

2022 Shoreland Lutheran Pacer Football



News and Notes

Monday, August 1 to Sunday, August 7
F.A.I.T.H. and F.A.M.I.L.Y.



PRESEASON WEEK 1

Monday, August 1

- *WIAA Player/Parent All-Sport Meeting* 5:00pm OR 7:00pm
- **Football Parents' Meeting** 6:00pm

Tuesday, August 2 (3:30pm to 8:00pm)

Practice (testing day/helmets only practice)

- Start in the GYM at 3:30pm sharp - Bring running shoes
- Team Meeting, Equipment Handout, Speed/Agility/Strength Testing
- On field practice to follow

Wednesday, August 3 (3:30pm to 8:00pm)

Practice (helmets only)

- Start in the GYM at 3:30pm sharp
- Break/Meetings/Eat 6:00-6:45pm

Thursday, August 4 (3:30pm to 8:00pm)

Practice (helmets and shoulder pads)

- Start in the GYM at 3:30pm sharp
- Break/Meetings/Eat 6:00-6:45pm
- Leave your helmets and shoulder pads at school
- Practice jerseys will be collected, washed and returned for practice Friday

Friday, August 5 (3:30pm to 8:00pm)

Practice (helmets and shoulder pads)

- Start in the GYM at 3:30pm sharp
- Break/Meetings/Eat 6:05-6:45pm
- Leave your helmets and shoulder pads at school
- Practice jerseys will be collected, washed and returned for practice Saturday

Saturday, August 6 (8:00am to 11:00am)

- Practice (helmets and shoulder pads)
- Practice jerseys will be collected, washed and returned for practice Monday
- Monday's practice will be full pads

Sunday, August 7

Go to church. Rest.