## **Summer Hockey Training**

Play like a "Raider"



Cost: \$285- Please make checks: Payable to: "Hastings Boys Hockey Booster Club" Mail To:

Matt Klein- 3053 191st- Empire, MN 55024 / By May 1st, 2023

Include(s): 9 hours of ice & 3 hours dryland, power skating with "River Blades" Amanda Truax, skill based repetitions, small area play, selfless mindset, and developmental growth.

Camp Jerseys: Each player will receive their very own Raider Jersey

Free hour of Team Handball @ the Jersey Unveil on June 28<sup>th</sup> at Middle School Wrestling Room

Schedule(s):

## (Session 1) High School Program

HS: Hastings Middle School Wrestling Room: 6/28 @ 9-10am

HS: On Ice @ Hastings Civic Arena: (7/11-7/13), (7/18-7/20), (7/25-7/27): 8:30-9:30am HS: Simley Tournament (7/22-23) & Scrimmage with Spring Lake Park (7/27 @4:20 & 5:30pm)

## (Session 2) Bantam & 2<sup>nd</sup> year Pee-Wee's

Hastings Middle School Wrestling Room: 6/28 @ 10-11am

On Ice @ Hastings Civic Arena: (7/11 & 7/13), (7/18 & 7/20), (7/25 & 7/27): 9:45-10:45am Dryland Small Games & Shooting Station: 7/12, 7/19 & 7/26 @ 12:00-1pm. On Ice Power Skating with Amanda @ Hastings Civic Arena: 7/12, 7/19 & 7/26 @ 1:15-2:15pm

## (Session 3) 1styear Pee Wee & Squirts

Hastings Middle School Wrestling Room: 6/28 @ 11-12pm

On Ice @ Hastings Civic Arena: (7/11 & 7/13), (7/18 & 7/20), (7/25 & 7/27): 11-12pm Dryland Small Games & Shooting Station: 7/12, 7/19 & 7/26 @ 1:10-2:10pm. On Ice Power Skating with Amanda @ Hastings Civic Arena: 7/12, 7/19 & 7/26 @ 2:30-3:30pm

Player Name (Print):		
Jersey Size: Session #: _		
Parent Signature:	& Email:	

Any questions~ (Please Register by May 1st 2023) Matt Klein 651-226-0613 kleintmatt@gmail.com