

COVID-19 Preparedness Plan for CYSA

CYSA is committed to providing a safe and healthy environment for all our players, families, coaches and spectators. To ensure we have a safe and healthy environment, CYSA has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, players and our families are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our environment and that requires full cooperation among our players, coaches and families. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our environment.

The COVID-19 Preparedness Plan is administered by the CYSA Board, who maintains the overall authority and responsibility for the plan. However, coaches, players and families are equally responsible for supporting, implementing, complying with and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan. CYSA's coaches have our full support in enforcing the provisions of this plan.

Our players are our most important assets. CYSA is serious about safety and health and protecting its players. Player and family involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. CYSA's COVID-19 Preparedness Plan follows the industry guidance developed by the state of Minnesota, which is based upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, Minnesota Occupational Safety and Health Administration (MNOHA) statutes, rules and standards, and Minnesota's relevant and current executive orders. It addresses:

- Ensuring sick players stay home and prompt identification and isolation of sick players
- Social distancing – players are to be at least 6 feet apart when possible
- Player hygiene and source controls
- Cleaning and disinfecting protocol
- Communications and training practices and protocol

CYSA has reviewed and incorporated the industry guidance applicable to our association provided by the state of Minnesota for the development of this plan, including the following industry guidance for Youth Sports.

ENSURE SICK PLAYERS STAY HOME AND PROMPT IDENTIFICATION AND ISOLATION OF SICK PLAYERS

Parents/guardians have been informed of and encouraged to self-monitor their player(s) for signs and symptoms of COVID-19. **Parents/guardians are responsible for monitoring their players temperature**

before coming to the facility. Players and their families have been notified to not have their player participate in practices or games if they are sick or showing symptoms or have been around someone with symptoms including the following:

- Temperature of 100.4 degrees or higher
- Shortness of breath
- Coughing, sneezing or congestion
- Fatigue and/or body aches
- Sore throat and/or chills

A player that develops these symptoms during and game or practice will immediately be asked to leave the field, isolate and have their parent/guardian remove them from the complex.

CYSA has also implemented a policy for informing players if they have been exposed to a person with COVID-19 at their games or practices and requiring them to quarantine for the required amount of time. All players must sign the COVID-19 Waiver to participate in Fall Ball. The waiver includes the requirement to share if you get COVID-19 and procedures are in place to begin “tracing” with the other communities/associations that have had contact with the player. If a case of COVID-19 is reported to us and is a part of or organization or team, the case will be reported to the Minnesota Department of Health. All rostered players for the 2020 Fall Ball season will be notified if CYSA becomes aware of an infected player. **If it has been determined that a player on a team or the team itself has been in contact with someone infected with COVID-19 the team and coaches will not be allowed to resume play for a period of 2 weeks from the day of exposure. They may return to play after being symptom-free for a period of two weeks.**

SOCIAL DISTANCING – PLAYERS MUST BE AT LEAST 6 FEET APART

Social distancing of at least 6 feet will be implemented and maintained when appropriate. Reduced contact between players as much as possible during games and practices will be stressed.

- “Pod” sizes are limited to a total of 25 players and the intermixing between pods will be kept to a minimum. With our team sizes we don’t see this as an issue.
- Friends and family should not attend practices. For games, spectators are to follow the guidelines for social distancing and maintain at least 6 feet of physical distance from each other.
- Teams will not touch hands at the end of each game

PLAYER HYGIENE AND SOURCE CONTROLS

Basic infection prevention measures are being implemented at our fields at all times. Players are instructed to wash their hand for at least 20 seconds with soap and water prior to coming to the field (practices or games). Players will be required to sanitize their hands when entering the field and before they leave the field. Players will also be required to sanitize their hands after using the restroom at games/tournaments or practices. Hand sanitizer will be provided by CYSA and made available at

practices and games. Players may use their own. The use of cloth face masks are encouraged but will not be required for practices or games. Players are being instructed to cover their mouth and nose with their sleeve/arm or a tissue when coughing or sneezing, and to avoid touching their face, particularly their mouth, nose and eyes, with their hands.

CLEANING AND DISINFECTION PROTOCOL

Players are required to not share their equipment unless absolutely necessary. Players should use their own glove, bats and helmet. Do NOT share individual water bottles, snacks or towels. Catching gear that is controlled by the coach will be sanitized prior to each game or practice and, if shared with another catcher, will be sanitized prior to the use of the new player. The gear will also be sanitized prior to storing in the equipment bag at the end of the day.

COMMUNICATIONS AND TRAINING PRACTICES AND PROTOCOL

This COVID-19 preparedness Plan was communicated via email to all players and their families and is posted on the CYSA website at www.chaskafastpitch.com. Additional communication and training will be ongoing as needed via email.

These procedures will be implemented by the CYSA Board, coaches, families and players to the best of our ability. While procedures have been created and communicated, we believe it is important that the parent or guardian understand that your player will inevitably be in contact with her teammates and likely other communities team members in non-socially distanced situations. These procedures can help the association and teams reduce risk, but in the end, everyone has to make their own decisions about what level of risk they are willing to accept. We suggest that the parent/guardian use their best judgment in considering the risk.