Andover Traveling Boys Basketball Families,

We're excited align with the ATBB association to help take your athletes' performance to the next level!

My name is Michael Walker, and I'm the Senior Director of Operations & Performance at ETS North Metro in Coon Rapids. Here at ETS, we specialize in sports performance training for athletes ages 8 through professional level - We're excited to offer an exclusive opportunity for ATBB athletes to enhance their strength, speed, power, athletic abilities, and confidence on and off the court.

## What's Included at ETS?

- Individualized training programs focused on strength, speed, agility, and injury prevention
- A positive training environment & culture that builds mentally strong, confident athletes
- Fun, competitive training sessions
- Flexible class times to fit your schedule

### Get Started with a FREE Athlete Evaluation!

Before joining, schedule a **FREE Athlete Evaluation**, where your athlete will:

- Experience our dynamic warm-up & sprint progression
- Get assessed on movement efficiency, speed, and strength
- Receive a personalized breakdown of results and an explanation of our program

## **Exclusive ATBB Athlete offer:**

- New ATBB athletes receive a FREE month of training with a 12-month membership + 10% off all membership options. (Free Month Offer valid through 9/30/25)
- Current or Returning ETS athletes can save 10% by renewing or upgrading to a 12-month membership.

Click below to schedule your FREE Athlete Evaluation:

SCHEDULE YOUR EVALUATION NOW

# **Cutting Edge Performance Tracking**

We've recently partnered with VALD Performance, a leading sports technology company used by **90% of NBA, NHL, MLS, and top D1 NCAA programs**. This advanced testing system provides objective insights into speed, power, agility, and asymmetries—allowing us to design even more precise training protocols while reducing injury risk.

If you have any questions or need assistance scheduling, don't hesitate to reach out. I'd love to help!

#### Michael Walker

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