

Saint Mary's Hockey Camp

Daily Midget/HS Schedule

Times	Sunday Midget/HS
2:00-3:30 PM	Check-In
3:45-4:15 PM	Orientation Meeting
4:30-5:00 PM	Dorm Meeting/Facility Tour
5:00-5:30 PM	Dinner
5:45-6:15 PM	Get Dressed
6:15-7:30 PM	Small Area Games
7:45-8:30 PM	Puckhandling & Shooting
8:45-9:15 PM	Team Building
9:15-10:15 PM	Dorm Time
10:30 PM	Lights Out - Sleep

Times	Monday - Midget/HS
7:45 AM	Wake Up Call
8:00-8:30 AM	Breakfast
8:45-9:30 AM	Strength & Conditioning
9:45-10:15 AM	Get Dressed
10:15-11:30 AM	Skills Session - On Ice
11:30-12:00 PM	Dorm/Room Clean-up
12:10-12:45 PM	Lunch
12:45-1:30 PM	Dorm Time
1:45-2:45 PM	Recreation Time
2:45-3:15 PM	Get Dressed
3:15-4:30 PM	Team Skills - On Ice
4:45-5:15 PM	Shower Time/Dorm Time
5:15-5:45 PM	Dinner
5:45-6:15 PM	Dorm Time
6:15-7:00 PM	Puckhandling & Shooting
7:15-7:45 PM	Get Dressed
7:45-9:00 PM	Game Time
9:15-10:15 PM	Dorm Time
10:30 PM	Lights Out - Sleep

Daily Bantam Schedule

Times	Sunday - Bantams
2:00-3:30 PM	Check-In
3:45-4:15 PM	Orientation Meeting
4:30-5:00 PM	Dorm Meeting/Facility Tour
5:15-5:45 PM	Dinner
6:00-6:45 PM	Puckhandling & Shooting
7:00-7:30 PM	Team Building
7:45-8:15 PM	Get Dressed
8:15-9:30 PM	Small Area Games
9:45-10:30 PM	Dorm Time
10:45 PM	Lights Out - Sleep

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7:15 AM	Wake Up Call
7:30-8:00 AM	Breakfast
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1:00-1:30 PM	Get Dressed
1:30-2:45 PM	Team Skills - On Ice
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Times	Wednesday - Midget/HS
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8:45-9:30 AM	Strength & Conditioning
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7:30-8:00 AM	Breakfast
8:00-8:30 AM	Get Dressed
8:30-9:45 AM	Game Time
10:00-11:00 AM	Pack
11:00-11:30 AM	Check-out of Dorm

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7:45-8:15 AM	Breakfast
8:30-9:30 AM	Pack
9:30-10:00 AM	Get Dressed
10:00-11:15 AM	Game Time
11:30-11:50 AM	Check-out of Dorm