



**Crusaders Limited Partnership**  
Phone 03 379 8300 Fax 03 365 3565  
Rugby Park, Cnr Malvern & Rutland Streets, St Albans  
PO Box 755, Christchurch 8140  
New Zealand  
[www.crusaders.co.nz](http://www.crusaders.co.nz)

**Alaska Clinic**

**September 2019**

Day 1		
Time/Date	Activity	Detail (Draft)
8.00am-8.30am	Content (Inside)	Introduction of people Purpose of 2 days Theme Context for 2 days
8.30am-10.00am		Micros of Rugby RCP into Attack Structure
10.00am-10.30am	Reflection Break	Post-It Question Board
10.30am-11.30am	Content (Outside)	RCP into Attack Structure
11.30am-12.00pm	Mindset	Theme / Common Language / Contextual effort.
12.00pm-1.00pm	Lunch	
1.00pm-2.30pm	Content (Inside)	Defence / Structure / Systems Tackle Tech Breakdown



**Crusaders Limited Partnership**

Phone 03 379 8300 Fax 03 365 3565

Rugby Park, Cnr Malvern & Rutland Streets, St Albans

PO Box 755, Christchurch 8140

New Zealand

[www.crusaders.co.nz](http://www.crusaders.co.nz)

<b>2.30pm-3.00pm</b>	<b>Reflection Break</b>	<b>Post-It Question Board</b>
<b>3.00pm-5.00pm</b>	<b>Content (F)</b>	<b>Defence / Structure / Systems</b> <b>Tackle Tech</b> <b>Breakdown</b>
<b>5.00pm-5.30pm</b>	<b>Review</b>	<b>Post-It Question Board</b>
<b>7.00pm-8.30pm</b>	<b>Dinner</b>	<b>The Culture of the Crusaders</b> <b>Relationships/Connectors</b>

**Crusaders Limited Partnership**  
 Phone 03 379 8300 Fax 03 365 3565  
 Rugby Park, Cnr Malvern & Rutland Streets, St Albans  
 PO Box 755, Christchurch 8140  
 New Zealand  
[www.crusaders.co.nz](http://www.crusaders.co.nz)

Day 2		
Time/Date	Activity	Detail
8.30am-9.00am	Review/Restart	<b>Post-It Question Board</b>  <b>Ice Breaker</b>
9.00am-10.30am	Content (Inside)	<b>Set Piece – Building from Foundation</b>
10.30am-11.00am	Reflection Break	<b>Post-It Question Board</b>
11.00am-12.00pm	Content (F)	<b>Set Piece - Pratical</b>
12.00pm-1.00pm	Lunch	
1.00pm-2.30pm	Summary Session	<b>What's in the pan?</b>
2.30pm-3.00pm	Closure	<b>Theme Summary</b>  <b>Gold Nuggets of learning!</b>