

### Dual Meet Order of Events

3:45	1	Girls Varsity and JV	400 Relay	3:45	Long Jump
3:49	2	Boys Varsity and JV	400 Relay		Varsity - 3 trials/ Top 4 - 3 additional trials
3:54	3	Girls Varsity and JV	1600m		JV - 4 trials
4:02	4	Boys Varsity and JV	1600m		
4:09	5	Girls JV	100 HH	5:00	Triple Jump - To follow long jump
4:12	6	Girls Varsity	100 HH		Varsity - 3 trials/ Top 4 - 3 additional trials
4:17	7	Boys JV	110 HH		JV - 4 trials
4:20	8	Boys Varsity	110 HH		
4:26	9	Girls JV	400m	3:45	Discus
4:29	10	Boys JV	400m		Girls Varsity - JV
4:32	11	Girls Varsity	400m		Boys Varsity and JV to follow at 4:45
4:35	12	Boys Varsity	400m		Varsity - 3 trials/ Top 4 - 3 additional trials
4:41	13	Girls JV	100m		JV - 4 trials
4:44	14	Boys JV	100m		
4:47	15	Girls Varsity	100m	3:45	Shot Put
4:50	16	Boys Varsity	100m		Boys Varsity - JV
4:56	17	Girls Varsity and JV	800m		Girls Varsity and JV to follow at 4:45
5:01	18	Boys Varsity and JV	800m		Varsity - 3 trials/ Top 4 - 3 additional trials
5:07	19	Girls JV	300 LH		JV - 4 trials
5:10	20	Girls Varsity	300 LH		
5:15	21	Boys JV	300 IH	3:45	High Jump
5:18	22	Boys Varsity	300 IH		Girls Varsity 4-4
5:24	23	Girls JV	200m		Boys Varsity 5-2
5:27	24	Boys JV	200m		Girls JV 4-0
5:30	25	Girls Varsity	200m		Boys JV 4-10
5:33	26	Boys Varsity	200m		
5:39	27	Girls Varsity and JV	3200m	3:45	Pole Vault
5:55	28	Boys Varsity and JV	3200m		Boys Varsity 9-6
6:09	29	Girls Varsity and JV	1600 Relay		Girls Varsity 7-0
6:15	30	Boys Varsity and JV	1600 Relay		Girls JV 6-0
					Boys JV 8-6

Time Schedule is approximate.

Extra heats may be run.