

PCIM Board Meeting
Monday, January 27, 2025

Present: Bethany Adamek / Mike Adamek / Ashlei Florez / Matt Prucka / Kelly Mugford / Kelley Urankar / Nicki Jones / Yvette Connely / Lynn Fanning / George Chalos / Jeff Tibbels / Carrie Jaworski, sports medicine doctor with Intermountain, concussion expert /

- Presentation by Dr. Carrie Jaworski, concussion expert
 - Update on concussion protocol and the latest research
 - Possible coach education in person by Dr Jaworski?
 - That focus would be recognition of symptoms
 - What is emergency & progression back to play
 - Encouraging athletes and parents to see a concussion specialist – can actually speed up recovery and clearance to return to play
 - Average return for young person is 2-4 weeks
 - Possible inclusion on PCIM website with concussion resources?
- Lynn Fanning – girls update
 - Last UAHA meeting didn't really cover Girls
- Yvette Connely
 - Proposed that Tim redo policies & procedures
 - Tournament team policy updated – then put on hold
- UAHA proposal for tournament team – discussion
 - Would provide additional competition for growth and development
 - Adamek – something like Quebec peewee tournament – there is a need
 - Tibbels – not really a need unless a huge tourney like Quebec
 - Chalos against tournament team
 - The formation of the team was prompted by unhappy parents
- UAHA renewal application
 - AA for 14, 16, 18
 - Travel for 16 and 14
 - 2 Travel A teams for 12 & 10
- HMSO spring tournament
 - Decided against
- Nicki Jones – everyone at charter
 - Tier teams at charter
- Hockey Operations
 - Tier teams
 - Game misconducts to review
 - Not much coming up
 - Parise doing a goalie-coaching session for coaches
 - No redlined coaches
- UAHA update – Nicki
 - Prior UAHA meeting taken up primarily by disgruntled Renegade parents
 - Feb 1st – deadline to get stuff in for teams
- Communications – Bethany

- o None
- Monday, March 3 (or close to) – next meeting