



Game Day Itinerary (Non Pep-Rally)

Cougar Football

The Colony Cougars vs. Reedy

"1-0"



8:20 a.m.	Go to Class
11:50 p.m.	"A" Lunch
12:25 p.m.	Devotional
12:50 p.m.	Special Teams
1:05 p.m.	Defensive Walk Thru/Meeting
1:20 p.m.	Offensive Walk Thru/Meeting
1:35 p.m.	Organize Life/Lockers
2:00 p.m.	Walk upstairs
2:10 p.m.	4th Period Starts
3:00 p.m.	Release from Class/Field House/Eat/Downtime
3:45 p.m.	Tape
4:25 p.m.	Leave to Kuykendall Stadium (In Pants)
4:55 p.m.	Walk the Field
5:10 p.m.	Defensive Position Meetings (In Pants)
5:20 p.m.	Offensive Position Meeting (In Pants)
5:30 p.m.	Group 1 gets ready
5:35 p.m.	Group 1 to field (QB/Centers and all Specialists)
5:38 p.m.	Group 1 Stretch (Grady, Alexander, and Hubener)
5:42 p.m.	Kick the Field/QB and centers work snaps
5:48 p.m.	Reverse Kick/QB warm -up
5:54 p.m.	Group 1 Dress on Field/ Group 2 Walk to Field/Water
5:58 p.m.	Team Stretch
6:05 p.m.	Defensive Individual
6:15 p.m.	Offensive Individual (QB's with Receivers)
6:25 p.m.	TEAM 3 PLAYS, PUNT & COVER/PAT
6:30 p.m.	Locker room
6:50 p.m.	Last words
6:57 p.m.	National Anthem
7:00 p.m.	Win the first play!!
10:00 p.m.	Celebrate and Shower!