

DIABLO VALLEY GIRLS CYO BASKETBALL LEAGUE RULES

(updated 8/22/2023)

DIABLO VALLEY GIRLS CYO BASKETBALL LEAGUE: The Diablo Valley Girls CYO Basketball League (DVL) is a girls' basketball league operated by an association of the Diablo West, East Diablo, and Tri-Valley CYO leagues. It shall be managed by league representatives, one from each participating league.

DVL RULES: All basketball games hosted by DVL shall follow the current National Federation of High School Rules as modified by the Oakland Diocese CYO Basketball Rules except as specifically stated herein.

COACH CERTIFICATION CARDS: Coach certification cards issued by the league shall be checked by the referees before the start of each game. No coach or non-player shall be allowed on the bench without a current card. If no coach can present a valid card by game time, the game will be forfeited.

GAME TIMES: All games shall consist of four stop clock quarters, six minutes each for grades 4 through 5, and seven minutes each for grades 6 through 8.

THREE POINT SHOT: Three point shots shall be counted as such only in the 6th, 7th and 8th grades.

NO PRESS: 4th grade National teams may not press until the last minute of the game. 4th grade American and all 5th grade teams may not press when they have a lead of 10 points or more. 6th, 7th and 8th grade teams may not press when they have a lead of 15 points or more. Press may be resumed when lead has been reduced below the stated limit. "Press" is defined as applying defensive pressure before the offensive team has advanced the ball past half court to its three point line. First violation will require a warning. Second and further violations will be assessed as technical fouls.

HARRASSMENT DURING FREE THROWS: Players will be given substitute free throws for unsuccessful attempts whenever there is bench or crowd noise during an attempt. If interruptions continue, the coach of the offending team will be warned once then given a technical foul for subsequent violations.

TECHNICAL FOULS: The second technical foul in a game disqualifies a coach or player. Bench technical fouls shall be assessed against the head coach. Technical fouls shall count as both personal and team fouls.

SCORER'S TABLE: Each team shall supply a volunteer to either run the clock or keep the official game scorebook.

AMERICAN AND NATIONAL TEAMS: League play shall be conducted in separate American (upper) and National (lower) divisions for grades 4 through 8. Each parish program is entitled to determine how many American and National teams it shall enter for each grade. However if a parish enters three (3) or more teams in the same grade, at least one of them must be an American team.

PLAYOFFS: The top four teams from each grade/division shall be eligible to participate in a "Gold" level playoff. The next four teams from each grade/division shall be eligible for a "Silver" level playoff. If there are an insufficient number of teams to conduct a Silver playoff, the league representatives may agree on a play in format for the Gold level.

TIE-BREAKERS: The tie-breakers for determining final standings for league play and playoff seeding shall be, in order, (a) head to head results (b) net point differential in head to head games among the tied teams only (no more than ten points per game for grades 4-6, and fifteen points per game for grades 7-8), and (c) coin toss.

FORFEITS: All forfeited games shall be recorded in the standings as a ten point win (grades 4-5) or 15 point win (grades 6-8) against the forfeiting team. No league or playoff games shall be rescheduled due to actual or potential forfeits, or for any other reason other than a league scheduling error or because the assigned gym becomes unavailable.

FOOD AND DRINK IN GYMS: No food or drink (other than water) are permitted in league gyms. Coaches are expected to enforce this rule with their teams so that we do not lose use of our facilities. Team snacks/drinks must be distributed and consumed outside the gyms.