

HOSTED BY LAKEWOOD WC

WHERE LAKEWOOD HS - 7223 VELTE RD, LAKE ODESSA, MI 48849

WHEN SUNDAY, 12/03/2023 - SPLIT START 1st SESSION: 2019-2015 WRESTLERS 9:00 AM 2nd SESSION: 2014-2009 WRESTLERS 12:30 PM

WEIGH-INS & REGISTRATION

NS & WRESTLERS MUST DECLARE THEIR WEIGHT CLASS WHEN REGISTERING. WEST FOLLOWS A NO TION WEIGH-IN PROCEDURE. ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE

TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.

- AWARDS MEDALS 1st-4th PLACE
- ENTRY FEE \$15.00 NO REFUNDS

LIMITED TO THE FIRST 700 WRESTLERS

- MEMBERSHIP WWW.MEMBERSHIPWAYWRESTLING.COM
 - ADMISSION \$6.00 ADULTS, \$3.00 CHILD
- AGE GROUPS AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLERS BIRTHDAY AS OF DECEMBER 31, 2023) PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.

RULES MODIFIED HIGH SCHOOL RULES

- MUST BE IN GRADE 8th OR UNDER. ANYONE BORN IN 08 MUST SEND PROOF WHEN REGISTERING FOR MYWAY.
- ALL MICHIGAN RESIDENTS MUST BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.
- AGE GROUPS 2019-2017 & 2016-2015: THREE, 1 MINUTE PERIODS
- AGE GROUPS 2014-2013, 2012-2011 & 2010-2009 (08 8th GRADE ONLY) THREE, 1:30 MINUTE PERIODS
- SINGLETS OR T-SHIRT AND SHORTS ARE REQUIRED.
- ONE STEP ON SCALE AT WEIGH-INS
- MOUTH GUARDS MANDATORY FOR WRESTLERS WITH BRACES
- THE HEAD PAIRER HAS THE DISCRETION TO COMBINE WEIGHT CLASSES
- NOVICE FOR 2016-2015, 2014-2013, & 2012-2011 DIVISIONS ONLY

COACHES SEE MANDATORY REQUIREMENTS WWW.MYWAYWRESTLING.COM/COACHESCORNER

 WT. CLASSES
 2019-2017:
 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT

 2016-2015:
 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT

 2014-2013:
 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT

 2012-2011:
 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT

 2010-2009:(2008-8th GRADE ONLY)
 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT

OTHER INFO ONLY TWO COACHES PER WRESTLER WILL BE PERMITTED IN A CORNER ANYONE OPERATING VIDEO EQUIPMENT MUST BE IN STANDS

CONTACT TONY HARMER <u>HARMERT@LAKEWOODPS.ORG</u>

PAIRING QUESTIONS / ISSUES EMAIL RONDA - <u>MYWAYWESTPAIRING@GMAIL.COM</u>