



Manheim Township Youth Football and Cheerleading COVID-19 Health and Safety Plan

Purpose

The goal of the Manheim Township Youth Football and Cheerleading (MTYFA) organization is to have a safe and fun 2020 youth football and cheerleading season. This plan addresses the areas of concern that players, parents, coaches, and the community might hold regarding the transmission of Covid-19. Our organization will follow all guidelines issued by the *PA Department of Health* regarding youth sports and summer camps. A parent meeting will be held to discuss this plan and the importance of working together as an organization to follow the plan with fidelity. If you have questions about this plan, contact Christian Weisser at crw177@gmail.com

MTYFA Responsibilities

- Disinfect all shared equipment (footballs, tackling dummies, etc) before use
- Provide signage at Weaver Field about health protocols
- Conduct player health and temperature checks before practice and games
- Ensure that players use hand sanitizer before activity begins
- Use physical distancing when possible during practice and games (small group drills, dispersed team meetings, etc.)
- Maintain safety standards including no shared water and limiting extraneous contact such as high fives and handshakes.
- Require coaches to wear masks when closer than 6 feet from any participant
- Maintain sanitized bathrooms, and monitor bathroom visits to one player at a time
- Report diagnosed infections to parents and appropriate medical personnel (no personal information will be shared with the public)
- Provide a licensed athletic trainer from Orthopedic Associates of Lancaster at first 2 weeks of practice and at all games

Parent Responsibilities

- Monitor your player's health, keep them home when sick, and communicate with head coach about any illness
- Have your player wash hands before and after practice
- Provide a personal water bottle for each practice (recommend 32 oz minimum)
- Wash uniforms and other personal equipment nightly or as often as possible
- Spectators should maintain 6 feet of distance between groups who do not live in the same household. *If distancing is not possible, spectators should wear a mask.*

- NOTE: any person attending an MTYFA event who is not wearing a mask will be assumed to have an exception as outlined in the PA Department of Health Order
- Volunteer for health screenings (see below)

Health Screening Protocols

We will conduct health screening of participants before each practice and game. We will need a lot of parent help to do this; a signup sheet will be available soon. Here are our protocols:

1. To avoid congestion, D and C team players should arrive at practice between 5:45-6:00; B and A team players should arrive between 6:00-6:15.
2. Drop-off drivers should enter car lines on both sides of the field, where players will be temperature checked in their cars (touch-free thermometers)
3. If a player does not have a temperature or signs of illness, they can proceed to the gate, sanitize hands, and go to their practice area
4. If a player has a temperature above 100.4 or displays other signs of illness, they will be sent home. The player should have a normal temperature and be symptom free for 48 hours before returning to practice. We encourage a doctor's visit; players may resume activity the next day if they provide a doctor's note.
5. If a coach or athlete is confirmed to have COVID-19, that athlete or coach will be asked to self-quarantine for 10 days or until cleared in writing by their treating physician. The written clearance will be given to the Football Director or Assistant Football Director for final approval of return to play. Notice will be sent by MTYFA to individuals who may have been in direct physical contact (closer than 6 feet) that a coach or player has a confirmed case of COVID-19. Any players who may have been in direct physical contact with the player or coach will be asked to self-quarantine for 10 days or until they are cleared in writing by their physician.

Non-Participation and Refunds

Athletes who are not comfortable participating due to medical concerns or fear of potential exposure may observe practices and participate in ways that are comfortable to them. If our season is cancelled due to COVID-19, players will receive a prorated refund minus MTYFA expenses such as field rental and equipment use. If our season progresses beyond September 12th, no refunds will be provided.