



District 6 Recreational Guidelines

	U9*	U10*	U11	U12	U13-14	U15-16	U17-19
Max Field Size (yds)	55/65 L 35/45 W	55/65 L 35/65 W	70/80 L 45/55 W	70/80 L 45/55 W	112x75	112x75	112x75
Number of Players	7v7	7v7	9v9	9v9	11v11	11v11	11v11
Goal Keeper	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Playing Time	2x25	2x25	2x30	2x30	2x35	2x40	2x45
Ball Size	4	4	4	4	5	5	5
Goal Mouth Size (feet)	6.5x18.5	6.5x18.5	7x21	7x21	8x24	8x24	8x24
Offside	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Substitutes	Any Stoppage Unlimited	Any Stoppage Unlimited	Any Stoppage Unlimited	Any Stoppage Unlimited	Any Stoppage Unlimited	Any Stoppage Unlimited	Any Stoppage Unlimited
Fouls (type of kick)	Indirect & Direct Free Kicks	Indirect / Direct Free Kicks	Indirect / Direct Free Kicks	Indirect / Direct Free Kicks	Indirect / Direct Free Kicks	Indirect / Direct Free Kicks	Indirect / Direct Free Kicks
Free Kick clearance	8 yd	8 yd	8 yd	8 yd	10 yd	10 yd	10 yd
Throw-in	Normal	Normal	Normal	Normal	Normal	Normal	Normal
Penalty	Yes (mark)	Yes (mark)	Yes (mark)	Yes (mark)	Yes (mark)	Yes (mark)	Yes (mark)

Kicks	at 10 yds)	at 10 yds)	at 10 yds)	at 10 yds)	at 12 yds)	at 12 yds)	at 12 yds)
Penalty Area (yds)	12x24	12x24	14x36	14x36	18 x 44	18 x 44	18 x 44
Goal Area (yards)	4x8	4x8	5x16	5x16	6 x 20	6 x 20	6 x 20
Heading	None	None	None	None	per Laws/Rules	Yes	Yes

Note to 'Unlimited' substitutes: District policy is that all recreational players present are to play at least half of the match.

***NOTE: Utilizes Build Out Line.**

****Also note recommendation that U12 and younger teams do not participate in tournaments with awards/advancement (hits CYSA tournaments). And note that 8 yard wide goal area (7v7) is only one yard wider than the max 7v7 goal width.**