 10	2) Nordenstrom, Kylie 12		
3) Walcott, Alexa 11	4) Becker, Ania 9		
30.18 38.04	32.24 28.83		
14 MPGR	B	2:10.39	30
1) Johnson, Amelia 12	2) Jerabek, Paige 10		
3) Nelson, Evelyn 9	4) Menning, Molly 9		
34.72 35.53	32.72 27.42		

15 PRKC	B	2:12.10	28
1) Nathe, Jada N 11	2) Brockmann, Hailey 7		
3) Bennett, Isabella M 11	4) Brockman, Lauryn S 10		
34.18 34.46	31.26 32.20		
16 IRON	B	2:12.49	26
1) Gapinski, Peyton 10	2) Wang, Eleanor 8		
3) Harris, Eliza 11	4) Chattopadhyay, Karina 11		
31.44 38.87	33.75 28.43		
17 SLPK	B	2:15.92	24
1) Larson, Isabel 11	2) Nelson, Aubrey 9		
3) Stodola, Erin 10	4) Morales, Ashley 12		
33.68 38.95	32.73 30.56		
18 CHMP	D	2:19.55	22
1) Jacobson, Faith 10	2) von Lehe, Janessa 08		
3) Evans, Eva 08	4) Lindell, Lydia 12		
35.77 39.87	33.21 30.70		
19 OSEO	B	2:20.04	20
1) Kersting, Annalise E 9	2) Schlickbernd, Jenna E 11		
3) Mascarenas, Adriana M 7	4) Higgins, Clara C 8		
37.32 37.95	35.10 29.67		
20 SLPK	C	2:21.00	18
1) Winful, Ejay 11	2) Krotzer, Norah 11		
3) Rohrer, Addelynn 9	4) Richard, Genevieve 10		
36.31 39.82	34.42 30.45		
21 IRON	C	2:24.89	16
1) Stephens, Sophie 10	2) Picotte, Sofia 10		
3) Scheid, Caroline 12	4) Marcellus, Sofia 7		
33.53 40.19	39.40 31.77		
22 IRON	D	2:26.53	14
1) Luhman, Augustine 11	2) Kaplinger, Daphne 11		
3) Lane, Anna 9	4) Willmert, Callahan 7		
36.70 39.88	38.24 31.71		
23 OSEO	C	2:26.81	12
1) Weber, Audrey L 8	2) Lukken, Mackenzie D 8		
3) Xiong, Valerie E 12	4) Leisen, Audrey G 10		
40.00 39.56	34.36 32.89		
24 SLPK	D	2:36.18	10
1) Badzinski, Reese 7	2) Krotzer, Nikki 7		
3) Noyes, Evie 10	4) Scierka, Lauren 9		
41.84 41.21	40.01 33.12		
25 OSEO	D	2:41.48	8
1) Burgess, Sophie A 10	2) Rodriguez Torres, Gissel 12		
3) Worthington, Lydia 7	4) Shorter, Zoe 7		
39.06 50.12	37.05 35.25		
26 PRKC	C	2:50.33	6
1) Cornick, Alaina 11	2) Ball, Emerson R 10		
3) Strandquist, Olivia 11	4) Ondich, Oli 11		
43.12 44.10	47.71 35.40		

Event 2 Girls 200 Yard Freestyle Varsity

Name	YrSchool	Finals Time	
1 Troyak, Lucy W	11 WAYZ-MN	1:59.87	28
27.78 30.46	31.03 30.60		
2 Stark, Eleanor M	10 WAYZ-MN	2:00.92	27
28.31 30.39	31.21 31.01		
3 McNanley, Brynn C	10 WAYZ-MN	2:04.09	26
27.77 30.57	32.56 33.19		
4 Menning, Molly	9 MPGR	2:06.13	25
28.49 31.86	33.39 32.39		

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

(Event 2 Girls 200 Yard Freestyle Varsity)					
Name		YrSchool	Finals Time		
5	McNanley, Ava J	11 WAYZ-MN	2:06.51	24	
	28.88 31.43	33.16	33.04		
6	Sanders, Amelia H	10 CHMP	2:07.31	23	
	29.48 32.05	32.89	32.89		
7	Hughes, Clara	9 MPGR	2:10.59	22	
	30.37 33.07	34.60	32.55		
8	Buchanan, Heidi	12 MPGR	2:11.50	21	
	29.34 32.36	33.77	36.03		
9	Chattopadhyay, Karina	11 IRON	2:13.40	20	
	31.52 33.85	34.66	33.37		
10	Milsow, Anna	7 SLPK	2:13.43	19	
	30.49 34.40	34.81	33.73		
11	Smith, Kylie	08 CHMP	2:14.44	18	
	30.26 34.44	35.11	34.63		
12	Emery, Sierra S	10 CHMP	2:14.75	17	
	30.55 34.21	35.59	34.40		
13	Jacobson, Faith	10 CHMP	2:14.90	16	
	31.09 34.04	35.44	34.33		
14	Letze, Natalie G	10 OSEO	2:16.47	15	
	31.47 34.32	35.80	34.88		
15	Nelson, Sophie	9 MPGR	2:16.88	14	
	32.13 34.28	35.76	34.71		
16	Hanson, Isabel	8 IRON	2:20.93	13	
	31.98 35.30	36.98	36.67		
17	Daire, Daniella	12 IRON	2:22.09	12	
	31.87 36.42	37.41	36.39		
18	Mack, Harper	12 SLPK	2:23.18	11	
	32.83 36.44	37.14	36.77		
19	Scherer, Lauren	10 SLPK	2:24.86	10	
	33.62 35.92	37.48	37.84		
20	Love, Theresa	8 IRON	2:28.23	9	
	33.88 37.88	38.10	38.37		
21	Ketz, Sophia	10 SLPK	2:29.37	8	
	34.43 37.82	38.94	38.18		
22	Brockman, Lauryn S	10 PRKC	2:35.31	7	
	35.36 38.77	40.96	40.22		
23	Leisen, Audrey G	10 OSEO	2:36.62	6	
24	Burgess, Sophie A	10 OSEO	2:41.47	5	
	36.06 40.75	42.90	41.76		
25	Ondich, Oli	11 PRKC	2:52.65	4	
26	Mackey, Lyla M	9 OSEO	2:53.33	3	

Event 3 Girls 200 Yard IM Varsity

Name		YrSchool	Finals Time		
1	Bakker, Elizabeth	11 MPGR	2:09.42	28	
	28.31 32.11	38.36	30.64		
2	Norsted, Sophia L	10 CHMP	2:13.79	27	
	28.75 33.47	40.18	31.39		
3	Dai, Liya L	11 WAYZ-MN	2:16.67	26	
	29.39 33.16	40.89	33.23		
4	Holmes, Evelyn G	10 WAYZ-MN	2:17.71	25	
	28.72 34.38	41.99	32.62		
5	Lachinski, Mari K	11 CHMP	2:21.10	24	
	30.57 34.00	43.86	32.67		
6	Kahl, Sarah	12 MPGR	2:22.67	23	
	30.57 36.96	41.34	33.80		

7	Fesenmaier, Effie R	10 WAYZ-MN	2:24.61	22	
	30.36 36.04	44.81	33.40		
8	Krigelski, Amelia M	12 WAYZ-MN	2:26.23	21	
	30.73 36.88	45.42	33.20		
9	Krings, Paige A	9 OSEO	2:27.52	20	
	32.25 37.65	44.13	33.49		
10	Otten, Abigail	11 IRON	2:29.83	19	
	33.43 37.73	45.98	32.69		
11	Kakish, Yasmeen	08 CHMP	2:30.22	18	
	34.12 38.06	44.48	33.56		
12	Mayer, Annaliese	8 MPGR	2:30.30	17	
	33.09 39.68	42.62	34.91		
13	Brockmann, Hailey	7 PRKC	2:31.46	16	
	32.89 40.21	43.06	35.30		
14	Freese, Brigit Ann	10 MPGR	2:31.56	15	
	33.76 38.94	42.62	36.24		
15	Whitehouse, Emily S	12 CHMP	2:35.94	14	
	33.00 40.48	46.26	36.20		
16	Stephens, Sophie	10 IRON	2:37.08	13	
	35.32 39.42	46.42	35.92		
17	Stodola, Erin	10 SLPK	2:38.92	12	
	34.29 44.06	46.43	34.14		
18	Walcott, Alexa	11 SLPK	2:39.16	11	
	34.04 41.45	49.03	34.64		
19	Harris, Eliza	11 IRON	2:41.72	10	
	34.20 43.24	47.37	36.91		
20	Krotzer, Norah	11 SLPK	2:43.60	9	
	37.35 42.16	48.39	35.70		
21	Nelson, Aubrey	9 SLPK	2:45.11	8	
	37.12 43.30	45.76	38.93		
22	Picotte, Sofia	10 IRON	2:49.09	7	
	34.12 45.51	48.99	40.47		
23	Mascarenas, Adriana M	7 OSEO	2:50.21	6	
	38.15 43.27	49.48	39.31		
24	Xiong, Valerie E	12 OSEO	3:03.35	5	
	37.99 52.99	48.08	44.29		
25	Shorter, Zoe	7 OSEO	3:16.74	4	
	46.60 50.33	59.09	40.72		

Event 4 Girls 50 Yard Freestyle Varsity

Name		YrSchool	Finals Time	
1	Flaherty, Kaya	11 MPGR	24.90	28
2	Fackler, Geneva L	12 WAYZ-MN	25.35	27
3	Alberts, Emily J	10 WAYZ-MN	25.54	26
4	Huldeen, Brooke E	9 WAYZ-MN	26.25	25
5	Peng, Paris	9 WAYZ-MN	26.42	24
6	Wang, Sarah	12 IRON	26.48	23
7	Woods, Charlotte	11 MPGR	26.57	22
8	Deschene, Lara M	08 CHMP	26.99	21
9	Romaker, Addison	11 SLPK	27.19	20
10	Peterson, Lillian	8 MPGR	27.26	19
11	Granlund, Addison	10 IRON	27.36	18
12	Nguyen, Sienna L	12 CHMP	27.90	17
13	Bennett, Isabella M	11 PRKC	27.95	16
*14	Knox, Olivia A	10 CHMP	27.97	14.5
*14	Nordenstrom, Kylie	12 SLPK	27.97	14.5
16	Nathe, Jada N	11 PRKC	28.00	13
17	Gapinski, Peyton	10 IRON	28.10	12

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

(Event 4 Girls 50 Yard Freestyle Varsity)

Name	YrSchool	Finals Time
18 Freeman, Jordin	8 MPGR	28.16 11
19 Swanson, Ella G	12 CHMP	29.13 10
20 Winful, Ejay	11 SLPK	29.14 9
21 Becker, Ania	9 SLPK	29.27 8
22 Kersting, Annalise E	9 OSEO	30.07 7
23 Higgins, Clara C	8 OSEO	30.14 6
24 Burke, Aurora J	10 OSEO	30.85 5
25 Cornick, Alaina	11 PRKC	34.22 4
26 Dominguez, Mariana	11 PRKC	39.74 3
--- Dammann, Olivia F	8 OSEO	DQ

Event 5 Girls 1 mtr Diving Varsity

Name	YrSchool	Finals Score
1 Semakula, Lulu	11 IRON	426.70 28
2 Mouyenga, Ashley L	9 WAYZ-MN	417.75 27
3 Landry, Ellis	10 MPGR	407.55 26
4 Freshwater, Abigail J	11 WAYZ-MN	342.85 25
5 Ahlquist, Abegayle A	12 OSEO	314.60 24
6 Rotzenberg, Ellis	10 SLPK	309.65 23
7 York, Brynna	12 SLPK	288.60 22
8 Marlin, Julia	9 MPGR	276.45 21
9 Johnson, Mya	11 MPGR	272.70 20
10 Hagg, Hannah M	9 WAYZ-MN	267.05 19
11 Ingebritson, Heidi	9 SLPK	261.20 18
12 Forbes, Jaliena A	10 WAYZ-MN	258.15 17
13 Hettiarachchy, Kaitlyn	12 SLPK	256.50 16
14 Kowalski, Whitney	12 MPGR	251.55 15
15 Kersten, Marley	CHMP	242.30 14
16 Arias, Gabriella P	08 CHMP	202.70 13
17 Scott-Pointer, Yari	9 OSEO	182.55 12
18 Washigton, Amariana	9 PRKC	167.10 11
19 Mckenna, Marlowe	08 CHMP	132.35 10
20 Haas, Sarina	9 IRON	127.45 9
21 Schlickbernd, Leah N	7 OSEO	126.40 8
22 Moll, Britta	08 CHMP	118.20 7
23 Mogaka, Janessa	9 OSEO	90.35 6
24 Loken, Bianca	PRKC	81.45 5

Event 6 Girls 100 Yard Butterfly Varsity

Name	YrSchool	Finals Time
1 Flaherty, Kaya	11 MPGR	1:00.07 28
28.32 31.75		
2 Kallebo, Linnea A	12 WAYZ-MN	1:00.81 27
28.83 31.98		
3 Hetland, Madeline	10 MPGR	1:01.97 26
29.08 32.89		
4 Troyak, Lucy W	11 WAYZ-MN	1:01.98 25
29.27 32.71		
5 Holmes, Evelyn G	10 WAYZ-MN	1:02.20 24
28.90 33.30		
6 Krigelski, Amelia M	12 WAYZ-MN	1:04.73 23
30.41 34.32		
7 Sanders, Amelia H	10 CHMP	1:05.79 22
30.94 34.85		
8 Mayor, Elizabeth M	11 CHMP	1:07.02 21
31.89 35.13		

9 Hughes, Clara	9 MPGR	1:07.63 20
32.16 35.47		
10 Alger, Sadie M	12 CHMP	1:10.51 19
32.60 37.91		
11 Dammann, Olivia F	8 OSEO	1:10.95 18
33.62 37.33		
12 Nelson, Evelyn	9 MPGR	1:11.35 17
32.54 38.81		
13 Milsow, Anna	7 SLPK	1:11.56 16
34.36 37.20		
14 Lane, Callie	11 IRON	1:11.84 15
33.90 37.94		
15 Harris, Eliza	11 IRON	1:13.32 14
33.49 39.83		
16 Stodola, Erin	10 SLPK	1:14.12 13
35.06 39.06		
17 Romaker, Addison	11 SLPK	1:15.14 12
34.83 40.31		
18 Evans, Eva	08 CHMP	1:16.00 11
35.27 40.73		
19 Rohrer, Addelynn	9 SLPK	1:17.24 10
35.12 42.12		
20 Mascarenas, Adriana M	7 OSEO	1:22.70 9
38.64 44.06		
21 Lane, Anna	9 IRON	1:28.52 8
40.23 48.29		
22 Scheid, Caroline	12 IRON	1:30.79 7
40.71 50.08		
23 Boadu, Elizabeth S	11 OSEO	1:34.93 6
46.42 52.86		
24 Lukken, Mackenzie D	8 OSEO	1:39.28 5

Event 7 Girls 100 Yard Freestyle Varsity

Name	YrSchool	Finals Time
1 Thompson, Morgan	9 MPGR	54.94 28
26.63 28.31		
2 Alberts, Emily J	10 WAYZ-MN	55.20 27
26.69 28.51		
3 Stark, Eleanor M	10 WAYZ-MN	56.39 26
27.20 29.19		
4 Huldeen, Brooke E	9 WAYZ-MN	57.30 25
27.61 29.69		
5 Roseborough, Cora	10 SLPK	57.32 24
27.86 29.46		
6 McNanley, Ava J	11 WAYZ-MN	58.24 23
27.94 30.30		
7 Woods, Charlotte	11 MPGR	58.86 22
27.92 30.94		
8 Peterson, Lillian	8 MPGR	59.94 21
29.40 30.54		
9 Wang, Sarah	12 IRON	1:00.20 20
28.75 31.45		
10 Nordenstrom, Kylie	12 SLPK	1:00.39 19
29.34 31.05		
11 Deschene, Lara M	08 CHMP	1:00.98 18
28.41 32.57		
12 Bennett, Isabella M	11 PRKC	1:01.15 17
29.33 31.82		

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

(Event 8 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Finals Time	
20 Ketz, Sophia	10	SLPK	6:50.18	9
36.70	40.78	41.48	42.09	
42.28	42.48	42.51	41.61	
41.79	38.46			
21 Brockman, Lauryn S	10	PRKC	7:00.52	8
37.04	42.58	43.80	43.99	
42.97	43.25	43.00	42.31	
41.84	39.74			
22 Burke, Aurora J	10	OSEO	7:05.31	7
37.09	42.58	44.26	44.21	
43.35	43.14	43.94	43.29	
43.02	40.43			
23 Burgess, Sophie A	10	OSEO	7:10.55	6
36.05	41.42	44.19	44.54	
43.94	44.17	45.16	44.94	
44.38	41.76			
24 Evans, Eva	08	CHMP	7:10.91	5
37.94	43.79	44.26	44.76	
44.98	44.63	44.26	43.58	
42.71	40.00			
25 Leisen, Audrey G	10	OSEO	7:12.53	4
37.03	42.24	1:29.04	43.45	
43.40	44.83	45.50	45.26	
41.73	0.05			

Event 9 Girls 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time	
1 WAYZ-MN	A	1:43.48	56
1) Holmes, Evelyn G 10	2) Huldeen, Brooke E 9		
3) Stark, Eleanor M 10	4) Troyak, Lucy W 11		
26.04	25.95	25.57	25.92
2 MPGR	A	1:45.36	54
1) Peterson, Lillian 8	2) Woods, Charlotte 11		
3) Kahl, Sarah 12	4) Bakker, Elizabeth 11		
27.61	26.80	26.17	24.78
3 WAYZ-MN	B	1:47.27	52
1) Peng, Paris 9	2) McNanley, Ava J 11		
3) McNanley, Brynn C 10	4) Rangel, Madeleine M 9		
26.74	26.75	25.92	27.86
4 WAYZ-MN	C	1:47.46	50
1) Murphy, Olivia G 9	2) Jones, Ella R 10		
3) Ney, June M 12	4) Wermerskirchen, Halle A 12		
26.91	26.96	26.66	26.93
5 WAYZ-MN	D	1:47.47	48
1) Marks, Evelyn N 11	2) Weimert, Adeline L 12		
3) Krigelski, Amelia M 12	4) Doyle, Katelyn L 12		
26.90	27.60	26.70	26.27
6 IRON	A	1:49.77	46
1) Granlund, Addison 10	2) Otten, Abigail 11		
3) Gapinski, Peyton 10	4) Wang, Sarah 12		
27.85	27.12	28.10	26.70
7 CHMP	A	1:49.99	44
1) Deschene, Lara M 08	2) Knox, Olivia A 10		
3) Nguyen, Sienna L 12	4) Mayor, Elizabeth M 11		
27.81	28.02	27.59	26.57

8 SLPK	A	1:51.58	42
1) Romaker, Addison 11	2) Roseborough, Cora 10		
3) Becker, Ania 9	4) Milsow, Anna 7		
27.66	27.34	28.43	28.15
9 CHMP	B	1:52.06	40
1) Mayor, Hannah G 09	2) Khan, Aleah E 10		
3) Emery, Sierra S 10	4) Sanders, Amelia H 10		
28.29	28.14	28.33	27.30
10 MPGR	B	1:54.82	38
1) Freeman, Jordin 8	2) Kellner, Ally 12		
3) Cadwell, Genevieve 10	4) Plude, Olivia 12		
28.26	30.08	28.60	27.88
11 MPGR	C	1:55.20	36
1) AbuAyed, Lila 10	2) Johnson, Amelia 12		
3) Mayer, Annaliese 8	4) Freese, Brigit Ann 10		
29.26	29.68	28.53	27.73
12 MPGR	D	1:56.10	34
1) Buchanan, Heidi 12	2) Ronshaugen, Eva 11		
3) Nelson, Sophie 9	4) Harens, Lauren 10		
28.24	29.90	29.75	28.21
13 CHMP	C	1:56.94	32
1) Jacobson, Faith 10	2) Swanson, Ella G 12		
3) Smith, Kylie 08	4) Gupta, Mira R 12		
29.30	29.31	29.34	28.99
14 PRKC	B	1:57.64	30
1) Bennett, Isabella M 11	2) Nathe, Jada N 11		
3) Brockman, Lauryn S 10	4) Brockmann, Hailey 7		
28.71	27.91	32.42	28.60
15 SLPK	B	1:59.08	28
1) Winful, Ejay 11	2) Mack, Harper 12		
3) Krotzer, Norah 11	4) Nelson, Aubrey 9		
29.72	30.15	29.58	29.63
16 IRON	B	1:59.41	26
1) Hanson, Isabel 8	2) Daire, Daniella 12		
3) Stephens, Sophie 10	4) Picotte, Sofia 10		
30.29	30.05	29.68	29.39
17 OSEO	A	2:03.02	24
1) Kersting, Annalise E 9	2) Higgins, Clara C 8		
3) Burke, Aurora J 10	4) Schlickbernd, Jenna E 11		
30.42	30.33	32.72	29.55
18 IRON	C	2:04.66	22
1) Love, Theresa 8	2) Wang, Eleanor 8		
3) Scheid, Caroline 12	4) Luhman, Augustine 11		
30.57	29.92	34.21	29.96
19 CHMP	D	2:05.32	20
1) Alger, Sadie M 12	2) von Lehe, Janessa 08		
3) Evans, Eva 08	4) Lindell, Lydia 12		
29.59	31.74	32.70	31.29
20 SLPK	C	2:06.11	18
1) Morales, Ashley 12	2) Richard, Genevieve 10		
3) Ketz, Sophia 10	4) Scherer, Lauren 10		
31.35	31.41	34.56	28.79
21 IRON	D	2:09.65	16
1) Lane, Anna 9	2) Kaplinger, Daphne 11		
3) Marcellus, Sofia 7	4) Willmert, Callahan 7		
32.60	32.25	41.86	22.94

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

(Event 9 Girls 200 Yard Freestyle Relay Varsity)

Team	Relay	Finals Time		
22 SLPK	D	2:11.86	14	
1) Garcia Martos, Blanca 12	2) Scierka, Lauren 9			
3) Krotzer, Nikki 7	4) Badzinski, Reese 7			
31.05 33.54	34.23 33.04			
23 OSEO	B	2:23.56	12	
1) Weber, Audrey L 8	2) Boadu, Elizabeth S 11			
3) Sartwell, Lily J 8	4) Morgan, Gwendolyn G 7			
37.67 32.95	36.80 36.14			
24 OSEO	C	2:28.22	10	
1) Rodriguez Torres, Gissel 12	2) Worthington, Lydia 7			
3) Heyndericks, Amira A 8	4) Grayson, Amada K 7			
39.94 35.71	39.06 33.51			
25 PRKC	C	2:30.98	8	
1) Cornick, Alaina 11	2) Ball, Emerson R 10			
3) Dominguez, Mariana 11	4) Ondich, Oli 11			
38.07 39.89	37.59 35.43			
26 OSEO	D	2:41.68	6	
1) Sheridan, Audrey 7	2) Drouillard, Emma K 10			
3) Ripley, Emily J 8	4) Mackey, Evra J 7			
46.64 36.93	39.44 38.67			

Event 10 Girls 100 Yard Backstroke Varsity

Name	YrSchool	Finals Time		
1 Bakker, Elizabeth	11 MPGR	57.95	28	
28.17 29.78				
2 Fackler, Geneva L	12 WAYZ-MN	1:00.56	27	
29.12 31.44				
3 Norsted, Sophia L	10 CHMP	1:00.62	26	
29.04 31.58				
4 Dai, Liya L	11 WAYZ-MN	1:01.58	25	
29.63 31.95				
5 Thompson, Morgan	9 MPGR	1:01.63	24	
30.01 31.62				
6 Johnson, Lexi N	10 OSEO	1:04.85	23	
31.09 33.76				
7 Fesenmaier, Effie R	10 WAYZ-MN	1:04.96	22	
31.54 33.42				
8 Lachinski, Mari K	11 CHMP	1:06.52	21	
32.08 34.44				
9 Murphy, Shay A	9 WAYZ-MN	1:06.71	20	
32.45 34.26				
10 Otten, Abigail	11 IRON	1:07.79	19	
32.94 34.85				
11 Smith, Kylie	08 CHMP	1:09.00	18	
33.31 35.69				
12 Plude, Olivia	12 MPGR	1:09.10	17	
33.73 35.37				
13 Johnson, Amelia	12 MPGR	1:10.35	16	
34.25 36.10				
14 Stephens, Sophie	10 IRON	1:10.71	15	
34.64 36.07				
15 Gapinski, Peyton	10 IRON	1:10.82	14	
34.57 36.25				
16 Kakish, Yasmeen	08 CHMP	1:11.17	13	
34.28 36.89				

17 Letze, Natalie G	10 OSEO	1:11.99	12	
35.41 36.58				
18 Larson, Isabel	11 SLPK	1:12.78	11	
35.63 37.15				
19 Luhman, Augustine	11 IRON	1:18.75	10	
37.68 41.07				
20 Krotzer, Nikki	7 SLPK	1:19.95	9	
39.14 40.81				
21 Rohrer, Addelynn	9 SLPK	1:22.29	8	
40.60 41.69				
22 Noyes, Evie	10 SLPK	1:22.70	7	
39.88 42.82				
23 Weber, Audrey L	8 OSEO	1:31.08	6	
24 Heyndericks, Amira A	8 OSEO	1:48.92	5	
51.78 57.14				

Event 11 Girls 100 Yard Breaststroke Varsity

Name	YrSchool	Finals Time		
1 Roseborough, Cora	10 SLPK	1:12.08	28	
34.24 37.84				
2 Weimert, Adeline L	12 WAYZ-MN	1:12.64	27	
34.47 38.17				
3 Peng, Paris	9 WAYZ-MN	1:12.69	26	
33.81 38.88				
4 Emery, Sierra S	10 CHMP	1:13.50	25	
34.67 38.83				
5 Wermerskirchen, Halle A	12 WAYZ-MN	1:13.88	24	
35.11 38.77				
6 Kahl, Sarah	12 MPGR	1:13.96	23	
34.95 39.01				
7 Knox, Olivia A	10 CHMP	1:14.21	22	
34.85 39.36				
8 Mayor, Hannah G	09 CHMP	1:14.96	21	
35.28 39.68				
9 Niedzielski, Chloe	10 MPGR	1:15.19	20	
35.09 40.10				
10 Murphy, Olivia G	9 WAYZ-MN	1:16.78	19	
35.51 41.27				
11 Brockmann, Hailey	7 PRKC	1:16.93	18	
36.44 40.49				
12 Krings, Paige A	9 OSEO	1:17.90	17	
37.23 40.67				
13 Jerabek, Paige	10 MPGR	1:18.57	16	
36.49 42.08				
14 Lane, Callie	11 IRON	1:18.70	15	
37.35 41.35				
15 Freese, Brigit Ann	10 MPGR	1:19.64	14	
38.87 40.77				
16 Schlickbernd, Jenna E	11 OSEO	1:23.44	13	
40.06 43.38				
17 Nelson, Aubrey	9 SLPK	1:23.63	12	
39.78 43.85				
18 von Lehe, Janessa	08 CHMP	1:24.81	11	
41.25 43.56				
19 Wang, Eleanor	8 IRON	1:24.84	10	
40.95 43.89				
20 Xiong, Valerie E	12 OSEO	1:25.03	9	
39.47 45.56				

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

(Event 11 Girls 100 Yard Breaststroke Varsity)

Name	Yr	School	Finals Time	
21 Becker, Ania	9	SLPK	1:25.31	8
40.90	44.41			
22 Krotzer, Norah	11	SLPK	1:26.69	7
41.69	45.00			
23 Picotte, Sofia	10	IRON	1:29.89	6
41.43	48.46			
24 Lukken, Mackenzie D	8	OSEO	1:30.01	5
43.62	46.39			
25 Lane, Anna	9	IRON	1:30.62	4
42.10	48.52			
26 Dominguez, Mariana	11	PRKC	1:32.67	3
43.83	48.84			
27 Ball, Emerson R	10	PRKC	1:36.05	2
44.97	51.08			

Event 12 Girls 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time	
1 WAYZ-MN	A	3:42.68	56
1) Fackler, Geneva L 12	2) Troyak, Lucy W 11		
3) Kallebo, Linnea A 12	4) Alberts, Emily J 10		
26.33	54.94	26.70	56.12
17.26	56.53	18.00	55.09
2 MPGR	A	3:47.73	54
1) Flaherty, Kaya 11	2) Hetland, Madeline 10		
3) Woods, Charlotte 11	4) Thompson, Morgan 9		
26.43	55.00	27.00	57.45
27.56	59.48	26.60	55.80
3 WAYZ-MN	B	3:52.85	52
1) Dai, Liya L 11	2) McNanley, Ava J 11		
3) Fesenmaier, Effie R 10	4) Weimert, Adeline L 12		
27.23	57.35	28.01	58.65
27.29	57.83	28.18	59.02
4 WAYZ-MN	C	3:56.22	50
1) McNanley, Brynn C 10	2) Tycast, Cecilia S 10		
3) Doyle, Katelyn L 12	4) Marks, Evelyn N 11		
28.36	59.13	27.67	58.29
27.74	58.64	27.97	1:00.16
5 CHMP	A	3:59.17	48
1) Lachinski, Mari K 11	2) Norsted, Sophia L 10		
3) Mayor, Elizabeth M 11	4) Mayor, Hannah G 09		
28.10	59.32	26.47	55.95
28.66	1:01.10	17.08	1:02.80
6 OSEO	A	4:01.68	46
1) Krings, Paige A 9	2) Dammann, Olivia F 8		
3) Letze, Natalie G 10	4) Johnson, Lexi N 10		
29.60	1:00.90	29.92	1:01.93
30.23	1:02.96	26.55	55.89
7 MPGR	B	4:01.97	44
1) Kahl, Sarah 12	2) Plude, Olivia 12		
3) Hughes, Clara 9	4) Menning, Molly 9		
28.81	59.79	29.78	1:03.09
29.05	1:00.55	28.63	58.54
8 WAYZ-MN	D	4:03.52	42
1) Mattson, Lillian J 12	2) Ney, June M 12		
3) Thompson, Elise R 11	4) Murphy, Olivia G 9		
28.70	1:00.65	28.52	1:00.07
28.93	1:00.73	29.80	1:02.07

9 SLPK	A	4:07.95	40
1) Nordenstrom, Kylie 12	2) Romaker, Addison 11		
3) Milsow, Anna 7	4) Walcott, Alexa 11		
29.96	1:00.64	28.99	1:01.19
29.82	1:02.13	29.94	1:03.99
10 CHMP	B	4:09.75	38
1) Sanders, Amelia H 10	2) Whitehouse, Emily S 12		
3) Swanson, Ella G 12	4) Khan, Aleah E 10		
29.30	1:00.66	29.29	1:02.16
30.80	1:03.93	29.09	1:03.00
11 MPGR	C	4:13.24	36
1) Cadwell, Genevieve 10	2) AbuAyed, Lila 10		
3) Harens, Lauren 10	4) Ronshaugen, Eva 11		
30.53	1:02.26	29.70	1:04.10
15.73	1:03.33	29.71	1:03.55
12 MPGR	D	4:17.10	34
1) Nelson, Sophie 9	2) Mayer, Annaliese 8		
3) Johnson, Amelia 12	4) Carlson, Molly 10		
30.72	1:03.26	30.60	1:04.51
31.81	1:07.50	28.98	1:01.83
13 CHMP	C	4:20.21	32
1) Kakish, Yasmeen 08	2) Jacobson, Faith 10		
3) Smith, Kylie 08	4) Alger, Sadie M 12		
31.28	1:04.80	31.12	1:04.46
31.02	1:05.81	30.73	1:05.14
14 CHMP	D	4:21.00	30
1) Lindell, Lydia 12	2) Gupta, Mira R 12		
3) Nguyen, Sienna L 12	4) Emery, Sierra S 10		
32.99	1:09.26	30.74	1:05.93
29.14	1:02.45	30.27	1:03.36
15 SLPK	B	4:28.41	28
1) Larson, Isabel 11	2) Rohrer, Addelynn 9		
3) Stodola, Erin 10	4) Scherer, Lauren 10		
31.77	1:06.73	31.68	1:05.52
32.06	1:06.95	32.87	1:09.21
16 IRON	A	4:30.01	26
1) Harris, Eliza 11	2) Daire, Daniella 12		
3) Lane, Callie 11	4) Chattopadhyay, Karina 11		
33.17	1:09.61	31.61	1:07.66
31.35	1:04.88	31.99	1:07.86
17 SLPK	C	4:41.44	24
1) Mack, Harper 12	2) Winful, Ejay 11		
3) Ketz, Sophia 10	4) Morales, Ashley 12		
33.05	1:08.85	32.85	1:08.63
34.42	1:11.75	33.38	1:12.21
18 SLPK	D	4:48.04	22
1) Richard, Genevieve 10	2) Garcia Martos, Blanca 12		
3) Krotzer, Nikki 7	4) Scierka, Lauren 9		
32.48	1:09.42	15.98	33.43
37.51	1:12.75	39.52	1:52.44
19 IRON	B	5:00.95	20
1) Hanson, Isabel 8	2) Love, Theresa 8		
3) Kapplinger, Daphne 11	4) Scheid, Caroline 12		
33.58	1:09.61	35.66	1:14.02
39.42	1:21.27	36.77	1:16.05

Section 5AA True Team 2023 - 10/14/2023

Results - Swimming

(Event 12 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay	Finals Time	
20 OSEO	B	5:01.23	18
1) Leisen, Audrey G 10	2) Boadu, Elizabeth S 11		
3) Xiong, Valerie E 12	4) Mascarenas, Adriana M 7		
37.35 1:18.41	34.75 1:16.09		
36.22 1:17.27	33.78 1:09.46		
21 PRKC	A	5:45.13	16
1) Cornick, Alaina 11	2) Strandquist, Olivia 11		
3) Khalil Deerham, Elilly 10	4) Wetterhahn, Katelyn A 12		
37.85 1:17.57	44.25 1:30.90		
39.42 1:24.53	41.98 1:32.13		
22 OSEO	C	5:48.10	14
1) Morgan, Avalon C 10	2) Mackey, Evra J 7		
3) Drouillard, Emma K 10	4) Worthington, Lydia 7		
43.41 1:29.92	39.17 1:27.33		
37.68 1:26.81	40.93 1:24.04		
23 OSEO	D	6:05.65	12
1) Heyndericks, Amira A 8	2) Sartwell, Lily J 8		
3) Rodriguez Torres, Gissel 12	4) Ripley, Emily J 8		
42.97 1:32.95	41.06 1:27.82		
41.30 1:29.29	45.85 1:35.59		

Combined Team Scores

Combined Team Scores - Varsity - Through Event 12	
1. Wayzata High School	1482
2. Maple Grove	1241
3. Champlin Park	1025.5
4. Spring Lake Park	769.5
5. Irondale	700
6. Osseo Senior High School	549
7. Park Center	232

Scores - Women

Women - Varsity - Team Rankings - Through Event 12	
1. Wayzata High School	1482
2. Maple Grove	1241
3. Champlin Park	1025.5
4. Spring Lake Park	769.5
5. Irondale	700
6. Osseo Senior High School	549
7. Park Center	232