

## **Kali 365 Baseball Training Sessions Protocols**

These protocols and guidelines are for training sessions for Kali 365 Baseball to be conducted in a group setting.

1. For the fall session, the Program Director: Pete Hernandez will be the point of contact for the implementation of enforcement of these protocols.
2. In the event of an outbreak of the virus, the Program Director will coordinate with local health officials and any pertinent organizations regarding the team's activity and will follow all guidelines regarding notification requirements.
3. The Program Director will be responsible for monitoring updates by Santa Clara County and the state of California Department of Public Health and will follow whichever guideline is stricter.
4. The Program Director will contact players, including parent and guardian, and coaches of any changes to this set of protocols. Protocols are changing and being added constantly. The Program Director and coaches should regularly visit state and county COVID-19 websites to ensure that they are operating consistent with the latest guidance. The following list of state and county directives that are potentially relevant to the baseball program is intended as a resource only; it may not include all applicable directives or directives may be issued in the future that also apply.

### **LIST OF COUNTY/STATE ORDERS:**

a) SCC Mandatory Directive for Programs Serving Children or Youth (revised Oct. 29, 2020) <https://www.sccgov.org/sites/covid19/Documents/Mandatory-Directives-Programs-Serving-Children-or-Youth.pdf>

b) CDPH Interim Guidance: Youth Sports (released Aug. 3, 2020) <https://files.covid19.ca.gov/pdf/guidance-youth-sports--en.pdf>

c) CDPH Questions and Answers About Youth Sports (released Sept. 18, 2020) <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Youth-Sports-FAQ.aspx>

d) CDPH Guidance for Small Cohorts/Groups of Children and Youth (revised Sept. 4, 2020) <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/small-groups-child-youth.aspx>

e) CDPH Answers to frequently asked questions about cohort guidance Providing Targeted, Specialized Support and Services at School (revised Sept. 4, 2020) <https://files.covid19.ca.gov/pdf/guidance-schools-cohort-FAQ.pdf>

f) CDPH Blueprint for a Safer Economy (effective Nov. 3, 2020)

<https://covid19.ca.gov/safer-economy/>

**GROUPS (Players and Coaches):**

5. Only Kali 365 Baseball shall have the entirety of the field during designated times lots. Kali 365 Baseball players and coaches may not enter the field until their time slot begins and must be off the fields by the end of their time slot.
6. Players and coaches may not move from one program to another more often than every three weeks.
7. Coaches may not participate in any in-person activity associated if they are working at, supervising, or volunteering at a sports or other recreational program.
8. Players and coaches may not participate in any other sports program simultaneously.
9. Players and coaches must have a two week break after participating in any other kind of recreational activity or sport before participating in the Kali 365 Baseball program.
10. Players may not participate in any in-person activity associated with Kali 365 Baseball for two weeks after participating in a sports program, childcare program, or other recreational activity.

**ADHERENCE:**

11. The Program Director will instruct all "coaches" on proper protocols (Social Distancing protocol) and have signed acknowledgement (Appendix 1) of understanding by coaches before any training session.
12. A copy of these protocols will also be given to each member of the Kali 365 Baseball Team.
13. Prior to participation the Program Director will require a signed waiver acknowledging, associated risks, a release of liability as well as a form acknowledgement of these protocols. The signed waiver and acknowledgement form will be returned to the Program Director. (Appendix #2 and #3).
14. A complete list of participants will be stored by the program director to include: date, beginning and ending time of training session, name, address, and phone of guardian (parent) contact to be made available upon request from county health.
15. The Program Director will keep a log of players in attendance at each training sessions. The record will include: Date, Training Session Time, Players Name, Address, and Phone Contact. Kali 365 Baseball will cooperate with the Local Health Officials to facilitate contact tracing and will furnish this list to health officials upon request.

16. All players (or parents on behalf of players) and coaches will be required to acknowledge online via Google Forms (to be provided) that they are free from any symptoms that would cause them from participating in the Training Session (i.e. fever, sore throat, cough, sneezing, body aches, loss of smell, difficulty breathing or fatigue) as well as exposure to anyone who has been confirmed to have COVID-19. This form must be filled out on the day of the training session.

***If acknowledgement has not been completed, Player or Coaches will not be permitted on the fields.***

17. In the event of a suspected case and/or exposure the Program Director will contact the local health office.

18. All participating players and coaches will be asked by the program director to immediately isolate and seek medical care for any individual who develops symptoms after leaving the field.

### **TRAINING SESSION PROCESSES:**

19. The use of Kali 365 Baseball at Washington Park and Lakewood Park will be limited to players and coaches of the Kali 365 Baseball Team.

20. Only Players and Coaches from Approved Teams will be permitted on the fields during the Training Sessions.

21. Parent/Guardian must only drop off players and pick them up. No waiting will be allowed. Parent/Guardian should not leave their vehicle.

22. Carpooling is not allowed unless the Players are members of the same household that are living together.

23. No more than 14 players will be allowed on the field during training sessions.

24. Players may not wait at or around the fields. Drop off and pick up should be in a timely manner.

25. Signs will be posted at the facility to remind everyone about social distancing. (Appendix4)

26. Upon arrival Players and Coaches will go to the designated check-in station:

- A coach will verify completion of online acknowledgement
- Player's will sanitize their hands at a designated sanitation station with at least 60% alcohol-based hand sanitizer.
- Masks will need to be worn by players and coaches at this time and social distancing should be maintained
- A table will be set up at the "entrance" and cones will be used to mark of 6+ feet of distance.

27. Players equipment bags and individual equipment should be placed six feet apart in spaces designated by Coaches, marked by cones. (See Chart 1)
28. No dugouts will be used.
29. All Coaches are always required to wear masks when interacting with Players.
30. Players are encouraged to wear masks whenever possible. Players are required to wear masks when not directly participating in an activity.
31. Cones will be placed at least 6 feet apart during drills to designate where player should be to adhere to social distancing requirements. (See Charts 2-5)
32. Catchers may not be used during hitting drills. Pitches will be thrown into a net placed behind home plate.
33. Players will have their own personal equipment. (gloves, helmets, bats, batting gloves, face masks, face coverings, water). No baseballs shall be brought by a Player to any Training Session.
34. Each player shall have their own single serve water or water bottle. No sharing is allowed.
35. Drinking fountains will be off limits.
36. Unless necessary, no food of any kind is allowed. Under no circumstances are gum or seeds allowed.
37. Clearly marked buckets will be used to collect balls after use. Coaches will wipe\* down balls in accordance with the CDC guidelines prior to being used again.
38. Teams should have their own baseballs. No baseballs from other groups should be used.
39. Minimize close contact: no handshakes, fist and elbow bumps, or hugging. It is necessary to always maintain a 6+ foot distance between Players.
40. No socializing or congregating in the parking lot before, during or after practices.
41. Players and Coaches will also use at least 60% alcohol-based sanitizer immediately after the practice is over. Kali 365 Baseball will provide hand sanitizer for their team.
42. Use of the bathrooms is discouraged. Under emergency circumstances, they can be used, but Coaches will be responsible for wiping\* down according to protocols established by the CDC and health experts immediately after use. Individuals using the bathrooms must wash their hands completely as well as hand sanitize with at least 60% alcohol-based

hand sanitizer after use.

43. Trash cans will not be available on the field. Any trash generated by a Player or Coach MUST be taken by that individual when leaving the field.

#### **POST TRAINING SESSION PROCESSES:**

44. Handles of any equipment that is used to maintain field condition (including, but not limited to brushes, drags, brooms, diggers, etc.) should be properly wiped\* down after each use.

45. Any locks or handles within the field that are touched should be properly wiped\*down after each use.

46. Teams must fully sanitize bases before and after use.

47. Baseballs should be wiped\* after each practice in accordance with the CDC guidelines.

48. All Players and Coaches are encouraged to shower/bathe when they return home and wash all clothing used during the Training Session.

#### **PERSONAL PROTECTIVE EQUIPMENT:**

49. Program Director will have the following for team use at entrance and exit tables before and at the end of each training session.

1. Wipes (for use in wiping down gates, locks, handles of field equipment, balls, other surfaces, etc.)
2. Gallon zip lock bags for collection and disposal of wipe or first aid trash
3. 60% or greater alcohol-based hand sanitizer
4. Baseballs/wiffle balls/smoosh balls
5. First Aid Kit
6. Medical Gloves
7. Extra Disposable Masks
8. In addition to their own face covering (to be worn at all times), each member of the coaching staff should come equipped with eye protection (can be sunglasses) in the event that social distancing protocols must be broken (e.g. in case of injury).

\*Acceptable wipes are those that are disinfectants against COVID19 (list of products here <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>)

**Protocol Awareness Verification (Personnel)- Appendix 1**

I certify that I have read all the protocols for holding a Training Session during the 2020 Fall Season. I understand that any breach of these protocols will lead to my dismissal from my group and I will not be allowed to return during the 2020 season.

I understand the purpose of these protocols is to foster a safe environment for all the players.

I certify that I will keep a log of all my practices. This will allow the program to do tracing of my group in the event of an outbreak of the virus.

I understand that there may be additional protocols that could be enacted by the Program Director.

I will abide by all protocols deemed necessary by Kali 365 Baseball.

Team Name: \_\_\_\_\_

Program Director (print): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

Cell#: \_\_\_\_\_

**Protocol Awareness Verification  
(Parents and Guardians) - Appendix 2**

I certify that I have read all the protocols for Training Sessions during the 2020 Fall Season.

I understand that at any breach of these protocols will lead to my players' removal from the team and they will not be allowed to return during the 2020 season.

I understand the purpose of these protocols is to foster a safe environment for all the players throughout the program.

I understand that there may be additional protocols that could be enacted by the Program Director.

I will abide by all protocols deemed necessary by Kali 365 Baseball.

Team Name: \_\_\_\_\_

Player's Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

Cell#: \_\_\_\_\_

**ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT RELATING TO COVID-19 EXPOSURE, COVID-19 LIABILITY, AND COVID-19 RISKS (APPENDIX 3)**

IN CONSIDERATION for myself and/or my children listed above being permitted to utilize the services, utilize the facilities and/or participate in the programs of Kali 365 Baseball, including, but not limited to, observation or use of facilities or equipment, or participation in or acting as a spectator during any program affiliated with Kali 365 Baseball, the undersigned, on behalf of himself or herself and such participating children and any personal representatives, heirs, and next of kin (hereinafter referred to as "the undersigned") hereby acknowledges, agrees and represents that he or she has inspected and carefully considered such premises, equipment, and facilities and has considered Kali 365 Baseball and that the undersigned finds and accepts same as being safe and reasonably suited for the use or participation by the undersigned and such participating children.

In addition, the undersigned acknowledges that novel coronavirus ("COVID-19") infections have been confirmed throughout the United States, including cases in the undersigned's own State and locality. In accordance with the most recent guidance and recommendations issued by the World Health Organization (WHO), the Centers for Disease Control and Prevention (CDC), undersigned's own State's Department of Health (DOH) for slowing the transmission of COVID- 19, the undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall visit or utilize the facilities, services, and/or programs of Kali 365

Baseball (other than any exclusively online services and programs) within 14 days after (i) returning from highly impacted areas subject to a CDC Level 3 Travel Health Notice, (ii) exposure to any person returning from areas subject to a CDC Level 3 Travel Health Notice, or (iii) exposure to any person who has a suspected or confirmed case of COVID-19. The CDC Travel Health Network is continuously updating this list and the undersigned agrees that they are aware of this list and the countries listed.

The undersigned agrees to check on a daily basis the CDC Travel Health Notices list (<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>) prior to participating in or utilizing the facilities, services, and programs of Kali 365 Baseball. The undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall participate in, visit or utilize the facilities, services, and/or programs of Kali 365 Baseball if he or she (i) experiences symptoms of COVID-19, including, without limitation, fever, cough, loss of sense of taste or smell, or shortness of breath, or (ii) has a suspected or diagnosed/confirmed case of COVID-19. The undersigned agrees to notify Kali 365 Baseball immediately if he or she believes that any of the foregoing access/use restrictions may apply.



Kali 365 Baseball has taken certain steps to implement certain recommended guidance and recommendations issued by public health agencies for slowing the transmission of COVID-19, including, without limitation, the access/use restrictions set forth above. The undersigned acknowledges and agrees that Kali 365 Baseball may revise its procedures at any time based on updated recommended guidance and recommendations issued by

public health agencies and further agrees to comply with Kali 365 Baseball revised procedures prior to utilizing the facilities, services, and/or prior to participating in the programs of Kali 365 Baseball. The undersigned further acknowledges and agrees that, due to the nature of the facilities, services, and programs offered by Kali 365 Baseball, social distancing of 6 feet per person among children and their fellow participants or others is not always possible. The undersigned fully understands and appreciates both the known and potential dangers of participating in the programs and/or utilizing the facilities and services of Kali 365 Baseball and acknowledges that use thereof by the undersigned and/or such participating children may, despite the Organization's reasonable efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

**IN FURTHER CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE ORGANIZATION'S (Kali 365 Baseball) PROGRAM, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:**

THE UNDERSIGNED, ON HIS OR HER BEHALF AND ON BEHALF OF SUCH PARTICIPATING CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the Kali 365 Baseball Program or its national governing body organization, or any of their respective directors, officers, employees, volunteers and agents, or any of the fellow participants or their family members or guests from all liability to the undersigned or such participating children and all personal representatives, assigns, heirs, and next of kin of the undersigned or such participating children for any loss or damage, and any claim or demands on account of any property damage or any injury to, or an illness or the death of, the undersigned or such participating children (or any person who may contract COVID-19, directly or indirectly, from the undersigned or such participating children) whether caused by the negligence, active or passive, of Kali 365 Baseball or otherwise while the undersigned or such participating children are in, upon, or about the premises or any facilities or using any equipment of or participating in any program of or affiliated with Kali 365 Baseball. To the extent such statute applies, the undersigned also expressly and knowingly waives all rights under California Civil Code Section 1542, which provides: "A general release does not extend to claims that the creditor or releasing party does not know or suspect to exist in his or her favor at the time of executing the release and that, if known by him or her, would have materially affected his or her settlement with the debtor or released party."

**THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD**

HARMLESS the Organization (Kali 365 Baseball) or its national governing body organization, or any of their respective directors, officers, employees, volunteers and agents, and each of them, from any loss, liability, damages or costs they may incur, whether caused by the Organization's (Kali 365 Baseball) negligence, active or passive, or otherwise while the undersigned or any participating child is participating in any program of Kali 365 Baseball or in, upon, or about the premises or any facilities or equipment affiliated with Kali 365 Baseball. The undersigned understands and agrees that Kali 365 Baseball is not required to provide insurance to cover the undersigned or such participating children in the event they suffer illness, injury, death, property loss, theft or damage of any sort upon, or about the premises or any facilities or equipment therein or while participating in any program affiliated with Kali 365 Baseball.

The undersigned agrees and acknowledges that use of Kali 365 Baseball facilities and services, and participation in Kali 365 Baseball programs, may involve inherent danger and risk, including, without limitation, the risk of physical illness or injury, death or property damage.

THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR, AND RISK OF ILLNESS, BODILY INJURY, DEATH OR PROPERTY DAMAGE TO THE UNDERSIGNED OR SUCH PARTICIPATING CHILDREN DUE TO NEGLIGENCE, ACTIVE OR PASSIVE, OR OTHERWISE WHILE IN, ABOUT OR UPON THE PREMISES OF KALI 365 BASEBALL AND/OR WHILE USING THE PREMISES OR ANY FACILITIES OR EQUIPMENT THERE ON AND/OR WHILE PARTICIPATING IN/ OR OBSERVING ANY PROGRAM AFFILIATED WITH KALI 365 BASEBALL. THE UNDERSIGNED ACKNOWLEDGES THAT ANY ILLNESS OR INJURIES THAT THE UNDERSIGNED OR SUCH PARTICIPATING CHILDREN CONTRACT OR SUSTAIN MAY BE COMPOUNDED BY NEGLIGENT FIRST AID OR EMERGENCY RESPONSE OF THE RELEASES AND WAIVE ANY CLAIM IN RESPECT THEREOF.

THE UNDERSIGNED further expressly agrees that the foregoing ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State in which the undersigned resides or participates and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I HAVE CAREFULLY READ AND VOLUNTARILY SIGN THIS ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT AND FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENT APART FROM THE FOREGOING WRITEN AGREEMENT HAVE BEEN MADE. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES FROM Kali 365 Baseball IN CASE OF ILLNESS, INJURY, DEATH OR

PROPERTY LOSS OR DAMAGE, INCLUDING, FOR THE AVOIDANCE OF DOUBT AND WITHOUT LIMITATION, EXPOSURE TO COVID-19 AT ANY ORGANIZATION FACILITY OR DURING PARTICIPATION IN ANY PROGRAM AND ANY ILLNESS, INJURY OR DEATH RESULTING THEREFROM. I UNDERSTAND THAT THIS DOCUMENT IS A PROMISE NOT TO SUE AND A RELEASE OF AND INDEMNIFICATION FOR ALL CLAIMS. IF SIGNING ON BEHALF OF MINOR: I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS AND I REPRESENT AND WARRANT TO Kali 365 Baseball THAT I HAVE FULL AUTHORITY TO SIGN THIS AGREEMENT ON BEHALF OF SUCH MINOR(S).

**I have read and understand the terms of this Assumption of Risk, Release and Waiver of Liability, and Indemnity Agreement and agree to its terms.**

Team Name: \_\_\_\_\_

Player's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_


Email: \_\_\_\_\_

Cell# : \_\_\_\_\_


To be posted at the check-in stations

## TO PREVENT THE SPREAD OF COVID-19


Do not enter the facility if you have COVID-19 symptoms.




Fever




Cough




Diarrhea




Headache



Muscle aches




Shortness of breath




Unexplained loss of taste of smell


Maintain a minimum six-foot distance from others, including when in line.




Sneeze and cough into a cloth or tissue or, if not available, into your elbow.



Face coverings required to enter (except for very young children and people exempt based on medical condition or disability).



Do not shake hands or engage in any unnecessary physical contact.



Posting this sign does not replace the County requirement to implement your full social distancing protocol. Adapted with permission from King County Design and Civic Engagement.

Santa Clara County  
**PUBLIC HEALTH**

### When should I use?

#### Soap and Water

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After [changing diapers, or cleaning up a child who has used the bathroom](#)
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage
- If your hands are visibly dirty or greasy

#### Alcohol-based Hand Sanitizer

- Before and after visiting a friend or loved one in a hospital or nursing home, unless the person is sick with *Clostridioides difficile* (if so, use soap and water to wash hands).
- If soap and water are not readily available, use an alcohol-based hand sanitizer that contains **at least 60% alcohol**, and wash with soap and water as soon as you can.

**DO NOT** use hand sanitizer if your hands are visibly dirty or greasy—for example, after gardening, playing outdoors, fishing, or camping. If a handwashing station is available, wash your hands with soap and water instead.

After blowing your nose, coughing, or sneezing, you should clean your hands by immediately washing your hands with soap or using alcohol-based hand sanitizer to avoid spreading germs.

### How should I use?

#### Soap and Water

- Wet** your hands with clean running water (warm or cold), turn off the tap, and apply soap.
- Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
- Scrub** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song twice.
- Rinse** your hands under clean, running water.
- Dry** your hands using a clean towel or air dry them.

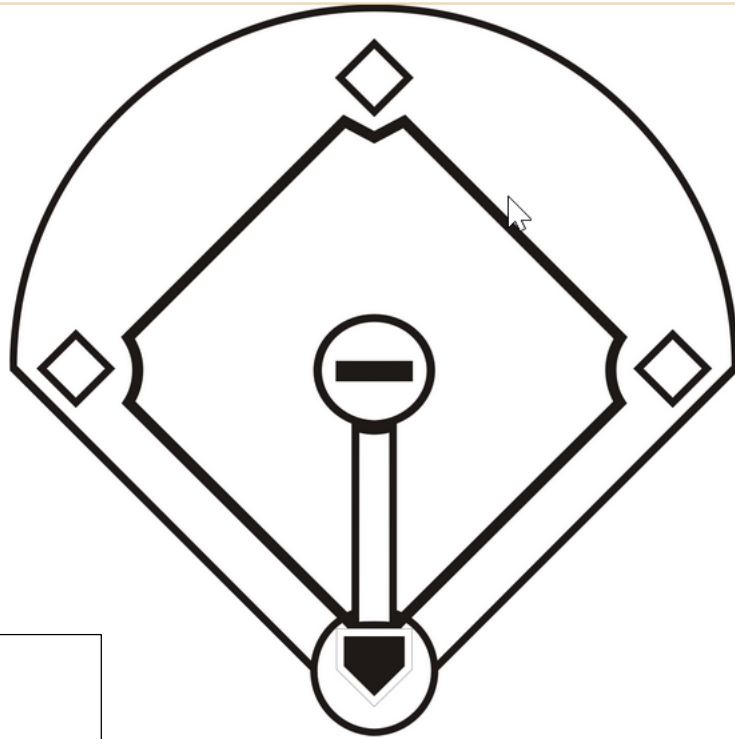
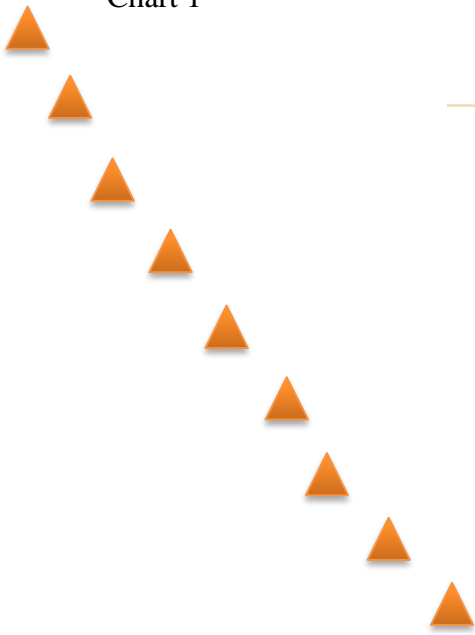
#### Alcohol-based Hand Sanitizer

Use an alcohol-based hand sanitizer that contains **at least 60% alcohol**. Supervise young children when they use hand sanitizer to prevent swallowing alcohol, especially in schools and childcare facilities.

- Put** enough sanitizer on your hands to cover all surfaces.
- Rub** your hands together until they feel dry (this should take around 20 seconds).

**Do NOT** rinse or wipe off the hand sanitizer before it's dry; it may not work well against germs.

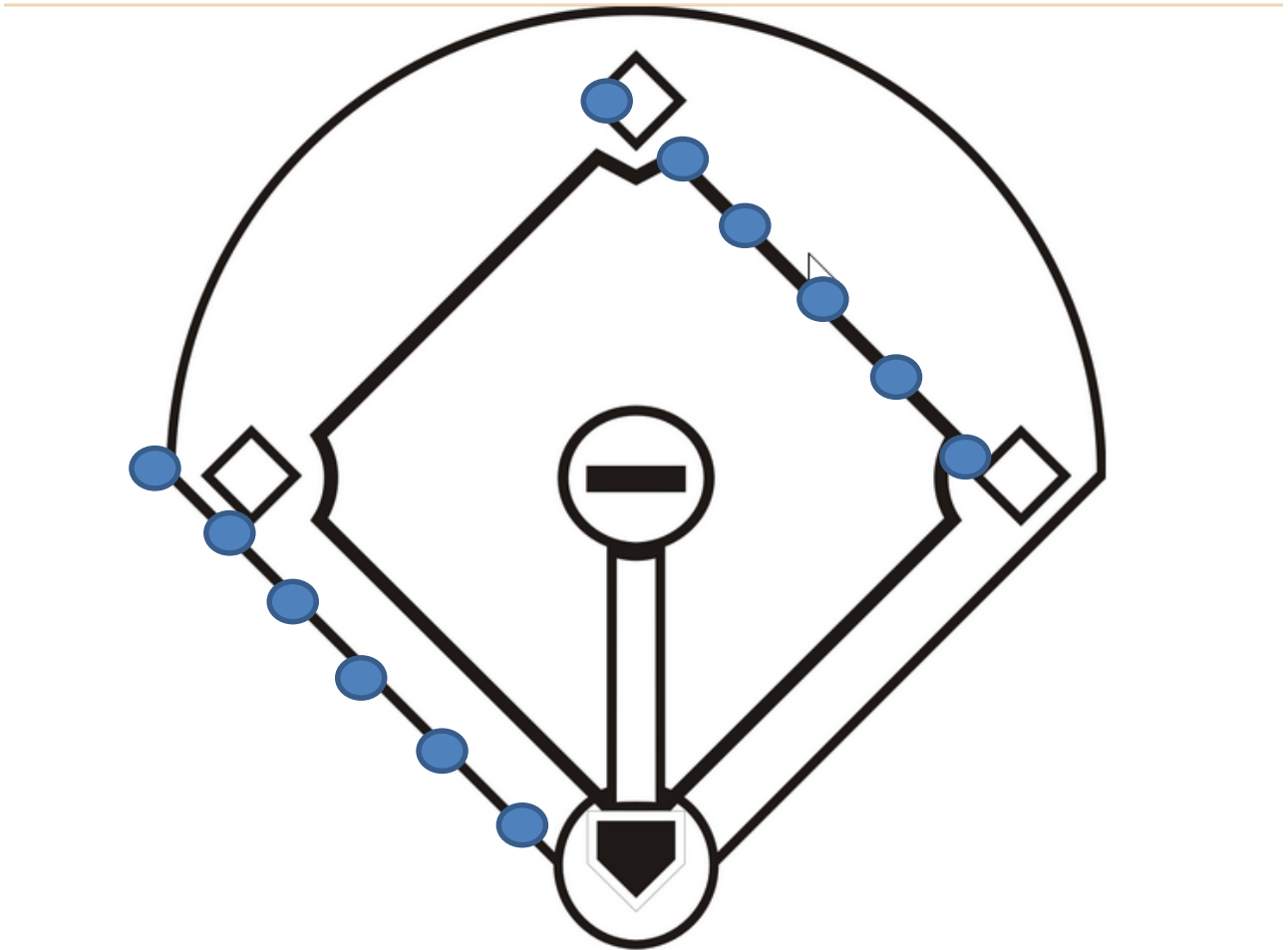
Chart 1



 = Players Equipment Stationed 6ft apart

Chart 2: Player Social Distancing

● = Warming Up



Infield Circuit/Ground Balls  
Chart 3

