

USA Wrestling - NJ

Duals Team Selection Process 2026



Selection Criteria For ALL 2026 National Dual Teams

1. Fill out Google Interest Form

All athletes who are interested in becoming a dual team member **MUST** fill out the google interest form to be considered for a spot on the team. Open weight classes will be reviewed via the interest form and criteria provided in them.

2. Northeast Regional FS/GR Tournament- May 8th-10th

Northeast Regions will be the a part of the selection criteria for the National Duals Teams for this spring. Highest placement within the top 6 in your weight class, 14U - Junior, Boys and Girls, will have first consideration for selection of the respective team. But not limited to; Dual committee review.

Northeast Regional is also a qualifier for Fargo, as well as the last qualifier to participate at the NJ International Styles State Tournament

Deposits for the teams will need to be made no later than 11:59pm Monday evening May 11th 2026, following the tournament. Please ensure the proper contact information is listed on the Interest form a link will be send out via USA Membership.

Women's Dual Team Dates: June 15-18, 2026 (Freestyle only)

14U Boys Dual Team Dates: June 6-12, 2026 (Freestyle & Greco-Roman)

16U Boys Dual Team Dates: June 8-14, 2026 (Freestyle & Greco-Roman)

Junior Boys Dual Team Dates: June 17-21,2026 (Freestyle only)

Women's Dual Team Interest Form (14U, 16U, Juniors):
<https://forms.gle/wQUGdv8S8c8NyxJh8>

Boy's Dual Team Interest Form:

14U: <https://forms.gle/zimokhq6QBWEDwV8>

16U: <https://forms.gle/BHRBsUroAFrnYwqVA>

Juniors: <https://forms.gle/wa6sNqJWoKdN8ggj8>



Details for these events can be found on our Website & Facebook Page

Powered
By:



SPARTAN COMBAT