

# Saskatchewan High Schools Athletic Association

E-NEWSLETTER  
May 2019



UPCOMING EVENTS FOR THE SHSAA (visit [www.shsaa.ca](http://www.shsaa.ca)):

REGIONAL AND PROVINCIAL CHAMPIONSHIPS			
	DATE	LOCATION	CONTACT
REGIONAL BADMINTON	Saturday May 4th, 2019	Series A—Regina Luther	Aaron Anderson 522-5572
		Series B—Melville Comp.	Doug Severson 728-4181
		Series C—Melfort	David Russell 752-2891
		Series D—Lloydminster Comp.	Jeremy Thompson 780-875-5513
PROVINCIAL BADMINTON	Saturday May 11th, 2019	Swift Current	Janna Walker 773-2801
PROVINCIAL TRACK & FIELD	Friday & Saturday June 7th & 8th, 2019	Moose Jaw	SHSAA Office 721-2151

## DUE DATE:

The Track and Field Eligibility (E-5) Form is due May 1st, 2019. The E-5 Form must be completed before the first interschool competition or the deadline date set for each activity, whichever comes first. Schools not complying with this regulation and procedure will be assessed a \$50.00 late registration fee. If you have any questions please contact the SHSAA office.



#1-575 Park Street  
Regina, SK. S4N 5B2  
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## WOMEN IN SPORT CONFERENCE:

The SHSAA Women in Sport Conference will be held Friday, May 31 & Saturday, June 1, 2019 in Saskatoon at the University of Saskatchewan. Registration for the conference will be \$50 per delegate and limited to the first 100 registrations received. Once the conference agenda is finalized, a complete information package and registration form will be available on the SHSAA website as well as being distributed to all schools.

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## COACHES SYMPOSIUM:

The SHSAA Coaches Symposium will be held Tuesday, August 20 & Wednesday, August 21, 2019 at Campbell Collegiate in Regina. The Symposium is an excellent opportunity for coaches of different activities to gather in one location to participate in a professional development opportunity that will enhance the extra-curricular experience of the student athletes around the province. Information and registration will be distributed to districts and posted on the SHSAA website in May.

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## REMINDER:

If you have a change in principal, athletic director, school email address, etc. please edit this information when you log onto your school through EXNET on the SHSAA website prior to **May 21st**. Please take the time to do this task so that the Directory printed in the handbook is accurate regarding your school. The 2019-2020 edition of the SHSAA handbook will be distributed to schools at your fall district meeting.



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## RESEARCH ARTICLE:

Louise Humbert and Lauren Sulz were recent contributors to an article published in the February 2019 edition of the Journal of Physical Education, Recreation and Dance. The article is titled "If you must cut athletes from school sports teams, Consider best practices". Louise and Lauren first shared some of their research with us at the 2016 AGM in Saskatoon. To access the article please visit the SHSAA website news feed or [https://cdn4.sportngin.com/attachments/document/82ac-1856158/If\\_you\\_must\\_cut\\_athletes.pdf](https://cdn4.sportngin.com/attachments/document/82ac-1856158/If_you_must_cut_athletes.pdf)

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## SHSAA AGM:

AGM will be June 19-21, 2019 in North Battleford at the Tropical Inn

AGM Resolution Deadline is Wednesday, May 8th.

Agenda, Resolution Package, and Activity Report will be posted to SHSAA website and distributed electronically to all schools following the May meeting of the Executive Council.

Elections will be held for the following Executive positions:

Section 2

Section 4

Saskatoon

Women's Rep

President



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## 2019-2020 START DATES & PROVINCIAL CHAMPIONSHIPS:

<u>Sport</u>	<u>Start Date</u>	<u>Provincial Championship Date</u>
Golf	April 8, 2019	September 27-28, 2019
Cross Country	June 10, 2019	October 12, 2019
Soccer	September 3, 2019	October 25-26, 2019
Football	August 22, 2019	November 9, 2019
Volleyball	September 3, 2019	November 15-16, 2019 (1A-4A Girls & 5A) November 22-23, 2019 (1A-4A Boys)
Curling	November 4, 2019	March 6-7, 2020
Wrestling	November 18, 2019	March 6-7, 2020
Basketball	November 18, 2019	March 19-21, 2020
Badminton	February 10, 2020	May 9, 2020
Track and Field	March 30, 2020	June 5-6, 2020
AGM		June 24-26, 2020



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