



Pre-Practice Procedures

- All players and staff members will receive an email outlining the risks of the coronavirus and an outline of practices we are implementing to mitigate the risk.
- We will ask families to take their player's temperature before each practice. Players registering a temperature greater than 99.5 degrees may not participate.
- All coaches will have mandatory temperature checks before practice begins using Non-Contact Thermometers
- All players will be assigned to a group of 8-9 players and 1-2 coaches.
- Groups will remain the same for each practice and will be spaced at least 60 feet away from other groups.
- Upon arrival each day, staff will ensure that players go directly to their practice areas.
- Players and staff members must show up fully outfitted to play and will not be allowed to bring bags or personal items. – DO NOT GET DRESSED IN THE PARKING LOT
- Parents will not be allowed to attend practices, only players and staff
- Players, parents, and staff will also be asked the following three questions upon arrival to the camp each day:
 - Have you recently been sick, had a sore throat, fever, or night sweats?
 - Has anyone in your household recently been sick, had a sore throat, fever, or night sweats?
 - Have you had any exposure to COVID-19?

During Practice Procedure

- No shared water or food. Players must bring their own water bottle that is clearly labeled (e.g. name written in sharpie on hockey tape.)
- Coaches will remain at least 15 feet away from players at all times.
- No "huddles" and proper spacing of lines will be guided by conservatively spaced cones and strictly enforced.
- Hand sanitizer will be readily available for all players and staff.
- Drills will be designed to optimize social distancing. At the onset, there will be no competition, only skill-based training.
- We will begin with short practices of no more than 1 hour in length

Staff Rules

- Staff will be provided with and required to wear face coverings.
- No Whistles.
- We will have coaches on call for all events scheduled in the event a coach becomes sick so that we can keep to social distancing guidelines.
- Any shared equipment- goals, balls, etc. will be sanitized after every practice