



<b>WHERE</b>	ST CLAIR COUNTY COMMUNITY COLLEGE FIELDHOUSE ~ 323 ERIE ST PORT HURON MI 48060
<b>WHEN</b>	MARCH 17, 2019
<b>START TIME</b>	<b>1<sup>ST</sup> SESSION: 2014- 2009, 2004-2003 (HS) &amp; 2002-2000 (HS) WRESTLERS ~ 9:00AM</b> <b>2<sup>ND</sup> SESSION: 2008-2004 WRESTLERS ~ 12:00PM</b>
<b>WEIGH-INS &amp; REGISTRATION</b>	SEE PAGE 2 ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.
<b>AWARDS</b>	REGIONAL CHAMPIONSHIP MEDALS 1 <sup>ST</sup> -6 <sup>TH</sup> PLACE
<b>ENTRY FEE</b>	<b>\$15.00</b>
<b>STATE QUALIFICATION</b>	A REGIONAL BRACKET WITH 16 OR LESS WILL QUALIFY TOP 4 TO STATES A REGIONAL BRACKET WITH 17 OR MORE WILL QUALIFY TOP 5 TO STATES HS AGE GROUPS QUALIFY TOP 4 ONLY IF A WRESTLER IN THE TOP 4 DECIDES NOT TO GO TO STATE - 5 <sup>TH</sup> OR 6 <sup>TH</sup> PLACE WILL BE ELIGIBLE FOR STATES.
<b>ADMISSION</b>	\$5.00 ADULTS, \$2.00 CHILD
<b>AGE GROUPS</b>	<b>AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLERS BIRTHDAY AS OF DECEMBER 31, 2018)</b> <i>PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.</i>
<b>RULES</b>	<b><u>MODIFIED HIGH SCHOOL RULES</u></b> <ul style="list-style-type: none"> <li>• ALL MICHIGAN RESIDENTS <b>MUST</b> BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.</li> <li>• AGE GROUPS 2014-2012, 2011 &amp; 2010: THREE, 1 MINUTE PERIODS</li> <li>• AGE GROUPS 2009, 2008, 2007, 2006, 2005, 2004 (8<sup>TH</sup> GRADE ONLY), 2004-2003, &amp; 2002-2000: THREE 1:30 MINUTE PERIODS</li> <li>• WRESTLERS BORN IN 2003 WILL COMPETE IN 2004-2003 AT REGIONALS &amp; STATES REGARDLESS OF WHETHER THEY ARE IN HS.</li> <li>• SINGLET'S OR T-SHIRT AND SHORTS ARE REQUIRED.</li> <li>• ONE STEP ON SCALE AT WEIGH-INS</li> <li>• HEADGEAR <b>MANDATORY</b> &amp; MOUTH GUARDS <b>MANDATORY</b> FOR WRESTLERS WITH BRACES</li> <li>• 2014-2012, 2011, 2010, 2009, 2008, 2007, 2006, 2005 &amp; 2004 (8<sup>TH</sup> GRADE ONLY) RECEIVE A 1 POUND ALLOWANCE AT STATES</li> <li>• HS WRESTLERS HAVE <b>NO</b> WEIGHT ALLOWANCE AT REGIONALS OR STATES</li> </ul>
<b>COACHES</b>	<b>SEE MANDATORY REQUIREMENTS - <a href="http://WWW.MYWAYWRESTLING.COM/NUWAYSABEYAPS">WWW.MYWAYWRESTLING.COM/NUWAYSABEYAPS</a></b>
<b>WT. CLASSES</b>	<b>2014-2012:</b> 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT <b>2011:</b> 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT <b>2010:</b> 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT <b>2009:</b> 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT <b>2008:</b> 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT <b>2007:</b> 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT <b>2006:</b> 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT <b>2005:</b> 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT ~ (MUST BE 8 <sup>TH</sup> G&U) <b>2004:</b> 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT ~ (MUST BE 8 <sup>TH</sup> G&U) <b>2004-2003:</b> 88, 98, 106, 115, 122, 128, 133, 138, 143, 148, 155, 163, 174, 192, 218, 288 <b>2002-2000:</b> 106, 115, 122, 128, 133, 138, 143, 148, 155, 163, 174, 192, 218, 288 ~ (MUST BE IN HS)

**STATE PAYMENT**

ALL WRESTLERS MUST NOTIFY REGIONAL STAFF WHEN PICKING UP MEDAL IF YOU WILL BE ATTENDING STATES. \$30.00 STATE FEE MUST BE PAID BEFORE LEAVING REGIONALS.

**OTHER INFO**

ONLY TWO COACHES PER MAT WILL BE PERMITTED IN A CORNER.  
ANYONE OPERATING VIDEO EQUIPMENT ON THE MAT WILL BE CONSIDERED ONE COACH.

**CONTACT**

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## **METRO REGIONAL WEIGH-IN LOCATIONS**

**ALL WEIGH-INS 6-7:30 PM Friday March 15<sup>th</sup>**

Algonac HS	5200 Taft Rd, Algonac, MI 48001	
Dakota HS	21051 21 Mile Rd, Macomb, MI 48044	Door 39
Ferndale HS	881 Pinecrest Dr, Ferndale, MI 48220	
Henry Ford II HS	11911 Clinton River Rd, Sterling Hts., MI 48313	Door 14
Pontiac HS	1051 Arlene Ave, Pontiac, MI 48340	
Roseville HS	17855 Common Rd, Roseville, MI 48066	
Walled Lake Central HS	1600 Oakley Park Rd, Walled Lake, MI 48390	Wrestling Room
Warren Lincoln HS	22900 Federal Ave, Warren, MI 48089	Weigh In located in the football stadium
Yale Jr. High	198 School Drive, Yale, MI 48097	